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## IMPULSE, LITERATURE AND PERSONALITY IMPROVEMENT

**Dr. Sanjiv Ingale**

Assistant Professor , Department of English ,  
Late C.M. Kadhi Kala Mahavidyalaya, Paratawada.

### ABSTRACT: -

**M**an's life without inspiration is like a stagnant water. Two kinds of inspirations work on human life. One is self- inspiration, other comes from external aspects. Self inspiration is everlasting, other is time being. Everyone can't be self- inspired from the surrounding. Those with awakened heart and mind and having organic sensibility alone can become the great epoch-making men because they are self-inspired. Lord Buddha, William Wordsworth, John Milton, John Keats, Dr. APJ Abdul Kalam etc. were the self-inspired stalwarts. Man's personality is multi-coloured having various hues. Improvement of the personality means the flourishing of man's inner qualities, virtues etc.

**KEYWORDS:** Impulse, Literature, Self inspiration, inner heart.

### INTRODUCTION :

Impossible is to obtain destination sans impulse for; to achieve desired object needs tremendous endeavours which can only be sprung from an impulse. It is not an exaggeration if it is said that human existence itself is depend upon the inspiration. Almost in every domain of life man needs inspiration. The impulse is of two kinds one which comes from within and other form external forces. Self-inspiration is eternal while other is time being . When the flame of internal inspiration illuminates, a meditating man is awakened. That is how Siddartha becomes Lord Buddha who preaches to be 'Atha Deep Bhav' (Be a light unto yourself) which directs man's search inwards to the potentiality hidden within himself. Because the impulsive inclination to do good is ingrained in human being.

The source of inspiration to awaken, lies within person in heart the need is to realise the impulsive light hidden in the inner heart. The inspiration in Buddha's religion (Dhamma) is very useful in the improvement of personality since it encourages an inner strength of man.



Some religious beliefs evoke fear. There is God fearing factor. The people often fear that death is coming and they don't know how to protect themselves. They need protector so they pray God to save themselves from dangers. Dhamma has nothing to do with fear. Dropping the fear makes one aware of his strength, potential the entire infinite cosmos. When one realises that he has nobody to protect, to guide, he himself starts going withinwards. He gathers all his inspiration within and attempts to flower in the scenario and this helps him to improve his personality. Because self-inspiration is permanent.

Other inspirations come from the outer forces like nature, own experiences etc. But these kind of

inspirations are time being. Nature inspires mankind for everything. Right from the birth to death nature has been the perpetual inspirer for human being. William Wordsworth has rightly said in this regard in *The Tables Turned*:

"One impulse from a vernal wood  
May teach you more of man  
Of moral, evil and of good  
Then all the sages can."<sup>1</sup>

But noteworthy thing is that there are so many people in the world but very few are inspired by external sources and forces why? The reason is that to be inspired, self-inspiration is needed. John Milton in his celebrated sonnet, 'On His Blindness' condemns God in first octave, complaining for his own blindness but in the next sestet he is self-inspired where he praises Him for at least not depriving him of his other organs. God could have taken away his breath from his body but he didn't. The innate quality has made him realise the fact and he is self-inspired to think positively. There so many people who watch old man and dead body but not every person is moved or inspired. It is Siddharth who for the first time in life watched the old man and dead body and was self-inspired to such an extent that Siddharth was converted into Lord Buddha.

Several people look at the Daffodils but it is William Wordsworth who muses on it and a beautiful poem is delivered. The Daffodils are not just some yellow flowers for him, he has love and praise for them. He catches their movement as 'fluttering and dancing' they appear as 'the twinkling stars' to him. The beauty of the daffodils enthral him and he begins to dance with them. He finds the joy and happiness of life in the bunch of daffodils. Whenever he is in a dejected mood, he flashes the sight of daffodils in his mind and his self-impulsive heart fills with joy, happiness and spirit and he finds his heart dancing with the daffodils.

"For oft, when my couch I lie  
In vacant or in pensive mood,  
They flash upon that inward eye  
Which is the bliss of solitude;  
And then my heart with pleasure fills,  
And dances with the daffodils."<sup>2</sup>

With his innate quality he seeks from flowers an evidence of divine or universal powers; to him they are the invisible strength of the universe. Same is the story of John Keats with the Nightingale. With his receptive power he is self-inspired and spell-bound. The song of the Nightgale is the music of permanence for him. It is the self-inspiration with which man can experience the ecstatic pleasure from nature. According to Wordsworth: "A poet is a man endued with more lively sensibility more enthusiasm and tenderness, who has a greater knowledge of human nature, and a more comprehensive soul, than are supposed to be common among mankind; and man pleased with his own passions and volitions, and who rejoices more than other men in the spirit of life that is within him."<sup>3</sup>

The man becomes confident when he is self-inspired. The confident man believes in, 'Yes, I can do it', he receives strength, vigour from his self-inspiration, self-motivation because inspiration means the process of being mentally stimulated to do or feel something creative. All the great people are self-inspired, self-motivated and confident. They believe that fate can be changed with unchanging will. Once a thief comes to Nagarjun, one of Buddha's disciples. He asks Nagarjun that he wants to be his follower and told him that when he approached different ascetics they asked him to leave his theft first which was impossible for him. On hearing his story, Nagarjun says that he will make him his disciple and he doesn't have to leave his job but advised him that whenever he makes a theft he will do it with awaken mind. The thief goes on his business and one day he robs more than ever before. But when he starts to come out of the house where he has done his theft he realises the truth his sense of right and wrong is activated and he is inspired to discard the theft forever and becomes the

disciple of Nagarjun. Here the point is that there are many thieves but every thief can't do what the thief in the story has done.

The personality is the fruit of inspiration. It is multi-dimensional. Personality doesn't mean only the outward appearance, physic and their development. In fact, personality means man's inner good qualities and flowering of them is the real improvement of personality and it is possible surely by self-inspiration.

In the childhood days of Dr. A.P.J. Abdul Kalam, Mr. Iyer, his teacher was teaching the students about the flight of the birds. With the help of the diagram of flying birds he explained how the flight of the birds happened to be in formation of ten, twenty or thirty. Many students along with Kalam didn't understand. Knowing the response of the students, the teacher took them to the seashore where they could actually see the flying birds. The teacher pointed them out saying where was the engine of the bird and how was it powered. And taught them that 'Birds are powered by their own lives and the motivation of what they want'. Then Kalam says: "For me, it was not merely an understanding of how a bird flies. The bird's flight entered into me and created a special feeling within. From the evening onwards, I decided that my future studies had to be in flight systems." There were many students in the class who witnessed the same event but it was Dr Kalam who was sensitized and completed his aeronautical engineering because of his innate quality, receptive power which culminated in his self-inspiration, self-motivation and he became the towering personality in the world.

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**Dr. Sanjiv Ingale**

Assistant Professor , Department of English , Late C.M. Kadhi Kala Mahavidyalaya,  
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