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## FEDERALISM IN INDIA: BALANCING POWER BETWEEN THE CENTER AND STATES

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### ABSTRACT

*Federalism in India represents a complex and evolving framework designed to balance power between the central and state governments. Rooted in the colonial era, the Indian model of federalism emerged from a blend of British administrative practices and the aspirations of an independent nation. The Indian Constitution, drafted in 1947-49, established a federal system with a clear division of powers among the Union and State governments, while incorporating mechanisms for resolving conflicts and ensuring cooperation. This article explores the historical context of Indian federalism, examining its evolution from colonial times to the present, the structural features that define it, and the challenges and dynamics of balancing power between the Center and the states. Key developments such as the Government of India Act 1935, the impact of independence, and ongoing political and economic changes are discussed to provide a comprehensive understanding of India's federal system.*



**KEYWORDS :** *Federalism, Indian Constitution, Historical Context, Government of India Act 1935, Colonial Administration, Central-State Relations, Constitutional Framework, Independence Movement, Federal Structure, Political Dynamics.*

### INTRODUCTION

Federalism is a foundational principle of India's constitutional framework, designed to balance the distribution of power between the central authority and individual states. The Indian model of federalism is unique due to its historical evolution, cultural diversity, and political complexities. This article delves into the dynamics of federalism in India, exploring its structure, the relationship between the Center and the states, challenges, and the evolving nature of this balance.

### HISTORICAL CONTEXT

The historical context of federalism in India is deeply rooted in the colonial period, where British administrative practices laid the groundwork for the modern federal structure. Under British rule, India was governed through a complex system that combined direct control with varying degrees of regional autonomy. The British Raj established a centralized administration that controlled key aspects of governance, such as defense, foreign policy, and law and order, while allowing certain regions to exercise limited self-rule. This arrangement was designed to manage the vast and diverse Indian subcontinent effectively, but it also highlighted the challenges of balancing central authority with regional interests.

The idea of federalism began to take shape in India during the late 19th and early 20th centuries, as the Indian political landscape evolved in response to growing demands for self-governance and autonomy. The Indian National Congress, among other political groups, advocated for increased self-rule and a more federal structure to accommodate the diverse needs of different regions. The demand for greater regional autonomy became more pronounced, especially in response to the perceived inequities of British rule and the centralization of power in the hands of the colonial administration.

The British government responded to these demands with a series of constitutional reforms aimed at expanding political participation and granting more autonomy to Indian provinces. The Government of India Act 1935 was a significant milestone in this process. It introduced a federal system with a division of powers between the central government and provincial governments. The Act granted provincial legislatures greater authority over certain matters, such as education and public health, while the central government retained control over defense, foreign affairs, and other crucial areas. This Act marked a move towards a more structured federal arrangement, although the system was still influenced by British priorities and constraints.

The transition from British rule to independence in 1947 presented a new set of challenges for federalism. The Indian independence movement, led by figures such as Jawaharlal Nehru and Sardar Vallabhbhai Patel, sought to create a unified nation that could accommodate its diverse regions and cultures while ensuring effective governance. The process of drafting the Indian Constitution involved extensive debates and negotiations on the nature of federalism and the distribution of powers between the central and state governments.

The Constituent Assembly, which was responsible for drafting the Indian Constitution, drew on various models of federalism from around the world, including the experiences of the United States, Canada, and Australia. The aim was to design a system that could address the specific needs of India's diverse population while maintaining national unity. The framers of the Constitution sought to create a balanced federal structure that would allow states to exercise autonomy in certain areas while ensuring that the central government retained sufficient authority to address national concerns and maintain cohesion.

The resulting federal structure, as enshrined in the Indian Constitution, reflects a careful balance between centralization and decentralization. It incorporates features designed to accommodate India's vast regional diversity, such as a division of powers between the central and state governments and mechanisms for resolving disputes. The Indian model of federalism is characterized by a strong central government with the authority to intervene in state matters under certain circumstances, alongside provisions that grant states significant powers and responsibilities.

The historical evolution of federalism in India highlights the complexity of balancing diverse regional interests with the need for a unified national framework. The legacy of colonial administrative practices, combined with the aspirations of a newly independent nation, shaped the development of India's federal system. The ongoing challenge has been to adapt this system to changing political, economic, and social realities while preserving the principles of federalism that underpin the country's governance structure.

### **The Structure of Federalism in India**

India's federal structure is defined by the distribution of powers between the Union Government and the State Governments, as outlined in the Indian Constitution. The Constitution establishes three lists that delineate the distribution of powers:

1. Union List: This list contains subjects on which only the central government can legislate, such as defense, foreign affairs, and atomic energy. These are areas deemed crucial for national interest and security.
2. State List: This list covers subjects on which only state governments can legislate, including police, public health, and agriculture. These subjects are considered essential for addressing local needs and conditions.

3. Concurrent List: This list includes subjects on which both the central and state governments can legislate, such as education, marriage and divorce, and bankruptcy. In case of a conflict between central and state laws, the central law prevails.

The Constitution also provides for the division of powers in exceptional cases, such as the imposition of President's Rule or the declaration of a National Emergency, which allows the central government to assume greater control over state matters.

### Balancing Power: Mechanisms and Institutions

1. The Rajya Sabha (Council of States): The Rajya Sabha is the upper house of Parliament, designed to represent the states and Union Territories. Members of the Rajya Sabha are elected by the state legislatures, ensuring that states have a voice in national legislation. This body plays a critical role in balancing state and central interests.
2. Inter-State Council: Established under Article 263 of the Constitution, the Inter-State Council is meant to facilitate coordination between states and the central government. It provides a forum for discussion on matters of mutual concern and helps address issues arising from the division of powers.
3. Finance Commission: The Finance Commission, appointed every five years, is responsible for recommending the distribution of central revenues to states. This mechanism ensures a fair distribution of financial resources, helping to balance the economic disparities between states.
4. Judicial Review: The Supreme Court of India plays a crucial role in interpreting the Constitution and resolving disputes between the central and state governments. Through judicial review, the Court ensures that the balance of power is maintained and constitutional provisions are adhered to.

### Challenges in Federalism

1. Inter-Governmental Relations: The relationship between the central and state governments can be contentious, especially in areas where responsibilities overlap or conflict. Issues such as central control over state finances and unilateral decisions by the central government can lead to disputes and tensions.
2. Regional Disparities: Economic imbalances between states pose a significant challenge to federalism. States with more resources can advance more quickly, while less developed states struggle to keep pace. This disparity can lead to calls for greater autonomy or federal support.
3. Political Dynamics: The political landscape can influence federal relations, with shifts in power at the central level impacting state governance. For example, the central government may prioritize its political agenda over regional concerns, affecting the autonomy of state governments.
4. Centralization Trends: There has been a trend toward centralization in recent years, with the central government taking a more active role in areas traditionally managed by states. This trend can undermine the federal balance and lead to disputes over jurisdiction and authority.

### Evolving Federalism

Indian federalism has evolved significantly since independence, reflecting changes in the political, economic, and social landscape. Key developments include:

1. State Reorganization: The creation of new states and the reorganization of existing ones have been driven by demands for better representation and governance. This process has both addressed regional aspirations and complicated the federal structure.
2. Economic Reforms: Liberalization and economic reforms have shifted the focus of federal relations, with states playing a more active role in economic development and investment promotion. This shift has led to greater cooperation between the central and state governments in economic planning and policy-making.
3. Decentralization Efforts: There have been efforts to enhance local governance through the establishment of Panchayati Raj Institutions (PRIs) and Municipalities. These efforts aim to devolve

power further down the hierarchy, empowering local governments to address grassroots issues effectively.

4. **Judicial Interventions:** The judiciary has played a proactive role in addressing conflicts between the central and state governments. Landmark judgments have clarified the limits of central and state powers, contributing to the evolution of federalism.

## CONCLUSION

Federalism in India is a dynamic and evolving system designed to balance power between the central and state governments. While challenges persist, the framework established by the Indian Constitution provides mechanisms for addressing conflicts and ensuring a fair distribution of power. As India continues to grow and change, the federal structure will need to adapt to new realities, maintaining the delicate balance between national unity and regional diversity.

This ongoing evolution reflects the resilience of Indian federalism and its capacity to accommodate the diverse needs of a complex and pluralistic society. The ability to navigate these challenges and adapt to new circumstances will determine the future of federalism in India, shaping the country's political and administrative landscape for years to come.

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