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# ANALYSIS OF ACHIEVEMENT MOTIVATION BETWEEN OFFENSIVE AND DEFENSIVE FOOTBALL PLAYERS

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### **ABSTRACT**:

The purpose of the study was to compare the achievement motivation between offensive and defensive football players of Kerala State to find out the status of subjects in relation to achievement motivation. For purpose of the study two hundred students (hundred offensive and hundred defensive football players) were selected randomly from different part of Kerala State. Their age ranged from 16-24 years. Subjects' achievement motivation was measured by inventory developed by Dr. M L Kamlesh, which consist of twenty questions. Data was collected by administering questionnaire during summer session. All the necessary instructions were provided to students whowere also convinced to answer all the question honestly. To find out the difference independent t-test was used at 0.05 level of significance. Findings of the study revealed that there is significant difference between offensive and defensive football players of Kerala State in relation to achievement motivation as calculated t (2.56) was less than tabulated t value (1.65) at 0.05 level of significance. It may also be due to their higher level of intrinsic and extrinsic motivation and more recognition

### **KEYWORDS** : Offensive, Defensive, Achievement Motivation.

#### **INTRODUCTION**

Football or Soccer is a team game played by millions of male and female adults and youths in over 200 countries and dependencies, making it the world most popular sports. The sport of football is played on a rectangular field with an objective at each end. The target of the diversion is to score by taking care of business the ball into the restricting goal. The two goalkeepers are the main players permitted to contact the ball with their hands or arms while it is in play and that excessively just in their punishment region. Football is characterized by activities such as twisting, turning, stopping and quick movements as well as sprints, passing and shooting and also it involves lots of technical and tactical skills, football players also faced with so many mental and emotional challenges in addition to their physical demands during a match. **(www.Soccer Psychology Tips.Com)** 

The branch of psychology which is intimately connected with human behavior on the play field- both



under practice and competitive situations, with a view to bring about qualitative improvement in performance, is usually called exercise and sports psychology. (M. L. Kamlesh, 1997).

Motivation is an integral force that determines all aspects of our behavior, it also impacts on how we think feel and interact with each other. In sports high motivation is rightly accepted as an essential prerequisite in getting athletes to fulfil their potential.(**Roberts, 2007**)

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Achievement motivation is an integrate perspective based on the premise that performance motivation results from the way broad components of personality are directed towards performance. It is the athlete predisposition to approach or avoid competitive situation.(**S.K.Mangal**)

### **OBJECTIVE OF THE STUDY**

The objective of the study was to compare the achievement motivation between offensive and defensive football players.

### **Hypotheses**

It was hypothesized that there would not be any significance difference on achievement motivation between offensive and defensive football players.

### **METHODS**

### **Selection of Subjects**

A total of 200 Football Players were selected (100 offensive and 100 defensive football players) from different part of the Kerala State. The subjects were selected randomly. Age of the subjects was ranging from 16 to 24 years.

### **Selection of variables**

For the purpose of the study achievement motivation variable were selected to find out difference between achievement motivation of offensive and defensive football players.

#### Tools

For measuring the Achievement Motivation of the subjects a questionnaire developed by Dr. M. L Kamleshwas used. This inventory consists of 20 questions that include both positive and negative statements. Each statement consists of two alternate responses. The respondent made a mark or tick on one of the responses that fit to them best.

## Procedure

The questionnaire was administered on the subjects during summer session at different parts of the Kerala State

#### **Data Analysis**

The data thus collected were given to statistical treatment computing't' ratio to find out the difference if any between the offensive and defensive football players on achievement motivation. The obtained results have been presented in the following table:

#### **RESULT AND DISCUSSION OF FINDINGS**

Mean, standard deviation and t- ratio of achievement motivation level between offensive and defensive football players of Kerala State are presented in table - 1

Table -1
Indicating the Mean Difference on Achievement Motivation Level betweenOffensive and Defensive
Football Players of Kerala State.

rootbail rayers of Kerala State.							
Variables	Experimental	N	Mean	Standard	't' ratio	P value	
	Groups			Deviation			
Achievement Motivation	Offensive Football Players	100	23.76	5.82	2.06*	0.04	
	Defensive Football Players	100	22.14	5.27		$\langle \rangle$	

Tabled ratio of 't' at 0.05 level of significance with 198df = 1.96

It is clear from table-1 that the Offensive Football Players mean value of the Achievement Motivation are  $23.76 \pm 5.82$  and Defensive Football Players mean value of the Achievement Motivation are  $22.14 \pm 5.27$ respectively. The obtained t value of 2.06 is higher than the required table value of 1.96at a = 0.05 for the df of 198. It is inferred that there is statistically significant betweenOffensive and Defensive Football Players on Achievement Motivation.

## DISCUSSION

Result of the study reveals that significant difference was found on Achievement Motivation betweenOffensive and Defensive Football Players of Kerala State. This may be due to (offensive football players) having more exposure for showing their talents and playing opportunity especially in Kerala. It may also be due to their higher level of intrinsic and extrinsic motivation and more recognition.

## CONCLUSIONS

• It was found that there was significant difference in Achievement Motivation betweenOffensive and Defensive Football Players of Kerala State.

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