

REVIEW OF RESEARCH



IMPACT FACTOR : 5.7631(UIF)

UGC APPROVED JOURNAL NO. 48514

VOLUME - 8 | ISSUE - 5 | FEBRUARY - 2019

WILD AND SEMI WILD ANGIOSPERMIC AQUATIC FLORA OF MITHILA REGION (DARBHANGA)

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ABSTRACT :

This paper put light on the aquatic and wetland angiospermic plants of Darbhanga (Mithila), North Bihar with their ethno botanical impotence. The other aspect that to make people aware of potentialities of employability of the natives by enhancing the productivity of these plants. Aquatic plants hold several economic values and ecological significance (sculthrope 1971, NAS, 1976) Seshavathoram(1990) In fact aquatic plants constitute a free crop of great potential value. A highly productive crop that requires no tillage, fertilizer, seed



ISSN: 2249-894X

or cultivation potential animal feed, human food soil addilives, fuel production and waste water treatment (NAS 1976) These have immense medicinal value and also play a key role in determining the structure and function of ecosystems. Submerged aquatic plants supply oxygen to water as a result its suitable for pisiculture (sambamurty 2005) These wetland provide livelihoods for millions of people who live within around them.

KEYWORDS : crop, fertilizer, seed, livelihoods, wetland.

INTRODUCTION :

Darbhanga district is a important region of north Bihar known for its fine network of rivers emanating from the Himalayas and also for large numbers of other natural and manmade water bodies Thousand of ponds, tanks, *chaurs* and *moin* constitute the lifeline of the area by saving as the source of irrigation and pisiculture wetland in this region are repository of aquatic biodiversity and provide a basics sustainable livelihood to associated populace. Darbhanga is famous for its ponds (Tal) fishes varieties (*machh*) and makhan (euryle farox) Darbhanga characterized by thick alluvial soil, good rainfall, high humidity, ample sunshine and many perennial water sources, monsoonal rains ponds ditches, road side canals, paddy fields temporary water depression, present investigation was formulated to study aquatic and wetland angiospermic plants of Darbhanga district and to document this different ethobotinical properties prevalent among local people

MATERIALS AND METHOD:-

Detailed investigation made on the utilization of aquatic and wetland plants sources basic of food, fodder, folk medicine, rituals and cultural practices, fence, flood fighting, fishoues practices, handicraft materials, components of mixed cropping (garma dhan {Paddy with Makhana}.

According to survey report August (2011-2014) total number of ponds in Darbhanga district are 225. Present study is based on 23 ponds: These ponds are of perennial water body, water body of subjected to human interference, waterbodies reciving all types of domastic sewage and seasonal water bodies. Some wetlands, marshes.

- 1. **Pernnial water bodies**:- Example Ganga sagar, Harahi pokhar, mirjagalib khan talab, Diggi pokhar etc. shyma maa temple campus.
- 2. Seasonal water bodies:- some ponds in saramohanpur area, shyma maa temple area, rajkumar gangh area donar gumti area, Sanskrit university campus.
- 3. Water body subject to human interfence:- Benipur, ashapur area, subhankarpur area.
- 4. Waterbody reciving all types of domastic sewage:-Ganga sagar, opposite smriti aryoge sansthan, DMCH area etc besides the railways tracks diches were also observed. These pondswere visited every month from January 2019 upto January 2020. The plants were collected from different strata level. Herbaria were prepared local people and local hakims and vaids were consulted for preliminary identification of plants. Identification was made with the help of M.U., Botany dept., Bodhgaya, P.G. Dept. of L.N.M.U. Darbhanga and Heins flora Botany of Bihar and Orissa. Common name Botonical name, season of occurance, properties with special properties if any were recorded. Besides it their parts which are used for different purpose were recorded. These plants are, free floating, noeted floating, rooted submerged, rooted emergent freely submerged and wetlands plants.

RESULTS AND DISCUSSION

The result revealed that recorded plants species were under use by the local in habitants for food, fodder mat and basket weaving, thatching materials sure various diseases. The ethnobotinal survey of aquatic angiosperms of Darbhanga region shall provide further intermotion on ecobiotechnological applications of economically important species. In Darbhanga region most of the ponds experience a considerable rise during the month of August to November and a notable recission during January to June. This shows a direct bearing on growth and activites of the plants species which thrive, during the September to December. Both monocots and dicots species were collected and studied. Total species were collected 36 in no. belongs to 24. Family belonging both monocots and dicots. These plants are of different aquatic habitate some were submerged, semi submerged free floating etc. these angiospermic plants maintain aquatic balance of aquatic ecosystem. Submerged plants produce dissolve O_2 at littaral zone while this provide environment for pisciculture. The check list of collected aquatic wetland angiosperms are placed as follows.

1:- Alternanthera sessils (Dicots) Emergent anchored hydrophyte Local name- malencho, Garundi Family- Amaranthaceae Uses- Skin disease, Acne, Asthma 2:- Acorus calamus (Monocots) Local name- Bach Uses- Rhizome livelihood family – Acoraceae purposes 3:-Asteracentha longifolia (Docots) Local name- Talmakhana Family- Acanthaceae. Uses- Leaves livelihood purposes used as Blood purifire Rich sources of iron. 4:- Aeschynomena sp.(Dicots) Emergent anchored Local name- Korhila, wood. Family- fabaceae. Uses-stem livelihood purposes making handicraft, seed are used in pox. 5:- Cyperus esculentus (major weed of paddy area) (Monocots) wetland.

Local name- chichorh Family-cyperaceae. Uses- subterranean tuber used in as subsidiary food upper plant are used as biomass fuel. 6:- cyperus rotandus (Monocots) weed wetland. Local name- moth ghass Family- cyperaceae Uses-clumus livelihood purposes as fine mats making according to gupta elal (2018) used as medicine for stomach ace. 7:- ceratophyllum demersum (Monocots) Submerged free floationg Local name- Jhanjhi Family- ceratophyllaceae Uses- used as a protective cover of fresh laid pawn and young fish fry ornamental use in aquarium. 8:- Commelina benghalensis (Monocots) wetland hydrophyte. Local name- spiderwort, kanshira Family- Commelinaceae Uses- leaves are used in dye, and treat diarrhoea, plants also used in women infertility. 9:- Eichhornia crassipes (Monocots) free floating Local name- jal kumbhi Family- Pontederiaceae Uses- leaves are used as manure and fodder plants acts as fish chaching divice locally named as Jhanga while plant also absorbed heavey metels desolved pond. 10:- Euryle ferox (Dicots) Floating leaved anchored Local name- makhana Family- Nymphaceae Uses- seeds are eaten raw. used in medicine. One of the traditional food stuff of Darbhanga very high nutrative value. 11:- Euphorbia hirta (Dicots) Wetland Local name- Asthma plant. Family- Euphorbiaceae Uses- Respiratory disorder 12:- Eclipta alba Hassk (Dicots) Wetland Local name- false daisy, bhringraj, Bhangraeyai Family- Asteraceae Uses- Ayurvedic medicine for being liver tonic, beneficial effects on diabetes, eye health and used in hair tonic. Oil is made, Local hair dye is made. 13:- Hydrilla verticillata (Monocots) Submerged anchored hydrophyte Local name- kureli Family- Hydrocharitaceae Uses- whole plant are used in referring the sugar, used as a O₂ source in pond ecosystem while also used in lab to show photosynthesis experiments. 14:- Hydrolea zeylanica (Dicots) emerged anchored Local name- kars chara Family- Hydrophyllaceae Uses- used as fodder for animal. Plant have antiseptic properties used in ulcers. 15:- Heliotropium indicum (Monocots) Wetland Local name- Naga danti Family- Boraginaceae (forget-me-not) Uses- leaves used in soothe the pain of conjunctivitis flowers are used to control menstrual blood loss, skin ulcers.

16:- Ipomoea carnea (Dicots) wetlands Local name- palit, besharam Family- convolvulaceae Uses- leaves as a fodder, plants as fences stem after drying used as fuel, used in production of biogas and lignin present in the stem present used in making of paper. 17:- Ipomoea aquatic (Dicots) Floating shoots anchored Local name- kalmilata, kalmisaag Family- convolvulaceae Uses- leaves are used in vegetable ritual value plant during house warming use in pisciculture when stems are dried used as fuel. Flood fighter. 18:- Jussiaea repens (Dicots) wetlands local name- marshy jasmine, pani khutora family- Onagraceae uses- Medicine 19:- Lemna minor (Monocots) Free floating Local name- Duckweed Family- Lemnaceae Uses- animal fodder, bioremediator for waste water nutrient recovery. 20:- Monochoria vaginalis (Monocots) Local name- sarkachu Family- ponte deriaceae Uses- leaves and roots are used in local medicines. 21:- Nymphoides indicum (Doctos) floating leaved anchored Local name- panchuli Uses- plants are used as a substitute for chiretta in fever and jaundice. Blood purifier. 22:- Nouchalli Burm (Dicots) Floating leaved anchored Local name- shapla Family- Nymphaceaceae Uses- The rhizome and pedicels are eaten raw. The puffed seeds are eaten, powder rhizome in piles, dysentery and dyspepsia. 23:-Nymphaea stellata (Dicots) floating leaved archored Local name- bhet Uses- whole plant, ornamental purpose uses in vegetables 24:- Nelumbo nucifera (Dicots) Floating leaved anchored Local name- kamal, Indian lotus padma Family-Nymphaceae Uses- symbol of eternity religious purpose cardiactonic Rhizomes are used in piles seeds (Kamalgatta) as energy food. 25:- Oxalis corniculata (Monocots) Submerged Local name- Amrul family- Oxalidaceae Uses- fresh leaves are used to improve the appetite and digestion of dyspeptite patients. Used in boils. 26:- Ottelia alismoides (Monocots) Submerged anchored hydrophyte. local name- duck lettuce family-Hydrocharitaceae uses- Peliolis and tender leaves are used as vegetables. Agroforestry uses to improve the water quality. 27:- Polygonum glabrum- wild (Dicots) emergent anchored Local name- knotweed, rakta-rohidaa Family- Polygonaceae

Uses- plant juice and root stock- used in pneumonia jaundice, purifier. 28:- Pistia stratiotes (Monocots) free floating Local name- kachuli (monoiceous) Family- Araceae Uses- fish fodder 29:- Potamogeton crispus (Monocots) Submerged Local name- unknown Family- potamogetonaceae (pond weed) Uses- food for aquatic birds and mammals and as an oxygenator of water. 30:- Phyllanthus niruri (Dictos) wetland local name- pani chitki family- Phyllanthaceae uses- fruits are useful in inflammation. 31:- Ranunculus sceleratus (Dicots) wetlands Local name- Jal dhania Family- Ranunculaceae (dicot) Uses- whole plant local medicine use. 32:- Scirpus articulatus (Monocots) wetlands Local name- patpati, khobi Family- cyperaceae Uses- plant is a good oxygenator. Pops of seeds are used in making sweets (Lai) and used in fasting days. Green used as fodder 33:- Sesbania rostrata (Dicots) wetland Local name- manger Family- fabaceae Uses- seed, leaves, stem, subsidiary food, fuel, and fodder, shelter for birds and also as a flood fighter. Semi aquatic leguminous tree form symbiotic relationship with gram negative rhizohia and fix nitrogen. Used as green manure. 34:- Typha Sp.(Monocot) wetland Local name- Pater Family- Typhaceae (monocot) Uses-leaves – mat making 35:- Trapa natans Var. bispinosa (Roxb.) (Dicots) free floating Local name- singhara/water chestnut Family- Trapaceae Uses- fruit used in food, eaten raw or boiled make dry powdered used as 'upwas' stuff. rich incalcium 36:- Vetiveria Zizanioides(Monocot) wetland Local name- khus, katara Family- Poaceae Uses- root, leaves, inflorencence stalk, aromatic plant, soil binder, "sikki" handicraft use cooling agent, tonic and blood purifier. 37:- Wolffia arrhiza (Monocot) Free floating Local name- Bindupana Family- Lemnaceae Uses- used in pisciculture

There is a need to devise methods for better utilization of aqua phytis in north bihar (Darbhanga) to meet the demands of leafy green as source of micro nutrients, drugs source of material for production of paper handicraft, fodder, flood fighting pisciculture materials. Information of multiple use of aquatic

macrophytes indicate wealth of ethnobotanical information of local people. The plants were collected by local people of the area from natural environments, particularly from ponds, surrounding village, field crops, river bank and canals as means of livelihood and source of income. Majority of the aquatic plants are wild or semi-wild. Some plants are also considered as suitable reducing pollution and thus purifying water. Some plants provide seasonal or annual occupation to local inhabitats.

It is a matter of concern that land use pattern in Darbhanga division is changing fast. Water bodies are the soft target of that change. Aquatic species are at higher risk. It is also important to note that most of the traditional uses of aquatic plants are novel and they need both popularization and preservation.

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