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**IMPACT OF TIME-ON-TASK ON ACHIEVEMENT IN SCIENCE**

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**ABSTRACT**

*Time-on-task refers to portions of time during which students are paying attention to a learning task and attempting to learn. Carroll's work is widely regarded as the beginning of modern inquiry into the effects of time factors in the learning process. His major premise was that school learning is a function of time. The purpose of the study is to investigate that impact of time-on-task on achievement in science. The study is as an experimental with quasi-experimental design with two Experimental groups and one Control group. 173 ninth grade students constituted the sample for the study. In order to measure academic achievement, ability, SES suitable tools have been used. Researcher developed observation schedule and lesson plans. Descriptive statistics and ANCOVA were used to analyze the data. The study revealed many interesting findings. The most prominent finding is achievement gain scores of experimental groups ( $E_1$  &  $E_2$ ) are higher than the achievement gain scores of control group. The performance of the group taught by direct instruction is better than the students in conventional method of teaching.*

**KEYWORDS:** Time-on-task, Achievement, Science, Teaching Methods, Experimental Group, Control Group .

**INTRODUCTION :**

Time-on-task tells something about teaching that is it reveals the teachers' skill in setting learning activities which engage students' attention and keeping them focussed. Time-on-task refers to portions of time during which students are paying attention to a learning task and attempting to learn. This excludes time spent on socializing, day dreaming, engaging in antisocial behaviour, etc. (Fisher, et. al., 1980). Time-on-task is an alterable variable (Bloom, 1980) and has a significant and possibly causal relationship with school learning, so it can be altered positively or negatively by instructional process and this has direct consequence for learning that will take place.

Carroll defined time spent as a function of (i.e., resulting from or composed of) opportunity and perseverance. The measure he proposed for opportunity was allocated time or the amount of time the classroom teacher made available for school learning. The measure Carroll proposed for perseverance was engagement rate or the percentage of the allocated time that students were actually on-task.

In the later models involving instructional time aptitude has been defined as learning rate with time being varied and not as learning level with time being held constant (Bloom). Hence, Time-on-task was conceptualized as an alterable variable and one which has significant and possibly causal relationship with school learning and students' achievement. The instructional process can alter it positively or negatively and this (alteration) has direct consequences for the learning that will take place.

That time-on-task is causally related to achievement and time-on-task is alterable, holds the promise for improvement in school learning irrespective of whether time-on-task is viewed as an end in itself (e.g., Jackson) or as a means to an end (e.g., Carroll and Bloom).

The prospect of altering and in fact, optimizing such time is of great instructional importance for the understanding of classroom procedures. The purpose of study is to investigate that impact of time-on-task on achievement in science.

## REVIEW

A few studies (e.g., Wiley and Hamischfeger 1974; Kidder, O'Reilly, and Keisling (1975) have found a strong positive relationship between quantity of schooling and achievement and some investigators have found virtually no relationship (e.g., Smith, 1979 and some of the studies reviewed by Borg 1980). But most researchers and reviewers have identified a weak, non-statistically significant - but positive - relationship to achievement. This general finding has emerged from the work of Anderson (1980, 1981); Blai (1986); Borg (1980); Brown and Saks (1986); Cotton and Savard (1981); Fisher and Berliner (1985); Fredrick and Walberg (1980); Honzay (1986-87); Karweit (1976, 1985); Leach and Tunnecliffe (1984); Levin and Tsang (1987); Lomax and Cooley (1979); Mazzarella (1984); O'Donnell (1978); Quartarola (1984); and Walberg (1988).

Obviously, if no time is allocated for learning a particular subject, then learning will not take place. But what the above mentioned researches indicate is that when students experience greater quantities of allocated time, their achievement is only very slightly higher than those experiencing less quantities. The purpose of study is to investigate that impact of time-on-task on achievement in science.

## Statement of the Problem

The problem undertaken for the study is stated as : ***Impact of Time-on-Task on Achievement in Science***

This is a quasi-experimental study. It is undertake with the purpose of finding effectiveness of on-task behaviours on achievement in science of IX standard students. The time students spend in learning or engaged in learning is called as 'Time-on-task'. In this study time-on-task has been operationalised by using the direct instruction model.

## Variables

The present study is designed with the following independent, dependent and control variables :

### Independent Variables

1. Teaching Methods –
  - a) Time-on-task, Operationalized through the Direction Instruction
  - b) Conventional Method of Teaching
2. Ability

### Dependent Variable

1. Students' Achievement in Physics

### Control Variables

1. Intelligence
2. SES

## OBJECTIVE OF THE STUDY

- i. To compare the achievement in Physics of the following groups of students taught through Direct Instruction and Conventional method of teaching
  - a. The total groups

- b. Students classified into three ability groups of below average, average, and above average.

### Hypotheses

Keeping in view the above objective, the following hypotheses are stated :

1. There is no significant difference in the achievement of pupils taught by Direct instruction and Conventional method of teaching.
2. There is no significant difference in the achievement of pupils when they have been classified as below average, average, and above average in ability.
3. There is no significant interactive effect of teaching methods and students' ability on student achievement.

### Design of the Study

The pre-test, post-test non-equivalent control group design was followed. The major independent variable of study was time-on-task with two levels. Direct instructional strategy, and conventional method of teaching ; the dependent variable of study was achievement ; control variables were : intelligence and SES. Ability had three levels : below average, average, and above average.

### Sample

The subjects of the study were 173 ninth grade students of a private aided school selected purposively. There were four sections IX-A, IX-B, IX-C, IX-D. In the study IX-B class was designated as control group where as IX-C and IX-D were designated as Experimental group-1 ( $E_1$ ) and Experimental group-2 ( $E_2$ ). Here two experimental groups were selected  $E_1$  and  $E_2$ . The sample was heterogeneous with respect to gender and age. Their age ranged from thirteen to sixteen. The number of students in  $E_1$  was 60, and  $E_2$  was 42 and control group was 71. These were intact groups.

### Tools

The following tools were used for collection of data :

- i. Investigator developed summative and formative tests. These tests have descriptive validity. Reliability was established by following Subkaviak's procedure (1988). The calculated Po ranged from 0.73 to 0.93. Summative test was developed by randomly selected items from 14 formative tests. The summative test includes 100 items. It was used for pre-test as well as for achievement test. The test has satisfactory reliability (Subkaviak (1988)  $Po= 0.80, 0.97$ ).
- ii. Raven's Standard Progressive Matrices was used to measure intelligence of the students. There were totally 60 items (in 5 sets of 12 items each) arranged according to order of difficulty. The test had test-retest reliability varying from 0.83 to 0.93.
- iii. Kuppuswamy's SES Scale was used to measure Socio-Economic Status of the students. The scale has eight categories under education indices and six categories under occupation with respective weightages. The test validity is measured by matching against outside criteria.
- iv. Investigator developed Observation Schedule for observing students' on and off task behaviour. The observation system was a sign system with an inter-rater reliability of above 0.80 and above.
- v. Lesson plans were prepared using direct instruction syntax.

### Collection of Data

#### Phase - I

The subjects of the study were administered Summative Achievement Test, Raven's Standard Progressive Matrices Test, and Kuppuswamy's SES Scale.

### **Phase - II: Training**

Teachers were trained in Direct instruction model as it was used for maximising student learning time and increasing student on-task behaviour. They were given orientation regarding the model by the investigator. Next the investigator trained observers regarding observation of on and off-task behaviour of students in the classroom.

### **Phase - III**

In the third phase of the treatment, teaching of physical science of IX standard was implemented. Four units from IX standard physical science textbook, prescribed by the Directorate of State Education Research and Training of Government of Karnataka formed the content.

The investigator trained two teachers in Direct instruction (to enhance on-task behaviour of students). They taught two intact classes, IX - C and IX – D. which were considered as Experimental group 1 ( $E_1$ ) and Experimental group 2 ( $E_2$ ) respectively, using the syntax of the Direct instructional model.

In the present study, two teachers were used for the experimental treatment of the two experimental groups. The units selected were : (i) Motion, (ii) Energy Work and Power, (iii) Waves and (iv) Human Eye.

Trained B.Ed. graduates taught the two experimental groups for twenty periods of fifty five minutes duration ; while the regular classroom teacher taught the control group for a total of sixteen classes of forty five minutes each.

Students' time-on-task was observed at the time of the experimental treatment. Three trained observers for each class were assigned to observe the students on-task behaviour.

### **Phase - IV: Post-testing**

After completion of teaching the 14 sub-units, the investigator administered the same summative test used for pre-testing of students. No time limit was specified but on an average the subjects took 60 minutes.

### **Statistical Techniques**

In order to test the hypotheses stated in this study, the statistical techniques employed were : descriptive statistics like Mean and SD and inferential statistics, such as, Analysis of Co-variance and Scheffe's tests. The Analysis of Covariance (ANCOVA) permits the experimenter to eliminate initial differences on several variables between the experimental and control groups by statistical methods.

### **Analysis and Interpretation**

#### **Analysis of the Achievement in Groups – $E_1$ , $E_2$ and C**

The following table furnishes the data and results of the impact of time-on-task on achievement in science.

**Table – 1 : Summary of Gain in Achievement (Y) Teaching Methods and Ability, Intelligence (X<sub>1</sub>) and SES (X<sub>2</sub>) of Three Groups**

Levels	Experimental Group – 1				Experimental Group – 2				Control Group			
	N	Y <sub>1</sub>	X <sub>1</sub>	X <sub>2</sub>	N	Y <sub>1</sub>	X <sub>1</sub>	X <sub>2</sub>	N	Y <sub>1</sub>	X <sub>1</sub>	X <sub>2</sub>
BA	3	2154.8	960.36	436.02	1	762.21	370	137	2	1329.8	808.52	350.75
	2	32	48	24	0				5	825	25	75
A	1	1093.1	702.46	246.74	8	630.7	364	124	2	1095.0	958.91	305.94
	7	425	38	31					1	282	25	48
AA	1	816.60	502.33	160.41	2	2027.2	1084.2	371.82	2	16.4.62	1168.7	378.75
	1	15	7	63	4	104	864	96	5	5	5	
Total	6	4064.5	2165.1	843.18	4	3420.1	1818.2	632.82	7	4029.5	2936.1	1035.4
	0	76	656	18	2	204	864	96	1	357	85	523

**Table – 2 : Analysis of Co-variance of Dependent Variable Achievement (Y) by Independent Variables Teaching Methods and Ability of Three Groups E<sub>1</sub>, E<sub>2</sub> and C**

Sources of Variation	SS	df	MS	F – Value	Significance
Teaching Methods	14385.657	2	7192.829	138.039	P < 0.01
Ability	2258.671	2	1129.395	21.673	P < 0.01
Teaching Methods X Ability	280.309	4	70.077	1.345	P > 0.05
Error	8441.390	162	52.107		
Total		170			

Out of three F - values calculated, F-Values of two main effects were found to be significant at the 0.01 level.

The F-value for the main effect of teaching method (138.039) with df (2/162) is found to be significant at 0.01 level of confidence. Hence, the null hypothesis is rejected and alternative hypothesis is accepted. It implies that there is a significant difference in the achievement of Experimental groups (E<sub>1</sub> and E<sub>2</sub>) and Control group.

The F value for the main effect of the ability (21.673) with df 2/162 is found to be significant at 0.01 level. Hence, the null hypothesis is rejected and alternative hypothesis is accepted. It means that there is a significant difference in the achievement of different categories of students : Below Average, Average and Above Average. So further analysis was carried out using Scheffe’s test.

The F value (1.345) with df 4/162 for the interactive effect of teaching methods and ability is not found to be significant at 0.05 level of confidence. Hence, null hypothesis is accepted and alternative hypothesis is rejected. This implies that there is no interaction effect of teaching methods and ability level of students on student achievement. Thus it implies that achievements of different groups having different ability levels are not differentially affected by treatment given to them. Further analysis was not carried out, as F value was not significant.

**Adjustment of Means**

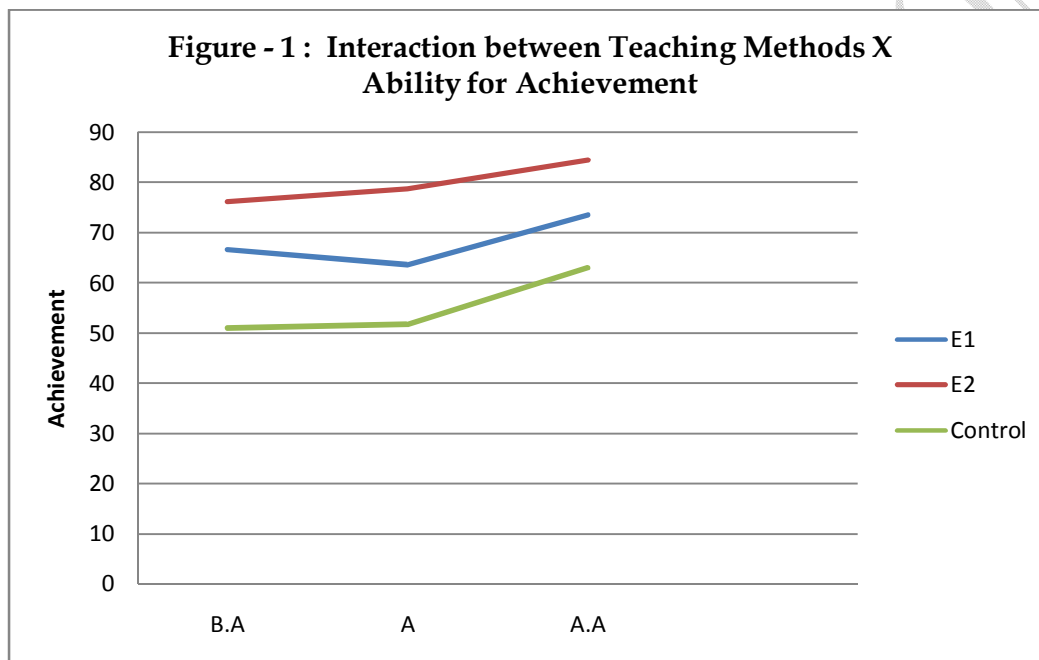
In order to nullify the effect of control variables Intelligence and SES, adjusted means were calculated. In this regard the procedure given in Winer (1962) (p.600) was followed.

The obtained adjusted means are reported in the following table.

**Table-3 : Adjusted Means of Gain in Achievement (Y) under Teaching Methods and Ability against Intelligence (X<sub>1</sub>) and SES (X<sub>2</sub>) of Three Groups E<sub>1</sub>, E<sub>2</sub> and C**

Ability	E <sub>1</sub>	E <sub>2</sub>	Control
BA	66.642	76.188	51.083
A	63.601	78.767	51.846
AA	73.606	84.486	63.070
Total	67.950	79.813	55.333

It is revealed from the above table that, the adjusted means of the gain in achievement of the treatment groups (E<sub>1</sub> = 67.950 ; E<sub>2</sub> = 79.813) are higher than that of the control group (55.333).



Adjusted means of the Below Average, Average and Above Average students of the groups E<sub>1</sub> and E<sub>2</sub> are higher than the respective Ability groups of the control group.

Adjusted means of above average students of control group is (63.070) equal to the adjusted means of gain achievement of the Average students of the group E<sub>1</sub>.

Adjusted means of the Below Average students of the group E<sub>1</sub> (66.642) is higher than the adjusted means of gain in achievement of Average students of group E<sub>1</sub> (63.601).

**FINDINGS**

The following findings were drawn :

- i. Achievements of different groups having different ability levels are not differentially affected by treatment given to them.
- ii. Below Average, Average and Above Average students of the groups E<sub>1</sub> and E<sub>2</sub> are higher than the Ability groups of the control group.
- iii. Above average students of control group is equal to the adjusted means of gain achievement of the Average students of the group E<sub>1</sub>.
- iv. Below Average students of the group E<sub>1</sub> is higher than the adjusted means of gain in achievement of Average students of group E<sub>1</sub>.



## CONCLUSIONS

The following conclusions were drawn :

1. Achievement gain scores of experimental groups ( $E_1$  &  $E_2$ ) are higher than the achievement gain scores of control group.
2. Adjusted means of the Below Average, Average and Above Average students of the groups  $E_1$  and  $E_2$  are higher than the respective ability groups of the control group. However, Below Average students of the group  $E_1$  are benefited by Direct instruction than the Average group of students.
3. The trend of the relationship shows that below average students of the experimental group  $E_1$  are benefited by the Direct instruction.
4. The performance of the group taught by Direct instruction is better than the students taught by conventional method of teaching.
5. The achievement of the different ability levels of students  $E_1$  and  $E_2$  are better than the respective ability levels of the students of control group.
6. The trend of the relationship shows that below average students of group  $E_1$  are benefited by the treatment given to them when compared to average students of group  $E_1$ .

## EDUCATIONAL IMPLICATIONS

The present study has revealed that below average students achievement is higher than the average students under the Direct instruction. Hence Direct instruction strategy is more beneficial to low ability students leading one to hypothesise the existence of Aptitude Treatment Interaction (ATI). If further researches testing the ATI hypothesis confirm the effect, then the finding has a significant educational implication for individualized instruction by matching teaching strategies with student variables.

Another implication of the study is that the Direct instruction maximizes student learning by providing adequate "practice" in learning. The syntax of the Direct instruction model involves the three phases of practice and as observed in the study Direct instruction strategy requires more allocated time. In the context of Indian educational system of large classrooms, substantial syllabus and provision of uniform time to all students, interested schools and teachers have to carve out additional time by using school and teacher specific strategies for the benefit of the average and below average students. This action seems to be imperative, as the findings of the study have indicated that below average students are benefited by Direct instruction.

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