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Jahnavi Das Lec

A SURVEY ON FACILITIES OF CO-CURRICULAR ACTIVITIES AVAILABLE IN DIFFERENT HIGH & HIGHER SECONDARY SCHOOLS OF NAGAON TOWN, ASSAM



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#### ABSTRACT

Education is a life long process. Modern education is child – centric and life centric. The subjects taught is the classroom are not sufficient for all round development of personality. So the formal education of School must be supplemented by extra –curricular activities like games and sports, debate, excursion, social service, cultural activities, dramaties, social functions etc. Today these activities are called co-curricular activities. Modern education has accepted these activities as an integral part of education. Co-curricular activities have great education value.

KEYWORDS: Co-curricular activities, Different facilities.

#### INTRODUCTIO

Ancient school education was based on bookish knowledge . Mental or intellectual development was regarded as the main aim at that time . So , only the theoretical knowledge was imparted in the curriculam of ancient education. The main aim of modern education is to make children ready for harmonious and all round development of personality .Modern education is child centric. Generally along with curriculum , those factors are called co- curriculur activities which can help in the physical , mental , moral , social , aesthetic , spiritual and emotional development of an individual . The New Education policy (1986) lays special emphasis on the need of co-curricular activities .Productive and creative activities help in the harmonious development of 4H's-Head , Heart , Hand and Health . These activities provide for the expression of the child's manifold talents .In fact , co-

curricular activities are the most useful and integral part of curriculum programme.

#### **SIGNIFICANCE OF THE STUDY:**

Secondary stage of education is the most significant part of formal education. It is the link between elementary and higher education. The secondary stage of education covers the adolescent period of life. All psychologists and Educationists are of the opinion that instints of adolescents should be properly trained and guided as this period brings about the maximum bodily development . So , cocurricular activities are very much essential for a child. The Indian Education Commission of 1964-66 has strussed, "We conceive of the school curriculum as the totality of learning experiences that the school provides for the pupils through all the manifold activities in the school or outside that are carried on under its supervision ". The Remarks of the Secondary commission in respect of the co-curricular activities is worth noting, "The school is not merely a place of formal learning whose main concern is to communicate a certain prescribed quantum of knowledge but rather as a living and organic community which is primarily interested in training its pupils in what we have called the` gracious art of leaving', knowledge of learning are undoubtedly of value but they must be acquired as a by-product of interested activity because it is only then that they can became a vital part of student's mind and personality and influence his behavior . But the Art of living is must more comprehensive concept than the acquisition of knowledge, however, intelligently planned. It includes training in the habit and graces of school life and the capacity for co-operative group work. It calls for patience, good temper, sincerity, fellow feeling and discipline These activities can only be cultivated in the context of the social life and the many co-curricular activities must find a recognized place in any school." The Co-curricular activities play an important role in smooth functioning of a school. Co-Curricular activities form a vital link in the total pattern of blended educational experiences. These experiences comprise experiences inside as well as outside the classroom, curricular as well as co-curricular, to cover all facts of growth pattern and ensure balanced development of the child and good citizenship for the country.

#### **STATEMENT OF THE PROBLEM :**

The present study is entitled "A survey on facilities of co-curricular activities available in different high and higher secondary school s of Nagaon Town, Assam."

#### **OBJECTIVES OF THE STUDY:**

To know how much the facilities of co-curricular activities are available in the surveyed schools. To know what type of physical activities are provided in schools. To know what type of activities are arranged in each school for citizenship training. To know how many students participate in the beautification of school campus. To know how many physica instructors are available in each school for needful co-curricular activities.

#### **SAMPLE:**

For the present study the investigator has randomly selected .High and Higher secondary Schools of Nagaon Town. The study is restricted to different High and Higher Secondary Schools of Nagaon Town area, Assam, taking it as the representative of schools of other similar areas of the district or the state.



#### **TOOLS USED :**

For the proposed study, the investigator may use different tools asa) Required performa b) Questionnaire c) Observation d) Interview e) Opinionnaire.

#### **DESIGN OF THE STUDY :**

In the present study, the sample Servey method can be applied, because it will help us to know the existing facilities of co-curriculum activities provided by the concerned authorities.

#### **ANALYSIS OF THE DATA :**

Data of the present study are analyzed under the following table (in relation to the objective of the study).

SI No	Name of the School	Footba II	Volely ball	Criket	Basket Ball	Hockey	Athletics	Cyclin g	N.C.C.	Girls Guide	Swimmi ng	Mass Parade	Rowing Club	O th er s	Rem arks
1	Haibargaon High School	~	~	~	х	x	~	Х	$\checkmark$	Х	Х	~	х		
2	Haibargaon Girls' High School	х	х	х	~	х	~	х	Х	~	X	$\checkmark$	x		
3	Govt. Boys' H.S. school	~	~	~	Х	~	~	Х	$\checkmark$	Х	Х	~	х		
4	Om Prakash Jajodia Hindi high School	х	x	х	х	х	~	х	х	~	х	V	x		
5	Motiram Bora H.S. Balika Vidyapith	~	~	√	~	х	~	~	х	~	х	х	x		
6	Nowgong Mission High School	х	х	х	~	х	~	х	х	х	х	~	x		
	Total	3	3	3	3	1	6	1	2	3	0	5	0		
	Percentage	50%	50%	50%	50%	16.66 %	100%	16.6 6%	33.33%	50%	0%	83.33 %	0%		

## TABLE 1.1PHYSICAL ACTIVITIES (OUTDOOR) OF THE SURVEYED SCHOOLS OF NAGAON TOWN ,2015

Table 1.1 reveals that almost all surveyed schools are able organize various types of physical (outdoor) activities.

#### THE PERCENTAGE OF EACH TYPE OF ACTIVITIES UNDER THIS CATEGORY AS FOLLOWS --

a)Football --- -50%, b)Volleyball ----- 50%, c) Cricket ----50%, d) Basket ball--- 50% e) Hockey ----16.66%, f) Athletics--- 100%, g) Cycling-- 16.66%, h) N.C.C. -- 33.33%, f) Girl's Guide-- 50%, g)

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swimming---- 0% h) Mass Parade-- 83.33% g) Rowing Club -- 0%

SI No	Name of the School	P.T Drill	Kabadi	Badminton	Carrom	Cheer	Ludo	Table Tenish	Other	Remarks
1	Haibargaon High School	~	√ 	~	~	~	√	х		
2	Haibargaon Girls' High School	~	<b>~</b>	~	~	~	~	x		
3	Govt. Boys' H.S. school	х	x	~	~	~	~	х		
4	Om Prakash Jajodia Hindi high School	х	~	~	~	~	~	х		
5	Motiram Bora H.S. Balika Vidyapith	1	~	~	~	~	✓	х		
6	Nowgoong Mission High School	~	~	~	~	~	~	~		
	Total	4	5	6	6	6	6	1		
	Percentage	66.66%	83.33%	100%	100%	100%	100%	16.66%		

TABLE : 1.2PHYSICAL ACTIVITIES (INDOOR) OF THE SURVEYED SCHOOLS OF NAGAON TOWN 2015.

The percentage of each type of activities under this category as P.T. Drill – 66.66% , Kabadi-83.33% , Badminton-100% , Carrom – 100% , Ludu – 100% , Table Tennis – 16.66% .

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Sl. No	Name of the School	Student's Council	Mock Parliament	Co- operative Store	Visit to a place importance	Others	Remarks
1 Haibargaon High School			x	х			
2 Haibargaon Girls' School			x	x			
3	Govt. Boys' H.S. School, Nagaon			x			
4	Motiram Bora H.S. Balika Vidyapith		x	x			
5	OmPrakash jajidia Girls Hindi High School		x	x	x		
6	Nowgong Mission High School	х	x	x			
Tota	al	5	1	0	5		
Per	centage	83.33%	16.66%	0%	83.33%		

## TABLE – 1.3CITIZENSHIPTRAINING ACTIVITIES OF THE SURVEYED SCHOOLS IN NAGAON TOWN ,

The 1.3 reveals that citizenship training activities are not organized properly by many schools . Only a small number of schools provide this facility . Citizenship training at secondary school level is very essential .

## THE PERCENTAGE OF EACH TYPE OF ACTIVITY UNDER CITIZENSHIP TRAINING ACTIVITIES CATEGORY AS FOLLOWS :-

a) Student's Council – 83.33% b) Mock Parliament – 16.66% c) Co-operative Store – 0% Visit to a place of importance – 83.33% From this study it becomes clear that none of the surveyed schools encouraged for co-operative store.

#### MAJOR FINDINGS OF THE STUDY:

1) The study indicates that almost all the schools are able organize to some extent outdoor type physical

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activities.

2)The study reveals that none of the surveyed schools organized Swimming activity and rowing club.3)The study reveals that only that 83.33% of the surveyed schools formed students council as a part of citizenship training activities.

4)The study reveals that only 16.66% of the surveyed school organized mock Parliament as a part of citizenship training activities.

5) The study reveals that 83.33% of the surveyed schools organized visit to a place of importance.

6) From this study it is clear that none of the surveyed schools encouraged for co-operative store.

7)More than 80% respondents of the opinionnaire agreed that "co-curricular activities are helpful for all round development of personality". It helps to develop the sense of social service in the mind of student.

8)Most of the respondents opined that co-curricular activities are helpful for the development of civic virtues among children. It helps to develop leadership qualities also.

9)65% of the respondents agreed that trained teachers, physical instructors for games & spots were not available in surveyed schools.

#### **EDUCATIONAL IMPLICATION :-**

1)The success of co-curricular activities depend upon the total facility, infrastructure for any kind of activity. So the school administration should keep an eye on keeping all the necessary equipment needed for various types of activities in the school. The activities should get its proper place and duration in the school time table. Every saturday may be used for different co-curricular activities. The necessary equipments should be proportionate to the students. Rewards and incentives should be given to those student who show better performance in co-curricular activities.

2)The heads of the institutions are the main executive authority of all the activities , hence their advice , guidance , encouragement and readiness will determine the progress of co-curricular activities . In fact, the Principal / Headmaster should have positive attitude towards co-curricular activities.

3)Wide participation and recognition can be assured by arranging to participat in different competitions outside their schools.

#### **CONCLUSION:**

The subjective curriculum as well as broad syllabus does not permit the students and teachers to give emphasis on curricular activities. Co- curriculur activities are still to get scientific place in the time table of the school. In short, the study reveals that the head of the institution, the teacher and parents / guardians are open- minded encourage the cocurriculur activities. The constraints whatever may be, if a congenial atmosphere for co-curriculur activities is created, nobody can keep the students away from participating in different co-curriculur activities of their choice . If they are encouraged properly, it is sure they will show better performance.

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