



## COMPARISON OF SPORTS ACHIEVEMENT MOTIVATION BETWEEN FEMALE INTER-UNIVERSITY AND INTER-COLLEGIATE BASKETBALL PLAYERS

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### ABSTRACT:

**Purpose of the study:** The main purpose of the study was to compare the Sports Achievement Motivation between female Inter-university and inter-collegiate basketball players.

**Research Methodology:** The present study was conducted on 25 female Basketball players (who participated in Inter-University level) and 25 female Basketball players (who participated in Inter-Collegiate level) were selected of Lucknow University to assess the selected psychological variable Sports Achievement Motivation. To assess the Sports Achievement Motivation, Dr. M.L. Kamlesh standardized questionnaire (SAMT) was used. The questionnaire consists of 20 incomplete statements which can be completed by choosing either of the two proposed parts against each statement. The subjects were asked to tick to second part, which in their opinion fits in the best, in the first part. Each statement carries a maximum score of two and the minimum zero. Two marks for correct answer and zero mark for wrong answer. Considering the sample of the study, random sampling technique has been employed.

**The collected data were analyzed using 't' test statistical technique at 0.05 level of significance.**

**Conclusions:** The study clearly indicated that there is no significant difference in Sports Achievement Motivation between female inter-university players and inter-collegiate basketball players.

**KEYWORDS:** Sports Achievements Motivation, Psychological variable and Basketball Players.

### INTRODUCTION

Accomplishment alludes to a person's longing for noteworthy achievement, acing of aptitudes, control or exclusive requirements. The term was first utilized by Henry Murray and related with scope of activities. These include: exceptional, delayed and rehashed endeavors to achieve something troublesome. To have the assurance to win. This character quality is portrayed by suffering and reliable worry with setting and satisfying high guidelines of accomplishment. This need is affected by inward drive for activity (natural inspiration) and the weight applied by the desires for other people (extraneous inspiration). Motivation is the basic drive for all actions. Achievement motivation theorists focus their research attention on behaviors involving competence. McClelland proposed that there are two kinds of achievement motivation, one oriented around avoiding failure and the other around the more positive goal of attaining success. Motivation is an important factor in sports. Achievement motivation is an important area of motivational research to understand how the achievement related beliefs, values and goals develop and differ (Wigfield et al., 2015). Many studies have shown that the Achievement motivation plays an important role in sports performance. Achievement motivation tests are helpful in determining individual or group status in sports. Singh et al. (2010) studied to compare the sports achievement motivation of male and female north zone badminton players. Results revealed

that no significant difference was found between both the groups in their sports achievement motivation at 0.05 level of confidence. Schilling (2001) investigates achievement motivation among high school Basketball and Cross country athletes. Considering the role of Achievement motivation the researcher has taken this study.

### AIMS AND OBJECTIVES:

The main purpose of the study was to compare the Sports Achievement Motivation between female inter-university and inter-collegiate basketball players.

### RESEARCH METHODOLOGY:

The present study was conducted on 25 female Basketball players (who participated in Inter-University level) and 25 female Basketball players (who participated in Inter-Collegiate level) were selected of Lucknow University to assess the selected psychological variable Sports Achievement Motivation. To assess the Sports Achievement Motivation, Dr. M.L. Kamlesh standardized questionnaire (SAMT) was used. The questionnaire consists of 20 incomplete statements which can be completed by choosing either of the two proposed parts against each statement. The subjects were asked to tick to second part, which in their opinion fits in the best, in the first part. Each statement carries a maximum score of two and the minimum zero. Two marks for correct answer and zero mark for wrong answer. Considering the sample of the study, random sampling technique has been employed. **The collected data were analyzed using 't' test statistical technique at 0.05 level of significance.**

### RESULTS AND DISCUSSIONS

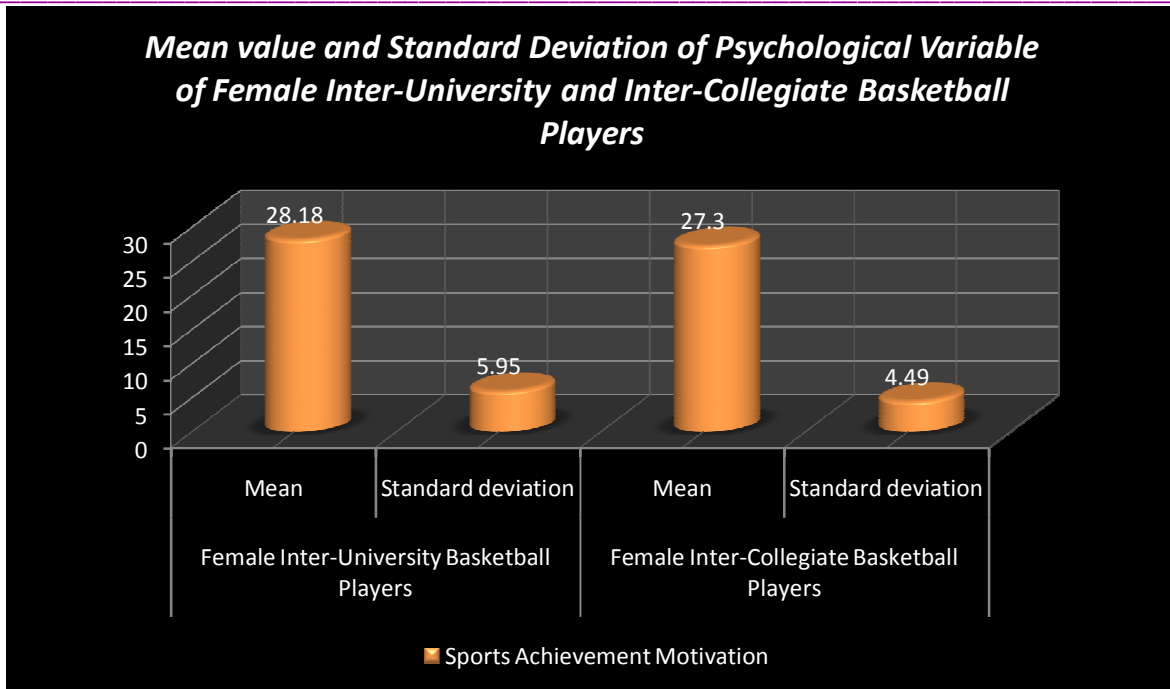
**Table 1**  
**Mean, Standard Deviation And 't' Value Of Female Inter-University And Inter-Collegiate Basketball Players**

<i>Variable</i>	<i>Female Inter-University Basketball Players</i>		<i>Female Inter-Collegiate Basketball Players</i>		<i>'t' Value</i>
	<i>Mean</i>	<i>Standard deviation</i>	<i>Mean</i>	<i>Standard deviation</i>	
Sports Achievement Motivation	28.18	5.95	27.30	4.49	1.12*

**\*Significance at 0.05 level**

It is evident from the table 1 that there is no significant difference between two groups. In Sports Achievement Motivation, Female Inter-collegiate Basketball Players mean value is 28.18 with standard deviation is 5.95 and Female Inter-University Basketball Players mean value is 27.30 with standard deviation is 4.49 and the 't' value is 1.12. Since t-value of 1.12 is lower than the tabulated value of 1.678 with 48 df at 0.05 level of significance.

**Graphical Representation of mean value and standard deviation of Psychological Variable of Female Inter-University and Inter-Collegiate Basketball Players is presented in figure 1.**



## CONCLUSION

The study clearly indicated that there is no significant difference in Sports Achievement Motivation between female inter-collegiate players and female inter-university basketball players.

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