



ROLE OF PARENTING STYLE IN LEVEL OF FRUSTRATION AMONG ADOLESCENT

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ABSTRACT :

Aim of the present study was to find out the role of Parenting Style in Level of Frustration among adolescent. For this propose 80 adolescence were selected by purposively. Parenting style questionnaire, frustration scale was used for data collection and apply descriptive statistic method for data analyses. Results shows that level of regression, fixation and resignation is low among Authoritative parenting Style adolescent then authoritarian parenting Style adolescent but results also found that aggression level is high among Authoritarian parenting Style adolescents.



KEYWORDS : parenting style, frustration, and adolescent.

INTRODUCTION

The family is basically a unit in which parents and children live together. Its key position rest on its multiple functions in relation to overall development of its members, their protection, and overall well-being. Therefore, it would emerge that not only the social and physical well-being of the individual is taken care of by the family, but the psychological well-being as well. Authoritarian parents do not engage in discussions with their teen and family rules and standards are not debated. Authoritarian parents believe the adolescent should accept, without question, the rules and practices that they establish. Research reveals that adolescents of authoritarian parents learn that following parental rules and adherence to strict discipline is valued over independent behavior. As a result, adolescents may become rebellious or dependent.

Frustration results in various types of reactions according to its intensity and nature of the individual experiencing frustration. Some have frustration tolerance to the extent that they bear the consequences with a little injury to the self or society; while others (or the former in the special situations) become too violent and aggressive. Reactions to frustrations are defined by many psychologists in terms of 'defense mechanism, the mechanisms or the means used by the individuals to 'defend the integrity of the ego' as defined in psychological literature.

IMPORTANCE OF THIS STUDY

Adolescence is the period of psychological and social transition between childhood and adulthood. Adolescents struggle with their anxieties, conflicts and confusion. In today world most of adolescent face a problem in making adjustment with others which leads to frustration. Parents make significant role in child development their parenting effect on child emotional word that's why this study will focus on effect of parenting style on frustration among adolescence.

Methods

Statement of the problem

To study the role of Parenting Style in Level of Frustration among adolescent.

OBJECTIVES:-

- To find out the role of Authoritarian parenting style and Authoritative parenting style in Level of regression among adolescent.
- To find out the role of Authoritarian parenting style and Authoritative parenting style in Level of fixation among adolescent.
- To find out the role of Authoritarian parenting style and Authoritative parenting style in Level of resignation among adolescent.
- To find out the role of Authoritarian parenting style and Authoritative parenting style in Level of aggression among adolescent.

HYPOTHESIS

- There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of regression among adolescent
- There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of fixation among adolescent
- There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of resignation among adolescent
- There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of aggression among adolescent

Participate

For the present study parenting style questionnaires was administrated on 100 parents to identify the different parenting styles Adopted by them. on the basis of parenting style test score 40 Authoritarian parents and 40 Authoritative parents Adolescents were selected for the final sample.. All sample selected from Aurangabad city.

Sample distribution

Authoritarian Style		Authoritative Style	
Boys	Girls	Boys	girls
20	20	20	20

Variable:-

Independent variables

Parenting style

- A) Authoritarian Style
- B) Authoritative Style

Dependent variables

Frustration

- A) Regression
- B) Fixation
- C) Resignation
- D) Aggression

Tools and Measure

- 1) Parenting Style Four Factor Questionnaire (PS-FFQ) developed by Shyny T. Y The final scale consists of 32 items. This is five point scale as all of the time, most of the time, some time, rarely and never. The score was five to one. There are no negative items. Scores for each parent were taken separately and sum of scores of each parents were taken for overall score of an item. Thus the instrument yields four separate scores for each participant, namely Authoritarian, Authoritative, Permissive, and Uninvolved.
- 2) Reactions to Frustration Scale: This scale (RFS) was developed by Dr. B.M. Dixit and Dr. D.N. Srivastava (2005). The scale consists 40 items and it has four components, each having 10 items which are equal number of positive and negative items. The components are aggression, resignation, fixation and regression. The validity of the scale is also ascertained by correlating the score of this present scale of frustration with other allied concepts like maladjustment, anxiety and level of aspiration.

Procedure of data collection

On the basis of parenting style test score 40 adolescence were select from each parenting style. After that level of frustration scale was administrated on adolescent by given instruction and data was collected.

RESULT AND DISCUSSION

Table No 1. Mean S.D. and F difference between parenting styles on Regression

Parenting style	N	Mean	SD	F	Sig.level
Authoritarian Style	40	23.8500	2.41	19.035	0.01
Authoritative Style	40	25.9750	1.91		

Table number 1 shows difference between parenting style on Regression. the mean of Authoritarian Style adolescent is 23.85 and S.D. is 2.41 and Authoritative Style adolescent mean is 25.9750 and S.D. is 1.91 and F value is 19.035 it indicates that the significant F value (F=19.035; (1,90); P<0.01) for Regression of Authoritarian Style and Authoritative Style adolescent. that means there is significant different between Authoritarian Style and Authoritative Style on Regression there for hypothesis number 1 There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of regression among adolescent is accepted.

Table No 2. Mean S.D. and F difference between parenting styles on Fixation

Parenting style	N	Mean	SD	F	Sig.level
Authoritarian Style	40	22.85	2.09	4.990	0.05
Authoritative Style	40	23.90	2.10		

Table number 2 shows difference between parenting style on Fixation. the mean of Authoritarian Style adolescent is 22.85 and S.D. is 2.09 and Authoritative Style adolescent mean is 23.90 and S.D. is 2.10 and F value is 4.990 it indicates that the significant F value (F=4.990; (1,90); P<0.01) for Fixation of Authoritarian and Authoritative parenting Style adolescent. that means there is significant different between Authoritarian and Authoritative parenting Style on Fixation there for hypothesis number 2 There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of Fixation among adolescent is accepted.

Table No 3. Mean S.D. and F difference between parenting styles on Resignation

Parenting style	N	Mean	SD	F	Sig.level
Authoritarian Style	40	23.17	1.63	48.051	0.01
Authoritative Style	40	27.27	3.36		

Table number 3 shows difference between parenting style on Resignation. the mean of Authoritarian Style adolescent is 23.17 and S.D. is 1.63 and Authoritative Style adolescent mean is 27.27 and S.D. is 3.36 and F value is 48.051 it indicates that the significant F value (F=48.051; (1.90); P<0.01) for Resignation of Authoritarian and Authoritative parenting Style adolescent that means there is significant different between Authoritarian and Authoritative parenting Style on Resignation there for hypothesis number 3 There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of Resignation among adolescent is accepted.

Table No 4. Mean S.D. and F difference between parenting styles on Aggression

Parenting style	N	Mean	SD	F	Sig.level
Authoritarian Style	40	24.42	3.02	41.917	0.01
Authoritative Style	40	29.15	3.48		

Table number 4 shows difference between parenting style on Aggression. the mean of Authoritarian Style adolescent is 24.42 and S.D. is 3.02 and Authoritative Style adolescent mean is 29.15 and S.D. is 3.48 and F value is 41.917 it indicates that the significant F value (F=41.917; (1.90); P<0.01) for Aggression of Authoritarian and Authoritative parenting Style adolescent that means there is significant different between Authoritarian and Authoritative parenting Style on Aggression there for hypothesis number 4 There will be significant difference between Authoritarian parenting style and Authoritative parenting style on Level of Aggression among adolescent is accepted.

CONCLUSION

Present study found that there is significant difference between Authoritarian and Authoritative parenting Style on level of frustration among adolescents. Results shows that level of regression, fixation and resignation is low among Authoritative parenting Style adolescent then authoritarian parenting Style adolescent but results also found that aggression level is high among Authoritarian parenting Style adolescents.

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