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A STUDY ON BIRTH-ORDER OF FEMALE PLAYERS IN SOME SELECTED SPORTS AT INTER-COLLEGE LEVEL OF DELHI UNIVERSITY

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Abstract:

The physical education is an integral part of education, similarly the sport is also an integral part of physical education. The role of physical education is very much important in the society of human being in its varied dimensions to the life. In the present days, every individual feels the importance of educational values in their life. In the process of education and physical education, many people follow the concept of sports as a prime part and full-fledged compartment of the total scenario of life. As , the sports include various significant aspects and concept like : educational, economical, financial, intellectual, psychological and behavioral etc.

KEY WORDS:

Female Players , integral part , physical education , psychological and behavioral .

INTRODUCTION:

In the modern society, it becomes a new trend to use sports and games as instruments to acquire an important status in the society. In view of this, the participation of children in the sports area is gradually increasing day by day. In order to secure the promising position, one has to learn the complete skills of the game concerned so as to put-up high performance. To proceed to that level one requires to have the interest for the games/sports. It is important to undergo the proper and adequate training to avoid inappropriate movements. So, the children learn the new skills very well and gradually when they identify themselves with the game. But, some individual children come to play the game or attend the coaching programme for a more time but could not able to cross the preliminary level. Some children leave the games, and some choose another one where, they think, they would be able to identify themselves.

This is a serious problem for the teachers and coaches. They want to produce important changes in their children in accordance with their objectives. But, the capacity of the children to carry- out the daily task is not equal, they do not accept all the activities with equal enjoyments, and quit the games under difficult circumstances. Why does this variation occur in different children?

The behavioral pattern of different children varies from one to another. The development of movements, confidence, love of activities are all the major attributes which may help to improve behavioral pattern. Several social observes have expressed the opinion that the confidence, behavioral pattern, emotions, interests, attitude, towards the physical activities, sports involvement are all influenced primarily by the family and specially by the parents from their childhood.

The achievement in sports is only the criteria to assess the excellence in sports. The achievement and excellence also based upon various exceptional dimensions in addition to regular aspects. The exceptional dimensions may be described as birth-order, social factor, behavioral factors, environmental factors etc. The study on these aspects are very much important to know the fact regarding the influence on

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sports performance. The performance in sports, in accordance with the birth-order is an interesting aspect, which could be emphasized on the effect of birth order with the sports performance.

In the present study, the main emphasis was laid on the issue related with the birth-order of female players at Inter-College level of Delhi University in some selected sports categorized under different heads. These main heads comprise with the distributions of major sports system. The effect of birth-order in these selected sports will be investigated. The findings of the studies and the results may be helpful in deciding the authentication with the actual relationship of sports performance of the players with the birth-order. As a whole, the birth-order certainly affects the performance of a sports person.

STATEMENT OF THE PROBLEM

The present study may be emphasized the impact of birth-order of female players in some selected sports in inter college level of Delhi University.

SIGNIFICANCE OF THE STUDY

The significance of the present study may be as follows :

- a) The present study may be helpful in prediction of the results of some selected sports performance with the birth-order.
- b) The birth-order may be considered as one of the important components for the selection of the player.
- c) The parents may be motivated for the participation in sports of their child, on the basis of the research findings in regard to birth-order.
- d) The interest in sports may be developed in a child in view of the birth-order.
- e) The birth-order may also motivate a child for the excellence in sports, on the basis of the research findings.

METHODOLOGY

The methodology adopted for the present study was based upon birth-order in some selected sports from Delhi University colleges. Even, in present days, it is a very common phenomenon about the birth-order of participating females in sports that the sequences of birth in a family may reflect to their abilities and outputs. The status of achievement in sports may reflect due to the order of her birth in a family. The opinion of different sports persons may also vary in relation to their birth-order in a family and participation/ achievement level in sports. I am choosing the main two selected sports categories are--- 1. Dual Game 2. Team Game

Out of the above mentioned two categories, these were divided into further four games and sports. Means, games/sports were considered in each selected two groups. The subjects were divided equally in each game and also in each group of game. Hence, total-subjects were selected from Delhi University those who participated at Inter-college level tournament. The subjects were selected as delimited to the women players only from the respective concern games/ sports.

As, the female sportspersons were selected for the present study, which included the further specification of sports groups i.e. a) Dual Games Group b) Team Games Group. Only those women players were selected who represented their colleges at Inter-college level tournament at least one time. Those women players were tried to contact to collect the information's and also the time available from their side for the purpose of collection of the data. The availability of the women players were tie-up in accordance with their convenience. For the purpose of collection of the data, a questionnaire was developed to fulfil the requirements of the present study. The questionnaire included total 20 questions to collect various information on different variables including their personal profile. The important instructions to fill-up the questionnaire were also mentioned to specify various important points which were necessary to know by the respondent.

On the basis of result of the study, various observations were seen. The status of birth-order sequence were presented in many ways, in respect to the different game situation. In the present study, the birth-order sequence was found from first birth-order to fifth birth-order in a family. The data were compiled in such a way that each game group was grouped under different birth-order sequence as well as comparative relation to the data. Each and every detail in respect to birth-order sequence and each variable separately including the use of percentage method. The relevant interpretations of data were discussed and the result of the study were considered on the basis of tabulation and percentage method.

Although, the present study was limited to the female players and some selected sports, even then the guidelines may be provided for the other sports and other categories of players. Keeping in view, the results

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of the study and observations that the study of similar nature may also be carried out to know the relationships that the study of similar nature may also be carried out to know the relationship at different sports categories in various sports and games. The studies may also be carried on different other variable and content.

CONCLUSION

On the basis of the result of the study and the limitations of the present study, the discussions and results may be concluded that the relationship between birth-order and sports which was formulated through the research authenticity within the limitations for the present study, following conclusions were drawn :

- 1)The birth-order sequence was found upto fifth sequence in all selected games i.e. Table-Tennis, Badminton, Softball and Cricket.
- 2)The results of the study and findings were emphasized that as a whole, the second sequence of birth-order were found dominating except in Badminton. Among all the birth sequence of each selected books for the present study.
- 3)Out of second birth-order sequence, Table-Tennis and Softball scored the 40%(10) in each game against the total number of selected subjects (out of 25)
- 4)In Cricket, second and third birth-order scored the highest number of subjects with 35% in each birth sequence.
- 5)The Badminton scored 36% in first birth-order sequence as the highest scoring among the first to five birth sequence.
- 6)The second highest birth-order sequence (09) were found in Table-Tennis and Badminton at first birth-order sequence

RECOMMENDATIONS

Based upon the conclusion drawn from the finding of the present study, some of the following recommendation may be drawn as under:

- 1)The investigation on birth-order and the selected variables of sports may be tested on other than these variables.
- 2)The similar studies may be conducted on male players also.
- 3)The similar nature of studies may also be conducted other than Delhi University or State, District or Division pattern.
- 4)The similar nature of studies may be conducted on various other games and sports.
- 5)The results of the study may be utilized for the prediction of sports probabilities.
- 6)The findings of the present study may be also motivate the players and their parents to take part actively in respective games and sports.
- 7)The similar studies may also be conducted in different geographical conditions and climates with the various other variables and games along with the same variables and games and sports.

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