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# EMOTIONAL MATURITY AMONG SENIOR SECONDARY SCHOOL STUDENTS IN RELATION TO THEIR SELF-ESTEEM

**C.** Prabakaran<sup>1</sup> and Dr. N. Balakrishnan<sup>2</sup> <sup>1</sup>Research Scholar, Department of Psychology, Annamalai University. <sup>2</sup>Assistant Professor. Department of Psychology, Annamalai University.

#### ABSTRACT

In order to understand the Emotional Maturity Among Senior Secondary School Students in Relation to their Self-Esteem. Total numbers of 384 students of Senior secondary students was selected from these eight schools in Cuddalore District and they were selected using simple random sampling. The type of school for the study is demographic variables. The present study to measure patterns was Self-esteem Scale by Murugan (2013) and Emotional Maturity scale by K.M Romal Pal (1984) .Statistical techniques namely descriptive and differential analysis were used. Results shows that there is significant relationship found between Self-esteem and emotional maturity.

**KEYWORDS:** Emotional Maturity and Senior higher Secondary Students.

#### **INTRODUCTION:**

This problem has been a matter of concern almost everywhere the world over. Alfred Binet was commissioned in 1905 by the French Education Ministry to examine the reasons for students' failure and suggest means for averting it, and Reagen's Commission was also appointed in USA for examining similar issues.

## **NEED FOR THE PRESENT STUDY**

Self-esteem brings satisfaction to the individual concerned and modification also becomes the means by which the society can advance. The Self-esteem of a child is now being recognized as precious sources of development and survival of man. This study may also help teachers to understand socio economic students and there by the teachers can conduct guidance and counseling for better emotional maturity. Many modification problems more or less peculiar to the students contribute to the forces which interfere with success. As the quality performance is the determinant for success in every growing competitive world, everyone desires a high level of self esteem. In the opinion of Buch, the whole system of



education is centered on academic success and has become a fertile ground for research work to identify the factors and their influence on success. Now a days as against the previous concept of assigning major roles to cognitive variables, more emphasis laid on effective outcomes of education like development of Self-esteem, interest and so on. Selfesteem and emotional maturity are dynamically interactive and reciprocal, each is mutually reinforcing to the extent that a positive or negative, change in the other. So the investigator proposed to study the "Emotional Maturity Among Senior Secondary School Students in Relation to their Self-Esteem".

# STATEMENT OF THE PROBLEM

The problem of the study has been stated as "Emotional Maturity Among Senior Secondary School Students in Relation to their Self-Esteem".

#### **OBJECTIVE**

1. To find out the relationship between emotional maturity and Self-esteem of senior secondary school students .

#### **HYPOTHESIS**

1. There is no significant relationship between emotional maturity and Self-esteem of senior secondary school students.

## **TOOLS USED**

In order to collect the necessary data to achieve the objectives of the study the psychological tools mentioned below were used.

- 1. Self-esteem Scale by Murugan (2013)
- 2. Emotional Maturity scale by K.M Romal Pal (1984)

#### **METHOD OF STUDY**

The research design is highly essential and it is inevitable as a blue print. The present investigation normative survey method is employed

## SAMPLE OF THE STUDY

Simple random sampling technique has been used in the selection of the eight schools. In the present investigation a sample of 384 students of Senior secondary students was selected from these eight schools in Cuddalore District.

## **RESULT AND DISCUSSION**

Hypothesis: Students do not differ in their Self-esteem on the basis of parent's monthly income.

The above table shows that the F-value is found to be (1.31) and it is less than the table value. Here null hypothesis is accepted. Hence senior secondary school students whose parents belong to different monthly income do not differs significantly in their Self-esteem.

Showing the correlation between Self-esteem and emotional maturity of entire Sample	
Variables	'r'- value
Self-esteem	0.426
Emotional Maturity	0.420

Table – 1

The obtained correlation value 0.426 is found to be greater than the table value at 0.01 level of significance. This indicates that there is significant relationship found between Self-esteem and emotional maturity.

#### **FINDINGS**

There is significant relationship found between Self-esteem and emotional maturity.

## CONCLUSION

The researcher framed some objectives and hypotheses on the basis of that a well structured questionnaire was used to collect the responses. After collecting the responses they were coded using computerized method. Random sampling techniques was used to select the sample. 384 students of Senior secondary students was selected from these eight schools in Cuddalore District. To test the hypotheses, standard statistical tools. Results shows that there is significant relationship found between Self-esteem and emotional maturity.

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