



INFLUENCE OF SOCIO ECONOMIC STATUS ON SELF CONFIDENCE AMONG BASKETBALL PLAYERS

Mr. Anand Sidramappa

Lecturer , Sri.B.Shyam Sundar Memorial College of Physical Education ,
Near Budha Vihar Kalaburagi Karnataka.

ABSTRACT :

The socio economic status has the maximum influence on the self confidence among the basketball players as well as common students of the kalayan Karnataka region, the research investigator interested to find out the influence of social and economic status on the self confidence factor among the sample of the present research study.

The present research study focused on the influence of the socio economic status on the Self confidence of the Basketball players, the investigator tried to find out the influence of factors of socio economic status like, social, educational, income, property, family, etc, on the Self confidence of the sample of the study.

The major objectives of the study measure the socio economic status of the basketball players of Kalaburagi district Karnataka, through the standard testing tool of SES scale. To measure the influence of the socio economic status on the Self confidence of the basketball players. To compare the Self confidence among high and low socio economic status sample groups, the investigator tried to find out the significance difference in the Self confidence due to difference in socio economic status among the basketball players of the study.

*The research study hypothesis stated that there would be significance influence of the socio economic status on the Self confidence among basketball players, there would be significance difference in Self confidence level among high and low socio economic status basketball players and there would be influence of social and economic conditions on the self confidence factor among the basketball players. The sample of the study consisted fifty high status and fifty low socio economic status male basketball players selected from Gulbarga university Kalaburagi, after testing through the standard socio economic status scale. The Socio-Economic Status Scale (SESS): the scale is prepared by the Lochan Bharathdwaj through the scale the researcher measured the socio economic status of the sample and the sportsman **Self confidence scale prepared by Basavanna .M (1975).***

The statistical techniques like mean standard deviation and t tests were used for calculations of the research data and find out the research results.

KEYWORDS : Socio economic status, Self confidence.



INTRODUCTION :

Financial status (SES) is a monetary and sociological consolidated absolute proportion of an individual's work understanding and of a person's or family's financial and social situation according to other people, in view of pay, instruction, and occupation. While breaking down a family's SES, the family salary, workers' instruction, and occupation are analyzed, just as consolidated pay, versus with a person, when their own characteristics are evaluated. Or on the other hand more ordinarily known to delineate a financial contrast in the public arena all in all.

Financial status is commonly broken into three classes (high SES, center SES, and low SES) to depict the three regions a family or an individual may fall into. While putting a family or individual into one of these classes, any or the entirety of the three factors (pay, training, and occupation) can be surveyed.

Furthermore, low salary and training have been demonstrated to be solid indicators of a scope of physical and emotional wellness issues, including respiratory infections, joint pain, coronary illness, and schizophrenia. These issues might be because of natural conditions in their working environment, or, on account of psychological sicknesses, might be the whole reason for that individual's social situation in any case. Instruction in higher financial families is normally worried as considerably more significant, both inside the family just as the nearby network. In less fortunate regions, where food and security are need, instruction can assume a lower priority. Youth crowds are especially in danger for some wellbeing and social issues in the United States, for example, undesirable pregnancies, medicate misuse, and heftiness

Self confidence is an attitude, which all individuals have positive yet realistic views of themselves and their situations. Self confidence people trust their own abilities have a general sense of control in their lives and believe that, within reason, they will be able to do what they wish, plan, and expect. Like self esteems, self confidence refers to individual's perceived ability to act effectively in a situation to overcome obstacles and to get things goes all right. Hence self-confidence is believed to increase one's performance. The higher level of confidence generates enthusiasm for the given activity. It is the variation in confidence that makes differences in performance of sports activity. Therefore studying the influence of confidence assumes importance.

Basavanna .M (1975) studied self-confidence in relation with self and ideal self and found that self confidence people particularly who were capable. Successful and adjusted, had significantly higher self ideal and self-congruence than those who were low in their level of self-confidence.

METHOD

The research investigator intended to reveal the influence of the social conditions, family status in society, educational levels influence on the psychological factors and influence of economic conditions of the family members on the Self confidence of the Basketball players.

The Objectives

- ❖ To measure the socio economic status among the basketball players through the standard testing tool.
- ❖ To divide the high and low socio economic groups
- ❖ To Compare the Self confidence between high and low socio economic status groups
- ❖ To find out the influence of socio economic status on Self confidence of basketball players

The Hypothesis

- ❖ There would be influence of socio economic status on Self confidence of basketball players.
- ❖ There would be significance difference in Self confidence levels between high and low socio economic status groups.

The Tools

- The Socio-Economic Status Scale (SESS): the scale is prepared by the Lochan Bharathdwaj through the scale the researcher measured the socio economic status of the sample, the scale consisted seven

factors social, family, educational, property, income, caste, etc, like these perspectives the scoring done through the manual of the scale,

- Self Confidence Inventory (SCI). The self confidence inventory (SCI) developed by Basavanna .M (1975). The questionnaire consists of 100 items. The odd-even (split-half) reliability co-efficient calculated by spearman brown formula is found to be 0.94. **Test Administration and Collection of Data** This scale is developed and standardized by Basavanna (1975), which consists of 100 items in all. The response categories are true of false. The score range is 0 to 100. According to manual lower the score higher would be level of self-confidence and vice versa. The reliability of the scale is 0.67. The validity of the scale is found to be satisfactory.

The sample

The researcher randomly selected more 100 basketball players and after ensuring their socio economic status through the scale he divided two groups. The sample of the study consisted fifty high status and fifty low socio economic status male basketball players selected from. Affiliated colleges of Gulbarga university Karnataka INDIA

Statistics

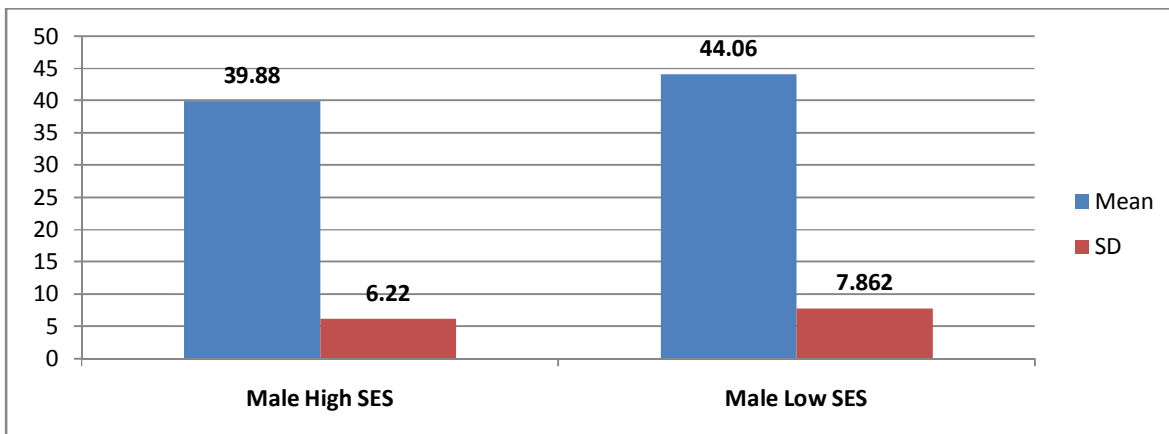
- Mean
- Standard deviation
- T tests were used to analysis of the research data

DATA ANALYSIS

The table N0 -1 showing the Self confidence among high and low socio economic status male Basketball players

Sports Players		Mean	SD	T values
Male High SES	5	39.88	6.220	2.247**
Male Low SES	5	44.06	7.862	

Significant at 0.01 levels **



The present table showing the influence of socio economic status on the self confidence of basketball players of the study. The high socio economic status basketball players are more self confidence the mean score is 39.88. The standard deviation is 6.72, and the low socio economic status basketball players mean score is 44.06, the standard deviation is 7.862 the calculated t value is 2.247 significant at 0.01 levels.

CONCLUSION

The research study results are showing that there is significance difference in the high and low socio economic status groups in their Self confidence levels. There is significance influence of socio economic status on the self confidence factor among the basketball players.

- ❖ The higher socio economic status group of basketball players are more self confidence than the lower socio economic group.
- ❖ The lower socio economic status group of basketball players are less self confidence than the higher socio economic status group.
- ❖ There is influence of socio economic status on the self confidence factor among basketball players.

REFERENCES

- Alderman, R.B. (1974): *Psychological Behavior in Sports*. W.B. Saunders, Philadelphia.
- Allport (1961). *Pattern and growth in personality*. New York, Holt, Renihart and Winston.
- Cattell, R. B. (1966). *The Scree Test for the number of factors*. *Multivariate Behavioral Research*, 1(2), 245-276. (8484 citations)
- *Sports journals*,
- www.Outdoor sports.com