



DETERMINATION AND DESTINY: A STUDY ON ANKITA'S STRUGGLE IN 'LIFE IS WHAT YOU MAKE IT'

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ABSTRACT

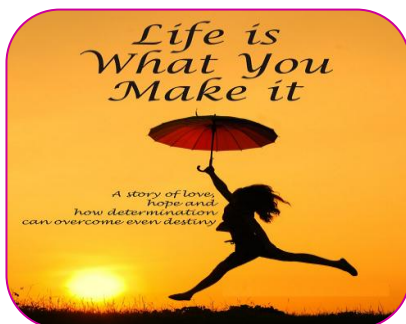
While discussing the result and concerns lining by cleaning charwoman in her journey towards her goal, the main vehemence is the 'determination towards goal' because it is of utmost importance. Like every human being, a woman has a 'cancel desire for the verbalism of her inborn knack and ability'; even a small babe shows his determination through his actions and movements. So, it is very important for a woman to have a strong determination to orbit her goal. It is quite encouraging that nowadays, the woman who has strong determination has much more opportunities and prospects for compassing their goal. Even though woman has opportunities to reaching their goal, there are phone number of home exit, social publication and health issues. The women who have dominating office can easily reach her goal but the centre division women have all the above mentioned problems that need strong determination to reach her goal. This paper examines the delineation of Ankita, Female Friend in the novel 'Spirit is what you make it' written by Preeti Shenoy. How a middle class women conflict for real number zing her object of life and in the course of her action what type of glitchesthat she face and how she is determined herself by never compromising to the situation is studied thematically with the view of real life situation.

KEY WORD: Determination, Opportunities, Protagonist, Responsibilities, Struggle.

INTRODUCTION

In India, adult female have to do all the folk chores, they have to Captain James Cook, clean the stallion house, clean utensil, washing clothes and they need to get ready their children for school etc. Work force has very few obligations that are to be dealt outside the house. So, adult female berms are heavily burden with the province of whole house. It was not a huge task for cleaning woman to hold all the household responsibilities as long as they were homemakers. These days to satisfy all the demand of the family it became mandatory for work force to earn some income for which they have to study all the more harder. Working women animation is really terrible to tether because they have to work from morning to eve in the office plus handgrip all the household chores that they generally handle as a homemaker. But there is no much modification in the spirit style of men. Considerable change has undergone in the life story of Indian women. Majority of women remain unaware of their legal right, such as right to work, equal treatment, holding and maintenance; even though they are self-employed person and educated, few educated women are utilising these rights. There are various components that influence the quality of life such as age of marriage, extent of literacy, theatrical role in the family and so on. In many families, women do not have vocalisation in anything while in several families; the women may have a dominating role.

The positive enthusiastic inclination authority includes protecting towards a troublesome object lens regardless of obstrucater. Before target fulfilment assurance happens and propels doings which



will accomplish one's objective. Assurance is considered as an intuitive notion by mortals, at the death of the daytime assurance is an emotional and experimental research yet not only an intellectual state. In the brain scientific discipline writing, analysts have contemplated assurance underneath different terms, which incorporate Venture and expectant excitement; this can likewise clarify one explanation behind the relative absence seizure of research on self-discipline contrasted with other fabulous feeling. In the playing field of brain science, negative feelings and the natural action propensities are intensely engaged by feeling research. Nonetheless, on-going oeuvre in positive brain research contains the find out about of commitment as a profitable feeling that thrust people towards movement and results in important results, for example, continuity and the improvement of ways of dealing with stress. Inspiration and cultism towards our aspiration is simply the hypothesis determination. It centers on the individual individuality and their encounters in social context which results in inspirations of the self-ruling and ascendance led sort. At last, social experimental condition appear to title a significant effect on each inherent and remote inspiration and self-steering. Extra particularly, self-assurance standard suggests that social partner degreed social parts have a control on a mortal's feeling of individual volition and body process with reference to objectives, in full general performance and prosperity. High phases of determination and private volition territory unit upheld with the help of conditions that encourage self-governance (e.g., individual has very one selection/decisions), competency in (e.g., top quality criticism) and connectedness

The general interpretation of fate has to do with naming the cease in the steering of which we circulate, closer to which we aspire, and towards which we enlist our physical, our intellectual and our non-secular energies. Destiny is related to lot, in which some force outdoor of the world or cleaning woman was so intense that someone became powerless and bewildered within the font of a hereafter that struck worry into the individual, for that fateful future become absolute. One could not relief valve circumstances. Something might occur. Across the nook future lurked, and the occasion truly might occur. It became that person's future. This exam explores Human circumstances in Lit as the journey. In our humanity we are all destined for the journey; the first, the centre and the end of our human life. Our destiny is to live without closure, without the final praise of our aim, our destiny. Lit engages escapade, and all of humanity participates in the escapade, the story of our beginnings, the tarradiddle of our qualifying ages, and the tale of our dreams and chronic struggle that pass towards a give up. The journey is our destiny. It is able to be a designated destiny, or it is able to be thrust upon us. Our destiny additionally defines us, offers us our recognition and mass. And our destiny additionally always encompasses more than one hypothesis for the human journey. In Medieval Literature, the translation of destiny is associated with fate, in which some force outdoor of the man or woman changed into so extreme point that the individual become powerless and bewildered within the face of a future that struck worry into the person, for that fateful destiny become absolute. One could not escape future. Something would display up. Across the niche future lurked, and the effect truly might arise. It turned into that character's future

The protagonist of the novel progressively begins feeling discouraged and furthermore stops to go to her college. In her nervousness ridden state, she passes restless evenings and in the most exceedingly terrible of her fits, she endeavours suicide twice. She is determined to have a psychological disease therapeutically named as Bipolar Disorder, a perspective which is symptomized by sensational state of mind shifts which diminishes between two stages to be specific the hyper stage where the distressed is overflowing with vitality and high spirits taken after by depressive stage which regularly comes full circle to self-destructive inclinations. Her weakening condition turns into a grave worry for her folks and they attempt to get her treated at any cost. She is admitted to the psychological healing facility and her sorrow, agony and tension knows no restriction once she is conceded there. Her life at this point appeared to slip out of her control as a result of the unfeeling plans of her fate. Be that as it may, she finds extensive help in the specialist who manages her case. She is thoughtfully told by the specialist that she is influenced by an extremely intriguing perspective that is especially basic with delicate and gifted identities. The epilogue toward the finish of the novel follows the life of Ankita eighteen years after the fact, and demonstrates her

to have earned six more degrees and still in mission for more information, cheerfully wedded and to have exceeded expectations in her ability of picture.

The novel depends on a genuine biography of a young lady who endured a psychological illness named Bipolar Disorder and how she combated it to resume to her typical life. Furthermore, the story additionally depicts the essentials of the qualities that are abundantly required for portraying one's own fate regardless of the changes that life achieves in its course. Shenoy depicts a character who has had the most ideal achievements alongside the most noticeably bad conceivable encounters, yet as opposed to kicking back and tolerating everything that predetermination brought to the table, this brave character through her determination and her urge opposes the shattering blows of life lastly develops as triumphant. The story features the conviction of the creator that despite the fact that life is as it has been appointed yet it is the capability of the person through which he can shape his own predetermination.

The protagonist, Ankita Sharma has all the conceivable achievements that a young lady in her twenties can dream of. Favoured with enamouring looks, keen and enchanting identity and gifted air, Ankita appears to have been given with all the conceivable endowments. Her life appears to bloom at its fullest. With huge amounts of companions and young men swooning over her, she appears to have the world at her feet. Inferable from her abilities and gifts, she is chosen to the school's office bearers gathering and furthermore speaks to her school alongside her group at a between university rivalry. She appears to have a total command over her life, her vocation and expert decisions and along these lines her predetermination. Unequivocally resolved to join a debut administration organization, she abandons her undergrad college which she saw as having constrained chances. At her new college too she exceeds expectations in her scholarly execution and becomes excessively focused and rising with colossal vitality. At the specific minute when her life was at its pinnacle, a surprising unforeseen development strike to turn everything upside down. As she has a place with a traditionalist family where even fellowship with young men isn't viewed as worthy with respect to young ladies, she has constantly disguised the letters of her most imperative companion and youth squash and furthermore the letters of a kid who endeavours to charm her from her folks. More terrible still, the last of these young men has really composed a letter in blood and has likewise dedicated suicide after she chose to abandon her undergrad school. The letters are found by them, and in an average response, they consume the letters before her, and she is additionally cautioned to overlook the entire occurrence. This serves to sling the U-turn of her life; she steadily begins feeling discouraged and furthermore stops to go to her school. In her nervousness ridden state, she passes restless evenings and in the most exceedingly bad of her fits, she endeavours suicide twice. She is determined to have a psychological illness medicinally named as Bipolar Disorder, a perspective which is symbolized by sensational state of mind shifts which wanes between two stages specifically the hyper stage where the beset is overflowing with vitality and high spirits taken after by depressive stage which frequently comes full circle to self-destructive inclinations. Her breaking down condition turns into a grave worry for her folks, and they attempt to get her treated at any cost. She is admitted to the psychological healing centre and her pain, despair and uneasiness knows no restriction once she is conceded there. Her life at this point appeared to slip out of her control in view of the pitiless plans of her predetermination. In any case, she finds impressive help in the specialist who manages her case. She is thoughtfully told by the specialist that she is influenced by an extremely fascinating perspective that is especially basic with delicate and gifted identities. The alleviating expressions of the specialist serve to calm her nervousness to a degree: Creativity is nearly connected with bipolar turmoil. This condition is interesting. Numerous celebrated chronicled figures and craftsmen have had this. However, they have had a full existence and contributed such a great amount to the public and world on the loose. Obviously, you have a blessing. Individuals with bipolar confusion are extremely delicate. They can encounter feelings in a profound and serious way. It gives them an altogether different point of view of the world. It isn't that they put some distance between the real worlds. In any case, the sentiments of extraordinary power are showed in making things. They empty their feelings into either composing or whatever field they have picked. The normal rounds of advising that she had with the specialist and his group alongside her taught way of life including perusing sessions, yoga and other open air

exercises collaborated with solution empowered her to recover her lost confidence and trust in her capacities.

She started taking a shot at her work of art abilities that she used to be great at beforehand. Over the span of a half year there at the organization, she likewise become friends with a few co-patients and built up a kind of bond with them in light of shared trust, support, empathy and comprehension. Inside a half year, she appeared to rise up out of her hopeless past in a totally changed way. The guiding and the warm help that she gets from the general population at the establishment assist her with redefining herself and to experience childhood regarding connections, convictions and qualities. Through everything that she experiences she discovers that life isn't to be taken as allowed however is to be appreciated as the most valuable ascribe presented to one. She experiences childhood in connection to her comprehension of qualities inalienable in making an existence genuinely worth living and furthermore in her capacity to grasp the excellence and appeal of life when it possesses large amounts of adoration, care and friendship of and for the friends and family. She comments that from the time onwards she could never put down affection from whichever source it comes, and attempt to be more thoughtful towards the sentiments and feelings of those at the giving end. She takes in the significance of sharing and tending to others. On the off chance that you don't snicker for multi day, on the off chance that you have not filled someone's heart with joy more joyful, in the event that you've not acknowledged something great that has happened to you and on the off chance that you have not felt grateful to be invigorated, at that point you have squandered that day of your life on earth.

The epilogue toward the end of the novel follows the life of Ankita eighteen years after the fact, and demonstrates her to have earned six more degrees and still in mission for more learning, cheerfully wedded and to have exceeded expectations in her ability of likeness. Through the horrible experience that Ankita experiences and the manner in which she battles everything loans an inspiration of approach with respect to the creator towards such a grave affliction. This inspiration fills in as an eye-opener to each one of the individuals who in attacks of disappointment or discouragement stoop to the deadly inclinations as suicide or accept plan of action to different techniques as medications and addictions of the like. The author has basically expressed that genuine takes after vastly different course than one has arranged it to. Despite the fact that the turns and turns of life must be acknowledged, the ability to cut out the most ideal out of it lays in the hands of the person.

Instead of being an essayist encased in one's own particular ivory tower, a cutting edge author like Shenoy attempts the intense undertaking of depicting reality as it is and delineating the genuine potential and capacity of a pragmatist character in the midst of apparently pragmatist conditions. Roused by the genuine Ankita, Shenoy depicts a character who has had the most ideal achievements alongside the most exceedingly awful conceivable encounters, however as opposed to kicking back and tolerating everything that fate brought to the table, this gutsy character through her determination and her urge opposes the shattering blows of life lastly rises as triumphant. The story features the conviction of the creator that despite the fact that life is as it has been appointed yet it is the capability of the person through which he can shape his own particular fate. The story firmly adulterates Hardy's idea of character is Destiny, demonstrating that an individual, bridled with all the considerable qualities as those of conviction, trust, love and expectation, is equipped for embellishment his own particular predetermination, consequently demonstrating that Character is fate. The noteworthiness of the basic life-qualities and connections of family and kinship in light of trust and love is underscored by the writer as she recommends that these are the specific stays on which an individual can depend in the seasons of pain. The story unobtrusively proposes that it is the nearness of these qualities that makes one's life really satisfying and fulfilling. The connections in light of these establishments make them regularly human and it is on these that the specific forces of the sustenance of life depend. The world is in fact a superior place where there is love, kinship, acknowledgment and expectation. Controlled by these, you can without a doubt defeat anything, including fate.

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