



THE RESPONSIBILITIES AND THE DUTIES OF PHYSICAL EDUCATION DIRECTOR

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ABSTRACT :

It might be said that, physical instruction is that piece of training, which is bestowed by methods for exercises that are transcendently physical. The point of physical instruction is indistinguishable with those of Education. It is verifiable truth that, instruction has been considered as basic by all social orders. The general desire is that as consequence of instruction, an individual will create character, and will obtain certain abilities. Further, Education ought to advance and sustain the psychological development of the individuals who get the Education, with the goal that they become developed and mindful natives of the nation. By and large, point of Education and physical instruction has a significant job. It might be said that, a man can't exist without a solid body. Wellbeing can be depicted as a condition of complete physical, mental and social prosperity. It is accepted that for by far most of humanity, to be free from sickness is in itself a gift. In any case, the importance of wellbeing demonstrates that an individual may aim for a higher status of ceaseless prosperity.



Wellbeing instruction of an individual methods the training of the whole society. This comprise of between related practical units, for example, physical, mental and social angles. Physical instruction if very much educated can make a critical commitment to the objectives of general training. Support in physical instruction exercises will in this way, mean an open door for the adolescent to build up a solid body and partake in an exceedingly energizing type of diversion. Indeed, even from the restricted perspective of being free from infections, physical instruction has a significant commitment to make. It is currently perceived by restorative specialists everywhere throughout the world that a measure of physical exercise, including the huge muscles of the body is significant for the best possible working of the human body.

KEYWORDS : Health instruction , physical, mental and social perspectives.

INTRODUCTION

During college hours the physical education director have to carry out several responsibilities. It is their important duty to understand the fundamental purpose and significance of physical education and to act without getting discouraged in fulfilling it. They have to do it with the help of headmasters and other assistant director while discharging their day to day work the physical education director has to remember the following points.

During school hours the physical training chief need to do a few obligations. It is their significant obligation to comprehend the key reason and hugeness of physical training and to act without getting

debilitated in satisfying it. They need to do it with the assistance of superintendents and other colleague executive while releasing their everyday work the physical training chief needs to recall the accompanying focuses.

1. They need to show the subject adequately by utilizing physical training hours.
 2. They need to ensure play areas by fencing and keep up deliberately to urge understudies to make various diversions and sports.
 3. They need to keep up the yearly modified of work and the journal methodically
 4. They need to take understudies to various games rivalries held at talk, region and state levels and to give adequate starter preparing to such understudies.
 5. Once in seven days ,if conceivable on each Saturday they need to lead mass drill by uniting every one of the understudies with the assistance of the Headmaster and other partner chief.
 6. They need to bring to the notice of the guardians if there are any issues or disarranges relating to the wellbeing of their wards by leading therapeutic checkup consistently.
 7. The physical instruction chief ought to likewise fill in as games secretary of the school as indicated by the guidelines of the office ,and they need to keep up various registers and records methodically.
 8. The need to lead tests in physical training exercises in the first place and the finish of consistently and illuminate the understudies about the customized of physical instruction exercises.
 9. They need to make understudies to partake in picnics, sports visits and various camps.
 10. They need to work dynamically as per the guidelines issued day various officials of the division, Headmaster ,locale physical training officials every once in a while.
 11. It is their obligation to see that school capacities are commended fruitful.
 12. They need to improve thoughts on physical training by taking an interest in the month to month, yearly gatherings and meetings.
- At last the doctor training chief needs to go about as the gatekeeper discipline in school.

Today, code of expert morals has turned into a need to all the calling if instructing could be acknowledged as a calling there ought to be a code of expert morals. Normally, physical instruction chief do go under the educating calling. In any case, report of the team (ROTF) while proposing code of expert morals considered school and college chief as it were. Instructing calling can't be treated as various at various degrees of training. Obligations and obligations of executive all things considered are same in regard of all degrees of instruction. Correspondingly, Code of expert morals for physical training executive at school level contains the accompanying.

The essential reason for school of training is to inspire youths towards the development of good propensities, abilities, learning and mindfulness about our national legacy. Understudies must have logical viewpoint and promise to the goals of enthusiasm, vote based system, secularism, communism and harmony. It is trusted with these goals, understudies will move toward becoming pioneers in various different backgrounds in future.

Physical training executive ought to likewise appreciate full municipal existence with every single political right. They reserve a privilege to sufficient remittances, social position and alluring states of administration, proficient autonomy and satisfactory social protection.

Whoever receives educating as a calling accept the commitment to act as per the goals of the calling. A chief is always under the examination of her understudies and society on the loose. In this way, pioneer should see that there is no inconsistency between her statutes and practice. The calling further, requires that, the executive ought to be quiet, understanding and informative by demeanor and affable in air.

DIRECTORS SHOULD

- Adhere to capable example of lead and Demeanor expected of them by the network;
- Manage their private undertakings in a way predictable with the nobility of the calling;
- Seek to make proficient development nonstop through examination and creative practices;

- Express free and candid assessment by investment at expert gatherings, classes, meetings, and so on, towards the commitment of information;
- Maintain dynamic enrollment of expert associations and endeavor to improve instruction and calling through them;
- Perform their obligations through instructing ,preparing so as to assist understudies with developing aptitudes required in a specific game;
- Cooperate and help with completing capacities identifying with the instruction obligations of the school;
- Participate in expansion co-curricular and additional curricular exercises including network administration;
- Respect the privilege and respect of the understudy in communicating conclusion;
- Deal unbiasedly with understudies paying little respect to their religion, standing, political, monetary, social and physical qualities;
- Recognize the distinctions in bent and capacities among understudies and endeavor to meet their individual needs;
- Encourage understudies to improve their fulfillments, build up their characters and in the meantime add to network welfare;
- Inculcate among understudies regard for physical work
- Be friendly to the understudies and not act a malignant way towards of them in any capacity whatsoever whenever:
- Pay thoughtfulness regarding fulfillment of the understudy in different games and amusements in the appraisal of legitimacy:
- Make themselves accessible to the understudies even after their school hours and guide understudies to achieve capability:
- Aid understudies to build up a comprehension of our national legacy and national objectives:
- Treat other individual from the calling in a similar way as they themselves wish to be dealt with:
- Speck consciously of other chief and render help for expert improvement:
- Refrain from cabin unconfirmed charges against associates to higher specialists:
- Refrain from permitting contemplations of rank, statement of faith, religion, race or sex in their expert undertaking:
- Discharge proficient obligations as indicated by the current guidelines and systems:
- Refrain from undertaking some other business and duty including private training which are probably going to meddle with their expert duties:
- Cooperate through their associations in the detailing of strategies for their foundations and acknowledge workplaces:
- Cooperate with the experts for the improvement of the foundations keeping in view the intrigue and in congruity with poise of the calling:
- Refrain from profiting themselves of leave aside from on unavoidable grounds and to the extent practicable with earlier implication, keeping in view the specific duty regarding culmination of scholarly developer plan:
- Should have contact with guardians and gatekeepers in regards to the advancement and accomplishments of their wards:
- Recognize that instruction is an open administration and endeavor to keep the open educated regarding the instructive software engineers which are being given:
- Work to improve instruction in the network and reinforce the network's good and scholarly life:
- Be mindful of social issues and part in such exercises as would be helpful for the advancement of society and henceforth the nation all in all:
- Perform the obligations of citizenship, partake in network exercises and shoulder duties of open workplaces:

- Refrain from partaking in or buying in to or aiding exercises which will in general advance a sentiment of scorn or hatred among various networks, religions or semantic gatherings yet effectively work for national coordination:

It is obvious from the above talk that, a physical instruction executive has the best social commitment and obligations and obligations in getting ready understudies as future productive members of society of the nation. He needs to facilitate his expert duties with every one of the bodies so as to inspire his expert morals. On the off chance that something is missed because of either reason the entire the entire framework gets into rotting. Consequently, the assignment of physical instruction chief is awesome. It is made all the more horrifying by the tremendous number of establishments in the nation especially in the State of Karnataka.

METHODOLOGY

Sampling procedure:

With the end goal of the examination 300 Physical Education Directors in 12 Districts working in different Aided, Unaided and Government Degree universities were chosen in North Karnataka as per the following: Bidar, Yadagiri, Koppala, Gadag, Dharwad, Vijayapur, Belagavi, Haveri, Kalaburgi, Raichur, Bgalakot, Uttarkannada regions. Locale were chosen by utilizing arbitrary examining methods.

Statistical Techniques Used

1. In compatibility of the General goals 1, the free t test was connected to locate the out the distinction between physical training executive of provincial and urban of degree schools of North Karnataka with burnout and its measurements (I. e. non-achievement, depersonalization, passionate fatigue, rubbing, task shirking, separating, dismissing and accommodating).
2. In compatibility of the General goals 2, the single direction ANOVA pursued by Tukeys different posthoc methods were connected to discover the distinction between physical training chief of supported, unaided and government degree universities of North Karnataka with burnout and its measurements (I. e. non-achievement, depersonalization, passionate weariness, grinding, task shirking, removing, ignoring and nice).

Definition of terms of dimensions

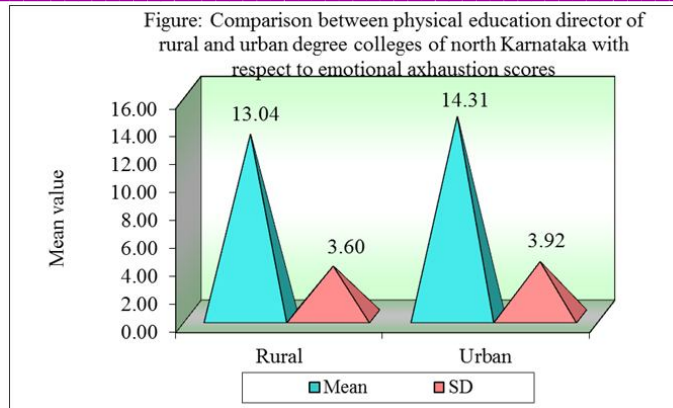
1. Emotional weariness It alludes to sentiments of being overextended and exhausted of one's passionate and physical assets.
2. Friction-It alludes to the sentiment of being in struggle with others on different issues.

RESULTS:

Table: 1 The results of t test between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. emotional exhaustion scores is presented below:

Location	Mean	SD	SE	t-value	P-value	Signi.
Rural	13.04	3.60	0.29	-2.9152	0.0038	S
Urban	14.31	3.92	0.32			

From the results of the above table it can be seen that, a significant difference observed between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. emotional exhaustion scores ($t=-2.9152$, $p<0.05$) at 5% level of significance. Hence, the null hypothesis is rejected and alternative hypothesis is accepted. It means that, the physical education director of urban degree colleges have significant higher emotional exhaustion scores as compared to physical education director of rural degree colleges of North Karnataka. The mean score is also presented in the following figure;



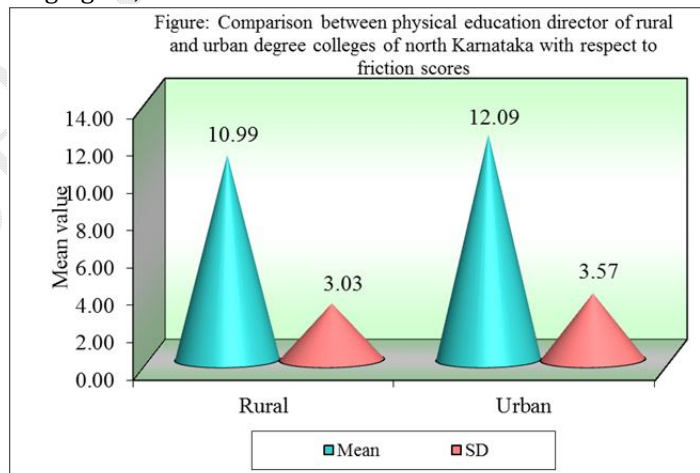
Hypothesis: There is no significant difference between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. emotional exhaustion scores.

To achieve this hypothesis, the independent t test was performed and the results of presented in the above figure.

Table: 2 The results of t test between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. friction score is presented below.

Location	Mean	SD	SE	t-value	P-value	Signi.
Rural	10.99	3.03	0.25	-2.8562	0.0046	S
Urban	12.09	3.57	0.29			

From the results of the above table it can be seen that, a significant difference is observed between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. friction scores ($t=-2.8562, p<0.05$) at 5% level of significance. Hence, the null hypothesis is rejected and alternative hypothesis is accepted. It means that, the physical education director of urban degree colleges have significant higher friction scores as compared to physical education director of rural degree colleges of North Karnataka. The mean score is also presented in the following figure;



Hypothesis:

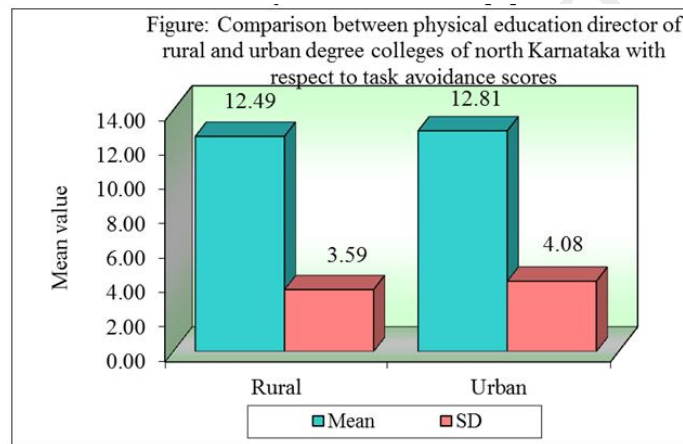
There is no significant difference between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. friction scores

To achieve this hypothesis, the independent t test was performed and the results of presented in the above figure.

Table: 3 The results of t test between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. task avoidance scores is presented below

Location	Mean	SD	SE	t-value	P-value	Signi.
Rural	12.49	3.59	0.29	-0.7215	0.4712	NS
Urban	12.81	4.08	0.33			

From the results of the above table it can be seen that, a non-significant difference is observed between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. task avoidance scores ($t=-0.7215$, $p>0.05$) at 5% level of significance. Hence, the null hypothesis is accepted and alternative hypothesis is rejected. It means that, the physical education director of rural and urban degree colleges have similar task avoidance scores. The mean score is also presented in the following figure;



Hypothesis:

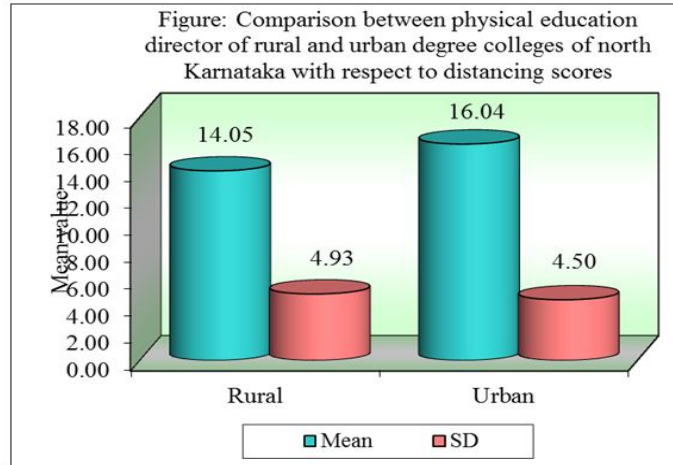
There is no significant difference between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. task avoidance scores.

To achieve this hypothesis, the independent t test was performed and the results of presented in the above figure.

Table: 4 The results of t test between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. distancing scores is presented below

Location	Mean	SD	SE	t-value	P-value	Signi.
Rural	14.05	4.93	0.40	-3.6559	0.0003	S
Urban	16.04	4.50	0.37			

From the results of the above table it can be seen that, a significant difference is observed between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. distancing scores ($t=-3.6559$, $p<0.05$) at 5% level of significance. Hence, the null hypothesis is rejected and alternative hypothesis is accepted. It means that, the physical education director of urban degree colleges have significant higher distancing scores as compared to physical education director of rural degree colleges of North Karnataka. The mean score is also presented in the following figure.



Hypothesis:

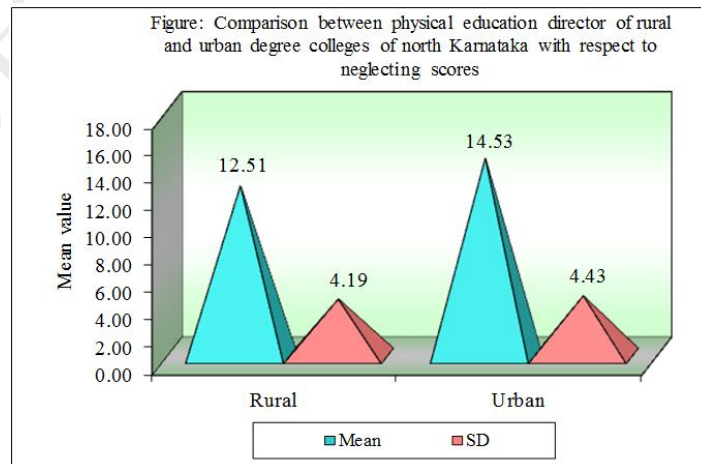
There is no significant difference between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. distancing scores.

To achieve this hypothesis, the independent t test was performed and the results of presented in the above figure.

Table: 5 The results of t test between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. neglecting scores is presented below

Location	Mean	SD	SE	t-value	P-value	Signi.
Rural	12.51	4.19	0.34	-4.0436	0.0001	S
Urban	14.53	4.43	0.36			

From the results of the above table it can be seen that, a significant difference is observed between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. neglecting scores ($t=-4.0436$, $p<0.05$) at 5% level of significance. Hence, the null hypothesis is rejected and alternative hypothesis is accepted. It means that, the physical education director of urban degree colleges have significant higher neglecting scores as compared to physical education director of rural degree colleges of North Karnataka. The mean score is also presented in the following figure.



Hypothesis:

There is no significant difference between physical education director of rural and urban degree colleges of North Karnataka with respect to the dimension of burnout i.e. neglecting scores.

To achieve this hypothesis, the independent t test was performed and the results of presented in the above figure.

CONCLUSION:

The physical instruction executive of supported, unaided and government degree universities of North Karnataka have distinctive non-achievement scores. Supported and unaided degree universities have comparative non-achievement scores. helped and government degree universities have comparable non-achievement scores. unaided degree schools have noteworthy higher non-achievement scores when contrasted with government degree universities.

The physical instruction chief of supported, unaided and government degree schools of North Karnataka have diverse depersonalization scores. helped and unaided degree universities of North Karnataka have comparable depersonalization scores. supported degree universities of have critical higher depersonalization scores when contrasted with government degree schools. Unaided and government degree schools of North Karnataka have comparable depersonalization scores.

The physical instruction executive of supported, unaided and government degree schools of North Karnataka have distinctive passionate fatigue scores. helped and unaided degree schools has comparable enthusiastic depletion scores. supported and unaided degree universities of have noteworthy higher passionate fatigue scores when contrasted with government degree schools.

- The physical training executive of provincial supported degree universities and urban unaided degree schools have comparative burnout scores
- The physical training chief of rustic supported degree schools and urban government degree universities have comparative burnout scores
- The physical training executive of provincial unaided degree schools have noteworthy higher burnout scores as contrast with physical instruction chief of rustic government degree universities
- The physical instruction executive of country unaided degree schools and urban helped degree universities have comparable burnout scores
- The physical instruction executive of country unaided degree schools and urban unaided degree universities have comparative burnout scores
- The physical instruction executive of country unaided degree schools and urban government degree universities have comparative burnout scores

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