



## COMPARISON OF SPORTS MORALITY BETWEEN MALE ATHLETES AND FEMALE ATHLETES OF LUCKNOW UNIVERSITY

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### ABSTRACT

**Purpose of the study:** The main purpose of this study was to compare the Sports Morality between the male athletes and female athletes of Lucknow University. It was hypothesized that there would be significant difference in sports morality between the male athletes and female athletes of Lucknow University.

**Research Methodology:** The present study was conducted on 20 male athletes and 20 female athletes selected randomly from colleges of Lucknow University (who participated in Inter-University level).

The age of the subjects were ranging between 19-21 years to assess the selected psychological variable sports morality. To assess the sports morality, questionnaire developed by Dawn Slephae and David Layed Shield was administered. The questionnaire was comprised of 28 items divided in two parts. The part "A" consisted of 20 items with four points of answers. The part "B" consisted of 8 items, which are, keyed "Yes" and "No". For each answer, which was marked "Yes", two points were awarded and for "No" 0 (zero) was given.

With the help of the questionnaire related to psychological variable necessary data were collected. The test was conducted on 40 male athletes and female athletes to collect data for psychological variable.

The collected data were analyzed **using 't' test** statistical technique at **0.05 level of significance**.

**Conclusions:** The study clearly indicated that there is no significant difference in Sports Morality between male athletes and female athletes of Lucknow University. Both male and female athletes show similar sports morality. The gender hereby does not play any significant role in the study. It may be due to the fact that the sportsman spirit in athletes compels them to play the game within rules and regulation.

**KEY WORDS:** Sports Morality, Sportsman spirit, Athlete.

### INTRODUCTION

Morality (from latin word **moralitas** means manner, character and proper behavior) is the differentiation of intentions, decisions and actions between those that are distinguished as proper and those that are improper. Morality is thus the set of norms of behavior and ways of life through which human beings tend to realize the value of the good. Morality may also be specifically synonymous with goodness and rightness. The world in which we live today is seemingly more obsessed with success and with the desire and drive to "win". Perhaps it is the thought of being the most powerful or the most intelligent that is captivating and encompasses our drive for success. When it comes to sports, having sports morality is nearly as important for players as physical fitness or as one sport psychologist put it; Sports Morality plays an important role in developing an athlete's personality. Sports regulations are observed not only due to competition rules, but also due to a highly developed fair-play spirit, which



can be noticed in the athlete's attitude towards the referee/umpire and the opponent in case of winning or losing a match/game or in case of favorable or unfavorable referee's/umpire's decisions. One of the essential qualities of a great athlete is belief in his or her own ability. It's essential that athletes perform fairly. Every athlete has to struggle against difficulties such as injuries and defeats. Sports as a tool for developing moral values in athletes like: friendship, cooperation, fair-play, tolerance, commitment, excellence, discipline, effort, honesty etc. Olympic Spirit has shown that **"Not to win but to take part"**. Participation is more important than victory. Ethics is an integral part of sport. Win with dignity and lose with dignity.

Considering the role of Psychology variable (Sports Morality), the present study was undertaken.

### STATEMENT OF THE PROBLEM

The main purpose of the study was to compare the Sports Morality between the male athletes and female athletes of Lucknow University.

### DELIMITATIONS

1. The study was delimited to the male and female athletes of Lucknow University only.
2. The study was further delimited to those athletes who have participated in Inter-university level.

### HYPOTHESIS

It was hypothesized that there will be significant difference in comparison of Sports Morality between the male athletes and female athletes of Lucknow University.

### RESEARCH METHODOLOGY

The present study was conducted on 20 male athletes and 20 female athletes selected randomly from colleges of Lucknow University (who participated in Inter-University level). The age of the subjects were ranging between 19 to 21 years to assess the selected psychological variable sports morality. To assess the sports morality, questionnaire developed by Dawn Slepae and David Layed Shield was administered. The questionnaire was comprised of 28 items divided in two parts. The part "A" consisted of 20 items with four points of answers, and the positive statements no. 1,2,4,5,6,7,8,9,10,11,13,15,18,19 and 20 were scored as:

Not at all true	1
Partly True	2
Moderately True	3
Exactly True	4

And the negative statement no. 3,12,14,16 and 17 were scored reversibly:

Not at all true	4
Partly True	3
Moderately True	2
Exactly True	1

The part "B" consisted of 8 items, which were, keyed "Yes" and "No". For each answer, which was marked "Yes", two points were awarded and for "No" 0 (zero) was given. Therefore, the maximum score might be 96 and minimum score might be 20. Scores obtained by each subject on each statement was added up which represented one's total score on morality.

With the help of the questionnaire related to psychological variable necessary data were collected. The test was conducted on 40 male athletes and female athletes to collect data for psychological variable.

The collected data were analyzed using 't' test statistical technique at 0.05 level of significance.

**RESULTS AND DISCUSSIONS**

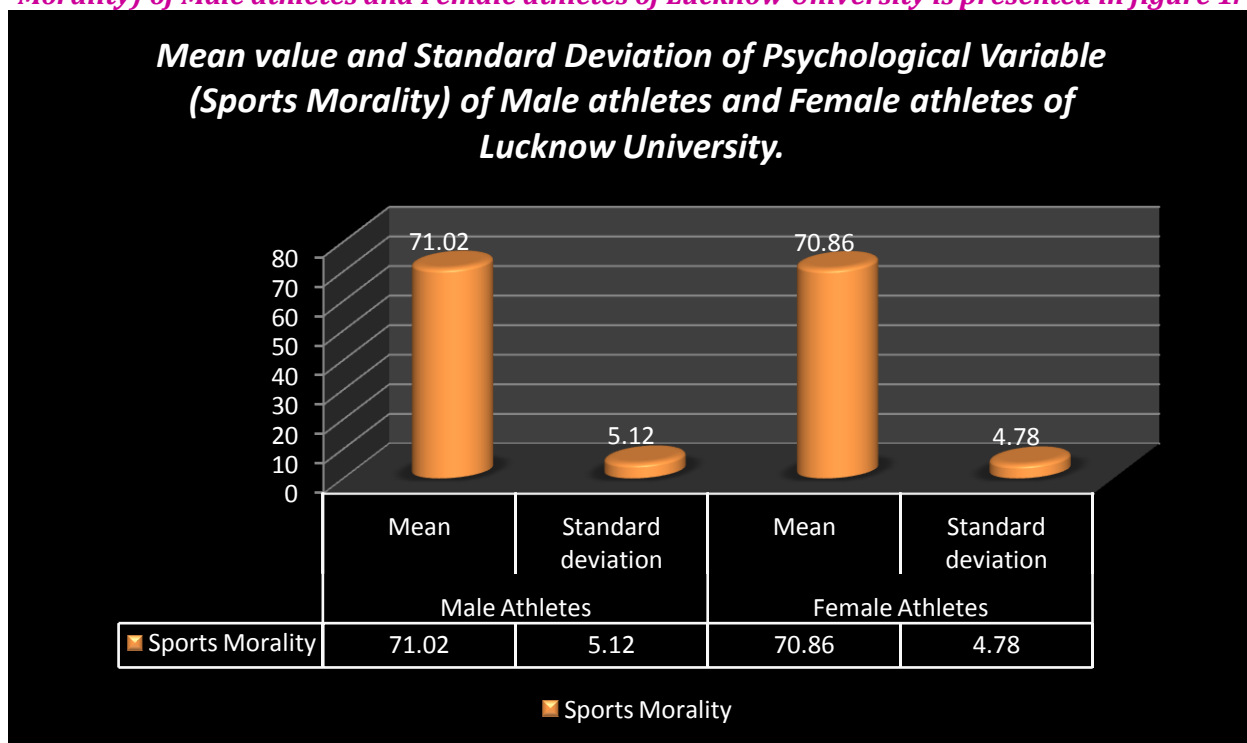
**Table 1**  
**Mean, Standard Deviation And 't' Value Of Male Athletes And Female Athletes of Lucknow University**

Variable	Male Athletes		Female Athletes		't' Value
	Mean	Standard deviation	Mean	Standard deviation	
Sports Morality	71.02	5.12	70.86	4.78	0.22*

\*Significance at 0.05 level

It is evident from the table 1 that there is no significant difference between the two groups. In Sports Morality male athletes mean value is 71.02 with standard deviation is 5.12 and Female athletes mean value is 70.02 with standard deviation is 4.78 and the 't' value is 0.22. The findings indicated that there is no significant differences in Sports Morality between male athletes and female athletes of Lucknow University, as the calculated value of 't' = 0.22 is less than the tabulated 't' value = 3.364.

Graphical Representation of mean value and standard deviation of Psychological Variable (Sports Morality) of Male athletes and Female athletes of Lucknow University is presented in figure 1.



**CONCLUSIONS**

The study clearly indicated that there is no significant difference in Sports Morality between male athletes and female athletes of Lucknow University. Both male and female athletes show similar sports morality. The gender hereby does not play any significant role in the study. It may be due to the fact that the sportsman spirit in athletes compels them to play the game within rules and regulation.

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**RECOMMENDATIONS:**

1. Similar Study may be undertaken to find out the difference of Sports Morality between Male Physical Education Students and Male Non Physical Education Students of different district.
2. Similar Study may be undertaken to find out the difference of Sports Morality between Male Athletes and Male Non Athletes of different Universities.
3. Similar Study may be undertaken to see the comparison on Sports Morality among international sports women, university sports women, school and college level students and different age group women.
4. Similar Study may be undertaken to find out the comparison on Sports Morality between Teenagers Athletes and Middle age Athletes of different districts/states.

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