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"EFFECT OF SEX ON SELF – CONCEPT AND LOCUS OF CONTROL OF ADOLESCENTS"

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Abstract:

The Present research explores the effect of sex on self – concept and Locus of control of adolescents. The data is collected from students studying in four colleges of Islampur city. The sample consisted of 40 male and 40 Female students. The SCQ Test is used to assess self – concept of R.K. sarswat & LCS Test is used to assess Locus of control of Hussen & Joshi. The results indicate that Female students had better self – concept than male students. From this we get positive relationship between External locus of control and self – concept.

KEY WORDS:

Sex, self – concept, Locus of control Adolescents.

INTRODUCTION

Self – concept plays an important role in understanding human behavior. Many theorists of personality beginning with Adler, Jung, Erikson, Horney, assumed that an individual's sense of self was a crucial component of his or her character. When a person is asked to describe yourself, he will mention some physical characteristics, such as, "I am thin," "I am brilliant," and so on.

Self – concept is an organized collection of beliefs. About the self. It is a person's sense of identity, when we think of ourselves as sociable, outgoing, co – operative, strong, emotional. We are describing aspects of our self – concept.

Locus of control is the most essential factor to prepare the self – concept. Locus of control are two types:-

- 1) External Locus of control
- 2) Internal Locus of control

External is interested in the outer world of people & things. They are likely to be outgoing, talkative, friendly, relatively, inhibited to fond of activities. They contact with other people. They are dependent on own ability.

Internal is interested in the internal world of one's own thoughts, feelings & experiences. They were more likely to contemplative, aloof, reserved & focused on the self. They are very shy. They are driving from luck, chance or fate.

These two factors are important parts of personality development. Present Research would be more beneficial to prepare the self – concept and improve the personality of adolescents.

The stage of adolescence is regarded as one of the most important period in the entire human life. The word, "adolescence," comes from the Latin word "Adolescence", which means, "To grow" or "To mature" Adolescence is a period of transition, Where the individual changes physically & psychologically from a child to an adult. Period changes takes place in adolescence period. Its age boundaries are not exact but in our society. Adolescence begins at around age of 13 and ends at about age of 22. According to

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“Stanley Hall. “Adolescence is a period of storm & stress”. In this period various self – concepts develops rapidly.

The present study further intends to the effect of gender on the basis of self – concept and Locus of control.

OBJECTIVES:-

- 1) To examine gender differences of self – concepts.
- 2) To find out the effect of gender on Locus of control of adolescents.
- 3) To find out the effect of Loc on self – concept of adolescents.

HYPOTHESIS:-

- 1) Male and Female students would be significantly differ on self – concept.
- 2) Male and Female students would be significantly differ on Locus of control.
- 3) Positive relationship between Locus of control and self concept.
- 4) Negative relationship between Locus of control and self – concept.

METHODOLOGY:-

The present research focuses on comparison between male and female adolescents on their self – concept and Locus of control scores. The study was carried out in Islampur city. Random sample techniques were used to collect data. The age range is 15 to 21 years.

i) Sample: - Students of four colleges in Islampur city

Sr.No.	Name of the College	Gender		Total
		Male	Female	
1	K.B.P. College	20	10	30
2	K.R.P. College	00	10	10
3	M.V.P. Kanya College	00	10	10
4	Y.C. College	20	10	30
Total		40	40	80

ii) Tools:-

1) Self – concept test:-

Developed by (sarswat 19-----) scale has 48 items with 5 point scale.

2) Locus of control scale :-

Developed by Dr. Husnain and Dr. D.D. Joshi

This scale contains 36 items, with 3 point scale ranging from always to never.

This scale has 0.76 reliability and 0.76 validity. High score denotes internal Locus of control. While low score shows external locus of control.

iii) Statistical Treatment:-

Mean, SD and 't' test were adopted for analyzing the data.

Table No. 1
Gender wise mean comparison on self – concept

Gender	N	Mean	SD	't'	Level of significance
Male	40	164.20	4.155	2.65	0.05
female	40	165.34	4.237		

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Table No. 2
Gender wise mean comparison on locus of control

Gender	N	Mean	SD	't'	Level of significance
Male	40	35.12	11.72	5.34	0.01
female	40	45.76	13.46		

The statistical analysis of table no. -1 shows that there is significant difference between male and female self – concept scores. The mean of obtained values in male self concept scores is 164.20 and standard deviation 4.155. While in the female self concept scores is 165.34 and standard deviation 4.237, and 't' value for mean difference is 2.65 which is also significant at 0.05 level.

Result shows (Table No.-2) that mean scores of the male and female students 35.12 and 45.76 respectively. Standard deviation of male and female group for Locus of control score is 11.72 and 13.46 respectively, and 't' value for mean difference is 5.34, obtained 't' value 5.34 is significant at 0.01 level. These are significant gender difference in the score of adolescents Locus of control.

These result shows that Hypothesis No.1 is proved female students had better self – concept than male students.

Hypothesis No.2 is proved that more of the female students are having external Locus of control.

Hypothesis No.3 is proved that those female students having external locus of control. They have better self –concept than male students having internal locus of control.

Most of the college girls are talkative, friendly, relatively inhibited to fond of activities. They contact with other girls. They are dependent on own ability, and they brought of themselves as sociable, co-operative, strong, so they describe their self – concept. Hence positive relationship between external locus of control and self- control. So Hypothesis No.4 is rejected.

CONCUSSION:-

- 1) The female students score of self – concept is better than male student.
- 2) Self concept of female students having external LOC is better than male & female students having internal LOC.
- 3) There are positive relationships between self- concept and locus of control.

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