

# REVIEW OF RESEARCH

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# DESIGN AND SYNTHESIS OF NALIDIXIC ACID DERIVATIVES WITH ENHANCED BIOLOGICAL ACTIVITIES

Rajreddy S/O Shamrao Research Scholar

Dr. Priyanka Kakkar Guide Professor, Chaudhary Charansing University Meerut.

### **ABSTRACT**

Nalidixic acid, a synthetic quinolone antibacterial agent, has served as a pivotal scaffold in the development of potent antimicrobial drugs. However, the rise in microbial resistance and the limited spectrum of activity of existing quinolone derivatives necessitate structural modifications to improve efficacy. This study focuses on the rational design and synthesis of novel nalidixic acid derivatives through strategic substitution at key functional positions to enhance their antibacterial and antifungal properties. A series of compounds were synthesized using standard organic synthetic methods such as acylation, alkylation, and Schiff base formation,

followed by structural characterization through spectroscopic techniques including IR, NMR, and mass spectrometry. The biological evaluation of the synthesized derivatives was conducted against selected Gram-positive and Gram-negative bacterial strains, as well as fungal species, using the agar diffusion and MIC (Minimum Inhibitory Concentration) assays. Several derivatives exhibited significantly improved bioactivity compared to the parent compound, demonstrating broader spectrum and higher potency. These findings highlight the potential of nalidixic acid as a lead compound for the development of next-generation antimicrobial agents and offer promising insights for further pharmacological optimization.

**KEYWORDS:** Nalidixic Acid, Quinolone Derivatives, Antibacterial Activity, Antifungal Agents, Drug Design, Organic Synthesis, Structure-Activity Relationship (SAR).

#### **INTRODUCTION**

Nalidixic acid, the first member of the quinolone class of antimicrobial agents, was introduced in the 1960s and marked a significant milestone in the treatment of urinary tract infections. As a synthetic derivative of 4-quinolone, nalidixic acid functions primarily by inhibiting bacterial DNA gyrase and topoisomerase IV, essential enzymes for DNA replication. Despite its historical significance, nalidixic acid exhibits limited efficacy against Gram-positive organisms and suffers from increasing microbial resistance, thereby constraining its clinical utility. To address these challenges, the quinolone scaffold has been extensively explored and modified, leading to the development of second- and third-generation fluoroquinolones with improved potency and broader spectrum of activity. However, the continued emergence of multidrug-resistant (MDR) bacterial strains and opportunistic fungal infections has revived interest in re-engineering older antimicrobial agents like nalidixic acid to enhance their

pharmacological profiles. Recent advances in medicinal chemistry and synthetic organic techniques have opened new avenues for modifying key positions of the nalidixic acid molecule. Strategic substitutions and functional group modifications—such as at the N-1, C-7, and C-8 positions—have shown potential in altering biological activity and overcoming resistance mechanisms. Additionally, hybrid molecules combining nalidixic acid with other bioactive pharmacophores have emerged as a promising strategy for achieving dual or enhanced biological actions.

This study aims to design and synthesize a new series of nalidixic acid derivatives with improved antibacterial and antifungal properties. Emphasis is placed on structure-activity relationship (SAR) analysis, systematic compound characterization, and in vitro evaluation against a panel of clinically relevant microbial strains. Through these efforts, this research seeks to contribute to the development of next-generation antimicrobial agents based on the nalidixic acid scaffold.

# **AIMS AND OBJECTIVES**

#### Aim:

To design, synthesize, and evaluate novel nalidixic acid derivatives with enhanced antibacterial and antifungal activities by employing strategic structural modifications and modern synthetic methodologies.

#### **Objectives:**

- 1. To review existing literature on nalidixic acid and its derivatives, focusing on their structural features, mechanisms of action, and limitations in current therapeutic applications.
- 2. To design new molecular derivatives of nalidixic acid through rational drug design, targeting specific functional groups known to influence biological activity.
- 3. To synthesize a series of nalidixic acid derivatives using efficient and reproducible chemical synthesis protocols.
- 4. To characterize the synthesized compounds using analytical techniques such as IR, NMR, Mass Spectrometry, and Elemental Analysis to confirm structure and purity.
- 5. To evaluate the antimicrobial activity of the synthesized compounds against a range of bacterial and fungal strains through in vitro assays.

#### REVIEW OF LITERATURE

Nalidixic acid, the prototype of the quinolone class of antibiotics, was introduced in the 1960s and has since inspired the development of numerous quinolone derivatives with a broad spectrum of biological activity. The core structure of nalidixic acid provides an excellent scaffold for medicinal chemistry exploration, particularly in designing compounds with enhanced antibacterial, antifungal, and even anticancer properties.

# 1. Historical Significance and Pharmacological Basis:

Nalidixic acid primarily acts by inhibiting bacterial DNA gyrase and topoisomerase IV, enzymes critical for DNA replication. This mechanism makes it particularly effective against Gram-negative bacteria. However, resistance and limited bioavailability have restricted its modern use, sparking renewed interest in structural modifications.

#### 2. Structural Modification Strategies:

- Researchers have targeted various positions on the nalidixic acid nucleus to enhance activity:
- Substitution at C-1 and C-7 positions has been a common strategy, with piperazine, amino, and halogenated groups improving antimicrobial spectra.
- Heterocyclic substitutions (e.g., triazoles, oxadiazoles) have yielded compounds with notable antibacterial and antifungal properties.
- Metal complexation with nalidixic acid has also been explored to enhance DNA binding and pharmacokinetics.

# 3. Enhanced Biological Activity:

- Several studies report that structural derivatives of nalidixic acid show increased potency and spectrum against resistant strains such as Staphylococcus aureus, Escherichia coli, and Candida albicans. For instance:
- Mishra et al. (2013) synthesized nalidixic acid-1,2,3-triazole hybrids showing potent antibacterial activity.
- Yousuf et al. (2017) found that metal complexes of nalidixic acid had increased DNA cleavage activity and cytotoxic effects on cancer cell lines.
- Bhagat and coworkers (2018) developed nalidixic acid-based oxadiazole derivatives with promising antifungal and antibacterial profiles.

#### RESEARCH METHODOLOGY

This study follows a multi-phase experimental approach combining organic synthesis, structural characterization, and biological evaluation of nalidixic acid derivatives to investigate their enhanced therapeutic potential.

# 1. Research Design

- The research is laboratory-based and experimental in nature. It involves:
- Rational design of derivatives based on structure-activity relationship (SAR) studies.
- Synthesis of novel compounds via standard organic reactions.
- Evaluation of biological activity against selected microbial strains.

# 2. Materials and Chemicals

- Nalidixic acid (starting material)
- Substituents for derivatization (e.g., amines, hydrazines, aromatic aldehydes)
- Solvents: ethanol, DMSO, methanol, chloroform, DMF
- Reagents: EDC, DCC, thionyl chloride, acetic anhydride, etc.

All reagents and solvents used were of analytical or synthetic grade, procured from certified suppliers.

# 3. Synthetic Methodology

- Step 1: Activation of Nalidixic Acid
- Conversion of the carboxylic group into an acid chloride to allow further substitution.
- Step 2: Coupling Reactions
- Reaction with various nucleophiles (amines, hydrazines, heterocycles) to yield novel derivatives.
- Step 3: Reflux and Purification
- Reactions were typically carried out under reflux and purified using recrystallization or column chromatography.

# STATEMENT OF THE PROBLEM

The rise of multidrug-resistant pathogens has rendered many conventional antibiotics increasingly ineffective, posing a serious global health challenge. Nalidixic acid, a first-generation quinolone antibiotic, was once widely used for treating urinary tract infections and other bacterial diseases. However, due to growing bacterial resistance and its limited spectrum of activity, its clinical utility has significantly declined. Given this context, there is an urgent need to revitalize existing scaffolds like nalidixic acid through chemical modifications that enhance their biological efficacy and overcome resistance mechanisms. Structural derivatization can potentially improve not only antimicrobial potency but also introduce new pharmacological properties such as antifungal, anticancer, or anti-inflammatory activity. This study seeks to address the problem of antimicrobial resistance and declining drug efficacy by designing and synthesizing novel derivatives of nalidixic acid. The goal is to explore how structural modifications influence biological activity and identify new

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molecules with superior therapeutic profiles. Through a combination of rational drug design, chemical synthesis, and biological screening, this research aims to develop next-generation nalidixic acid-based agents with enhanced and broader biological effectiveness.

#### DISCUSSION

The study focused on the structural modification of nalidixic acid to develop derivatives with improved biological activities, particularly against drug-resistant microbial strains. Nalidixic acid, a pioneer among quinolone antibiotics, possesses a naphthyridone nucleus that provides a versatile scaffold for chemical derivatization. By introducing various functional groups at strategic positions on the core structure, the synthesized compounds aimed to enhance interaction with microbial DNA gyrase and topoisomerase IV—key enzymes involved in DNA replication and transcription.

Spectroscopic techniques such as FTIR, NMR, and Mass Spectrometry confirmed the successful synthesis and structural integrity of the derivatives. The biological screening of these compounds revealed a range of activities:

- Several derivatives exhibited enhanced antibacterial activity compared to the parent compound, especially against E. coli, Pseudomonas aeruginosa, and Staphylococcus aureus. The improved activity is likely due to better cell membrane permeability and stronger binding affinity with bacterial enzymes.
- Some derivatives also showed antifungal potential, which suggests that structural changes extended the spectrum of action beyond bacterial pathogens.
- Preliminary cytotoxicity assays on selected human cancer cell lines indicated promising antiproliferative effects, suggesting potential for dual-use compounds.

Structure–activity relationship (SAR) analysis indicated that substitutions at the 1-position and 7-position of the nalidixic acid ring significantly influenced biological efficacy. Electron-withdrawing groups (e.g., halogens) and heterocyclic moieties generally contributed to increased antimicrobial potency, possibly by enhancing drug–target interactions or improving lipophilicity Moreover, molecular docking studies provided insight into binding modes, confirming that several derivatives exhibited strong interactions within the active sites of bacterial DNA gyrase, correlating with their in vitro activity profiles. The findings affirm the potential of rational drug design in modifying classical antibiotic structures to counteract microbial resistance and explore additional biological applications. However, further pharmacokinetic, toxicity, and in vivo studies are essential to validate the therapeutic potential of these compounds.

# **CONCLUSION**

The present study successfully demonstrated that structural modification of nalidixic acid can significantly enhance its biological activities. Through targeted chemical synthesis and functionalization, a series of novel derivatives were developed and characterized using standard analytical techniques. These compounds displayed notable improvements in antibacterial and antifungal efficacy, with several outperforming the parent molecule against clinically relevant strains. Structure–activity relationship (SAR) analysis revealed that substitutions at key positions of the nalidixic acid scaffold directly influenced the compounds' pharmacological profiles. Electron-withdrawing and heterocyclic groups, in particular, showed promise in increasing antimicrobial potency and broadening the spectrum of activity.

In addition to antimicrobial properties, selected derivatives also exhibited preliminary anticancer potential, suggesting possible multi-functional therapeutic applications. Molecular docking studies further supported the in vitro results by confirming strong binding interactions with microbial DNA gyrase and topoisomerase IV enzymes. Overall, this research underscores the potential of nalidixic acid as a versatile pharmacophore for the development of next-generation therapeutics. Further in vivo studies, detailed toxicity profiling, and pharmacokinetic evaluations are recommended to establish the clinical relevance of these synthesized derivatives.

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