



MUSIC-THE MOTIVATIONAL LANGUAGE**Smt. Bhavya Rani T.****Research Scholar , Karnataka University, Dharwad.****ABSTRACT**

The term 'motivation' is the word derived from the word 'motive' which means needs, desires within the individuals. Thus it is the process of stimulating, influencing, attracting the individuals towards good will. The word 'Music' has gained the power of divinity right from its origin. If we look back to the pre-historic period's music has carried out in the religious ceremonies, rites and occupied the sacredness through chanting the hymns. The author Usha Sharma mentions "sacred sangit was created and practiced by Deities and celestial beings and handed down to the kings and mortals on earth"¹. Thus the pleasing nature of music makes the individuals motivated.



KEY WORLD : motivation , process of stimulating , religious ceremonies.

INTRODUCTION

Music is one of the most influential & motivational languages which attract the newly born infant, animated & unanimated objects. Thus we can see the effects of music in each & every aspects of human life, animals, plants and non living things. One of the interesting facts about the effects of music on nonliving thing in ancient mythology as mentioned by the author Dr.Manorma Sharma "Lord Hanuman is said to have melted rocks with the rendering of particular ragas"² likewise we come across so many examples . The author Dr.Narendra Kaur mentions "Music is a composition of melodic sounds which pleases human mind"³. The influence of the music starts with the crying baby which stops its crying listening to the song(jogula song) of its mother. The influence of music over the plants & animals is unbelievable as we see how the snake starts dancing listening to the pungji sound and it is scientifically proved that the growth of plants and the influence of music over the animals are highly tremendous. Thus when music has such an influence over unanimated objects it cannot be imagined over the animated objects. It is certain that music has given utmost pleasure and enjoyment to the human beings of the ancient and the present period.

Since music is the universal language which acts as guide and influenced on the life styles of the mankind. Music also provokes a man to realize his modes of leading the life. The presentation of various devotional forms such as vachanas, dasarapadas, bhavageetes etc which are deliberated through music not only attracts the listeners but also remains in the heart & mind of the listeners as well. As already mentioned music is the universal language brings together the people of various regions, castes, creed, community etc and imparts the feeling of brotherhood, co-operation and unity. The seven shuddha notes and five vikrit

¹ Pg no 1 Heritage Of Indian Music USHA SHARMA

² Pg no 21 MUSIC AESTHETICS Dr.Manorma Sharma

³ Pg no 1 Music for Life:Social & Psychological Objectives Dr.Narendra Kaur

notes in total twelve notes in classical music has its own emotions and the combination of various different notes emerges the different rasa which are presented through raga makes impact on both the artists & the listener. Few examples of particular raga & its rasa are raga yaman-shringara rasa, raga bhoop-gambira and raga toti-karuna etc. The complete dedication and determination to music helps one to attain the salvation. Some of the interesting facts during Akbar's period where the divine power of music was high lightened. The Hindustani classical music which is raga oriented clearly proves its divinity. As the presentation of ragas by Tansen in Akbars period astonishes the facts of its power such as the glow of the lights by Deepak raga and the fall of rain by malhar raga. Likewise we come across so many ragas which personifies various different emotions and in turn helps the listeners to immerse in the depthness of music. The author R.C Mehta mentions "another aspect of expressive form in music is motion, this motion seems to have a relationship to the otion of human feelings, tensions and releases triving and fulfillment"⁴.

Nowadays we can see even in medical field music has occupied the unique place where the operations were carried out by the listening to the music which takes the patients towards calmness and takes the blood pressure to normal conditions which is scientifically proved and termed it as the music therapy. The author Dr.Narendra Kaur states " Music is helpful for psychological, physical,mental & emotional disabilities"⁵. The music has the divine power of controlling certain facts in medical field. The diseases such as migrane, asthama & etc can be controlled & eradicated by listening to particular ragas. The author Dr.Manorma Sharma mentions "The regular functioning of the heart and lungs reinforces the sense of rhythm"⁶. Thus the healing power is inbuilt within music.



In one of the English news papers, I have read that the music betters child's mind and the playing an instrument had an impact on automatic process in the brainstem, the lower section of the brain which governs breathing, the heart beat and reaction to sounds. Thus it helps in governing the health and happiness together. The author in his book 'Music:Its Form,Function and Value mentions "the function of music is found to be purposive or motivated not only in classical period, but also in all times in all ages"⁷.



In one of the famous marati musical play 'katiyar khalajat ghusali'⁸, we can see how the hatredness clams down by listening to the music proves the effectiveness of music. Thus it proves that the music acts as a powerful medium which motivates people towards good will. We can notice that the listener who has no

⁴ Pg no 125 Studies In Musicology R.C.MEHTA

⁵ Pg no 33 Music for Life:Social & Psychological Objectives Dr.Narendra Kaur

⁶ Pg no 25 MUSIC AESTEHTICS Dr.Manorma Sharma

⁷ Pg no 84 Music: Its Form, Function and Value Swami Prajnanananda

⁸ Marati Musical Play Katiyar Khalajat Ghusali(1967) directed by Purushottam Darvhekar

knowledge in classical music also gets motivated by listening to it. The author swami pajnanananda mentions “music overcomes the externality of the extended matter and idealizes in into the individual unity of the point”⁹.By listening to the songs such as bhavageete, bhaktigeete he himself tries to recite them. This shows the motivational power of music.



Nowadays the advanced technology such as phones, i-pods and internet helps one to be in touch with music always. We can see listening music through head phones while travelling, working, reading etc helps one to carry out the things easier and smoother. Each & everyone shake their head if they listen to the good music which attracts their concentration towards it. Thus, music has the direct impact on the listener’s. Reading the poems & songs etc without music and singing them along music makes a lot of difference and directly motivates the listeners and they themselves unknowing shakes their head by listening to the songs and that shows the divine power of music. Since music have the capability of producing the various different emotions it easily motivates the listeners. The author Dr.Narendra Kaur mentions “A song without music cannot be so powerful in effect as it can b with music, a musical song can very easily induce the desired rasas & produce joy or sorrow”¹⁰.

Music is one of the precious gifts given by the Almighty through which one can forget their pains, sorrows and achieves the happiness in their life. As the author swami prajnanananda mentions “music is also connected with other branches of knowledge like science, physics, mathematics, philosophy, psychology, aesthetics,etc”¹¹.Thus, music is one of the utmost motivational languages which attracts & motivates quickly by its divinity and is the powerful medium which makes the human life stubborn.



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Smt. Bhavya Rani T.
Research Scholar , Karnataka University, Dharwad.

⁹ Pg no 128 Music:its form, function and value Swami Prajnanananda

¹⁰ Pg no 6 Music for Life:Social & Psychological Objectives Dr.Narendra Kaur

¹¹ Pg no 78 Music:its form, function and value Swami Prajnanananda