



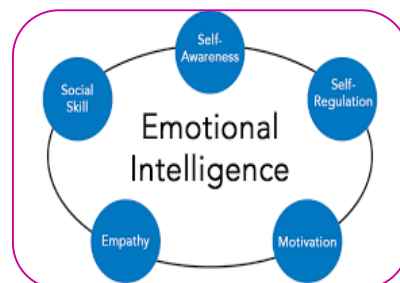
A STUDY ON EMOTIONAL INTELLIGENCE OF ADOLESCENT GIRLS STUDENTS

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ABSTRACT

The present study was an attempt to find out the emotional intelligence of adolescent girls students. A stratified sample of 300 adolescent girls students in Chennai was selected for the study. Data was analyzed by using *t*-test. Result showed that there is no significant difference in emotional intelligence of adolescent girls students based on age. Finding also revealed that there is no significant difference in emotional intelligence of adolescent girls students based on type of school.



KEYWORDS: Emotional Intelligence, Adolescent Girls Students.

INTRODUCTION

Striving for high aspirations among the younger generation should be developed by the family, educational institutions and the society at large. Emotional competence plays a significant role in this process for high achievement. Emotional competence is a learned ability grounded in emotional intelligence. Emotional competence enhances personal, relational and professional performances, and ultimately helps to attain an overall increase in the quality of life. The awareness of one's emotions contributes to the ability to discern others emotions, empathize with others emotional experience, adapt coping with aversive emotions, and further helps to realize the difference between inner emotional states and outward expression. This study opens the investigators view towards the need for the adolescent girls who have to face the new challenges in life.

OBJECTIVES

- To find out the level of emotional intelligence among adolescent girls students.
- To find out the significant difference in emotional intelligence of adolescent girls students with regard to age and type of school.

HYPOTHESES

1. There is no significant difference in emotional intelligence of adolescent girls students based on age.
2. There is no significant difference in emotional intelligence of adolescent girls students based on type of school.

Research Method & Sample

In the present study normative survey method was employed. A stratified random sample of 300 students was selected from Chennai.

Tool

- Emotional Intelligence Scale by Dr. K.D. Brooto (1989)

Data Analysis

Table-1 showing the Level of Emotional Intelligence of Adolescent Girls Students

	Level	N	Percentage (%)
Emotional Intelligence	Low	76	25.3
	Moderate	128	42.7
	High	96	32.0

Table-1 shows that 25.3% of the sample have low level of emotional intelligence, 42.7% of the sample falls under the moderate level of emotional intelligence, and 32% of the sample have high level of emotional intelligence.

Table 2: Emotional Intelligence of Adolescent Girls Students based on Age

	Age	N	Mean	SD	t-value	Remark
Emotional Intelligence	Up 15	133	45.22	5.559	0.766	Not Significant
	Above 16	167	44.70	6.012		

From Table-2, the t-value 0.766 is not significant at 0.05 level. It concluded that there is no significant difference in emotional intelligence of adolescent girls students in terms of age. Hence the hypothesis-1 is accepted.

Table 2: Emotional Intelligence of Adolescent Girls Students based on Type of School

	Type of School	N	Mean	SD	t-value	Remark
Emotional Intelligence	Girls	150	42.72	6.427	7.112	Significant @0.01 level
	Co-Education	150	47.14	4.078		

From Table-2, the t-value 7.112 is significant at 0.01 level. It shows that there is significant difference in emotional intelligence of adolescent girls students in terms of type of school. Co-Education school students have better emotional intelligence than the other girls. Hence the hypothesis-2 is rejected.

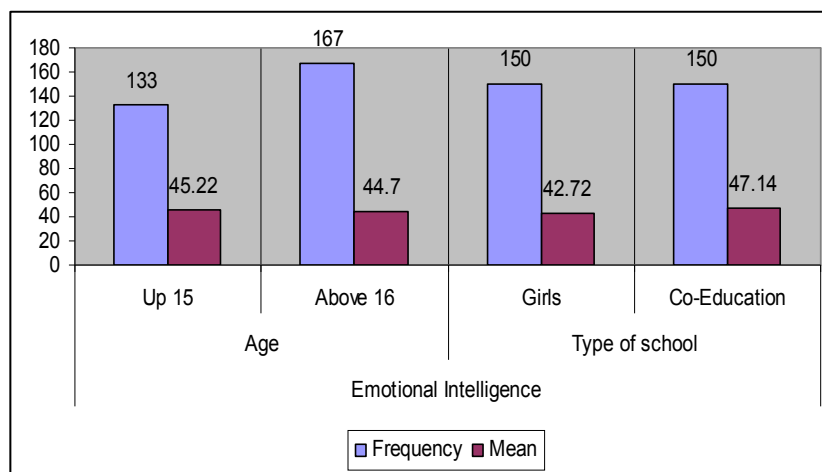


Figure-1 showing N and Mean for Emotional Intelligence of Adolescent Girls Students with reference to Type of School

MAJOR FINDINGS

- Adolescent girls students have moderate level of emotional intelligence.
- There is no significant difference in emotional intelligence of adolescent girls students with regard to age.
- There is significant difference in emotional intelligence of adolescent girls students with regard to type of school.

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