



KARNATAKA WOMEN VOLLEY BALL PLAYER MISS.NALINA.G.T CONTRIBUTIONS AND ACHIEVEMENTS

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ABSTRACT :

The game volley ball is an excellent all round team sport and has been widely accepted as a highly competitive and recreational game throughout the world volleyball is a game played indoors or outdoors by teams whose members seek to score points in the course of hitting a ball back and forth across a net. Volleyball according to authorized sources was invented by William g. Morgan in 1895 when he was physical direction for the Y.M.C.A in Holyoke. His object was a game too strenuous in nature that world is suitable for men.

KEYWORDS : game volley ball , physical direction , women's Volleyball World Champions.

INTRODUCTION:

Volley ball is a sport played by two teams on a playing court divided by a net. There are different versions available for specific circumstances in-order to offer the versatility of the game to everyone.

It was in 1952 when FIVB hosted the first women's Volleyball World Championship in Moscow with just eight teams competing seven from Europe plus India. In this, the first of an event that went on to be held over a four-year cycle, the title went to the Soviet Union, with Poland second and Czechoslovakia (now after the peaceful split with Slovakia, the Czech Republic), taking the bronze medal. Four years later the World Championship were staged in Paris, the home of FIVB founder and long-time President, Paul Libaud. Again the Soviet Union took the gold medal, an achievement they repeated four years later in Rio de Janeiro. But by that stage, a powerful Japanese team had emerged to steal the limelight. Japan won the silver medal at Rio, but went on to twice win the title in 1962 (Moscow) and at home in Tokyo in 1967, where the USA first stepped into the limelight to take the silver medal. The Soviets reemerged four years later at Bulgaria's Black Sea port of Varna to defeat Japan in the final and reclaim the title, but Japan returned the favour in Guadalajara, Mexico in 1974. The Championship then went to Leningrad (now St. Petersburg) in 1978 when Cuba and Japan shut the Soviets out of the title, taking gold and silver respectively and leaving them only the bronze medal. But in 1982, in Lima, Peru, a new era was launched when China won the title for the first time, then went on to retain their title in 1986 in Prague, Czechoslovakia, only to lose it again to the Soviets in Beijing four years later. That was the last year that the Soviet Union competed as a nation.

The last two World Championship titles have gone to Cuba – in 1994 São Paulo, Brazil and Tokyo, Japan in 1998. This year the Championship returns to Western Europe for the first time since 1956, when Germany plays host to this premier sporting event.

VOLLEYBALL IN KARNATAKA

Volleyball was introduced in Karnataka during the early part of 20th Century, by the influence of Y.M.C.A. Madras in 1951. The Karnataka State Volleyball Association was formed in July 1951, under the presidentship of Sri. Eqbal Hussein, retired Judge of High Court of Karnataka and Sri. V.M. Rangaswamy was the Secretary to organize and popularize the game in the state.

The contribution of any women Volleyball player in terms of high performance and achievements at State, National and International level plays a vital role in the promotion of women volleyball game in Karnataka and India in general.

To find out what kind of contribution and achievements has been made by Miss. Nalina G T to Karnataka State women's Volleyball and Indian Volleyball game.

STATEMENT OF THE PROBLEM:

Previously the Indian volleyball sports was dominated by men's and as the generation have progress women's who were considered muscularly weak and not fit for sports but time today have change and Miss.Nalina G T is an present example of women participating and contribution to the volleyball sports this present study is an attempt good to explore and being out the contribution and achievement of nalina to women's volleyball field Karnataka in particular and India in general.

PURPOSE OF THE STUDY:

The purpose of the study to make a complete profile of women volleyball player miss Nalina G T who represented from Karnataka state to Indian team and further this study could be an a example of encouragement to future generation of women volleyball players.

OBJECTIVES OF THE STUDY:

- To find out the contribution of Karnataka State women Volleyball player to Indian Volleyball in the form of performance and achievements at International level.
- To make a profile of Miss. Nalina G T who represented India at International level.

HYPOTHESES OF THE STUDY:

- Miss. Nalina G T, Karnataka State Volleyball player would have contributed to Indian Volleyball in the form of performance and achievements at National and International level.

METHODOLOGY

The present study was designed to investigate the contributions and achievements of Karnataka State Volleyball player towards the promotion of Volleyball game in the Karnataka State and India in general. Data/Information for this investigation was derived from the Primary sources i.e. Direct observation, Questionnaires, Personal records, Archival records, Documents, Pictorial records and Secondary sources. Based on the objectives laid down in the present the following methods were used to obtain the data.

ANALYSIS OF DATA AND INTERPRETATION OF RESULTS

Miss Nalina G. T.



Early Life.

Nalina.G.T. belongs to a Tiptur town which is situated in Tumkur District Karnataka state. she was born on 24th May 1995 to Smt. Sujatha and Shri.Thimmaiah Couple's. Nalina's Father is a proud farmer and mother is a home maker. The family resides at Nonavinakere(H) Tiptur(Taluka) Tumkur(District) Karnataka (State).

She spent her childhood in Tumkur and later on shifted to the sports school Vidhyanagar, Bangalore from 2008 to 2011. In 2011 to 2016 she joined at women's sports hostel Mysore to pursue her higher level of sports achievement. She has started taking sports seriously after joining sports hostel at Bangalore because of her parent's encouragement she went for higher level of sports training in her school and college which made achievements in sports.

Everyday Nalina is used to practice lots of volleyball match and fitness training two to three hours daily and also benefitted from special training camps and special coaches training program.

Education.

Nalina's Sports journey has started in her school days at sports school Vidhyanagar Bangalore. She has passed her 10th Standard in 2011 after completing her high school education she has joined Teresion College Mysore in 2013 she has passed her pre university education and in 2016 she has passed her Graduation from Teresion college Mysore

Sports Journey.

Nalina was very much interested in sports from early days of life. In 2010 she participated in school level Karnataka state Volley ball sports held at Davangere District and in the same year she represented at National Level sub-junior level competition at Shimoga.

In the following year 2011 Nalina represented Karnataka state level Dasera sports competition held at Mysore. In 2012 she has participated in college level Volley Ball competition held at Madhyapradesh and in the same year she represented at National Level Junior level Volley Ball competition held at West Bengal.

Nalina has also represented India at International level tournament in the **9th Asian youth Girl's Volley Ball Championship at Shuangliu, China from 12-20th October 2012**. We can observe that Miss. Nalina represented in eight International Matches playing for the position as an attacker by having shirt no 06.

In the year 2013 she participated at South Zone inter university level held at SRM University Tamil Nadu. In 2018 she has also participated senior level Volley Ball competition held at Kerala. As we can see the overall achievement of Nalina is immensurable and for this achievement all the credit goes to her Coaches Mr. Anilkumar during State level, Mr. Ashok.K.C. at National level and Mr.Balachandran at International level.

S L No	Competition Level	Year	Held at	Rustle
01	International 9 th Asian youth Girl's volleyball Championship	12 to 20 th October 2012	Shuangliu China	Participated
02	Senior National level	2018	Kerala	Participated
03	Junior National level	2012	West Bengal	Participated
04	Sub Junior national level	2010	Shimoga	Participated
04	Inter University level South zone	2013	SRM University Tamil Nadu	Participated
05	Dasara state level	2012	Mysore	Winners
05	College level	2012	Madhyapradesh	Participated
06	School level	2010	Davangere	Participated

CONCLUSION:

Miss.Nalina.G.T Karnataka state Volley Ball player made a very significant and tremendous contribution to Indian Volley Ball in the form of achievements in the field of Volley Ball game at national and international level

By represented Indian Volley ball in the 9th Asian Youth Girl's Volley Ball championship, and participated in many higher level games. It is clearly advocated that Miss.Nalina Karnataka State Volley Ball player who has immensely contributed to Indian women's Volley ball. Recognizing the everlasting efforts and valuable contributions and achievements rendered to sports .Miss Nalina today's that younger generation of Karnataka state volleyball players has taken her as a role model therefore she has played a vital role in young girls in sports field.

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