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Welcome to Review Of Research

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v/; ki dka dh dk; ZkSyh % Lo; a v/; ki d , oa fo | ky;
i zU/ku ds fy, fufgrkFkZ

ejyh/kj feJk

, I kF"K, V i kQd j] f"K{k k l d k;] ouLFkyh fo | ki hB] Vkad] jktLFkku -

Lkkjk k :- dk; ZLFkr; kaev/; ki d ftl < a l s dk; Zdjrk g\$ ml dh oj; rk, ; dk; Z
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okrkoj.kh;] 0; kol kf; d vfhkofUk , oal onh vkfn rRokads i fr oj; rkvkdk dgy ; kx
ml dh dk; Z'kSyh dks 0; ä djrk gA dk; Z'kSyh fo'ySk.k l sv/; ki d viuh dk; Z'kSyh
fo'kSkrvkadsfof'k"V ; ðe dks l e>rsqg cgrj dk; &fu"i fUk; kadsfy, dk; Zokrkoj.k
e ad\$ s 0; ofLFkr gvk tk; sbl dh tkudkj i klr dj l drk gA og viuh {kerk ds
mPpre Lrj rd dk; Zfu"i knu dsfy, vo/kku dk cgrj d bæ.k dj l drk gSrFkk
viuh dk; Z'kSyh oj; rkvkadsfo"K; eai jEi jkxr 0; fDrRo i jh{k.k kach rgyuk eade 0; ;
eavf/kd xgu , oafolr l puk, ; i klr dj l drk gA fo | ky; eai zU/kd kads l e{k dbz
i zu ; k pufkr; k; gkrh gA; Fkk& muds l gdehZncko dh fLFkr; kaead\$ s dk; Zdjrs gA
dkul k v/; ki d 'k?kark l s dk; Z dks l e> yrk gS v\$ fdl dh fojkak ofUk mPp gA
dkul k v/; ki d dk; Zvof/k eami ; ðr vFkok r{k.kh; fu.kz yusea l {ke gA vi us
l eng dsl nL; kads vfhki fjr djusdh vi f{kr jhr D; k gksh\ v/; ki d kadh dk; ZkSy; ka
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i Lrkouk&

dk; Z'kSyh dsl Ei R; ; usv/; ki d dks, d 0; fä ds: i eacgrj < a l sl e>usdsfy, vi {kkN
vf/kd rfdZd vk/kj inku fd; k gA v/; ki d ftl < a l s dk; Zdjrs gAmudh vuphyrk ; k i frdhyrk
v/; ki d dsdk; Z dks i Hkfor djrh gA dk; Z'kSyh dsfo'ySk.k l sml sviuh fo'k"V dk; Z'kSyh dsfo"K; ea
l puk, ; i klr gkrh gA vi uskj sea v/ k d tkudkj gkusi sml ij dk; Zdk ruko de gkrk gSo ml dh
dk; Z ur"V ea l {kjk vkrk gA og vius 'kfa'kkyh i {k} ueuh; rkvk; xkarkv@Lohdk; Zrk v\$
vokNukvdk mi ; kx djdsof'k"V i k; k\$xd l ykg] Lo; adsfodkl dsfy, dk; Zkst uk , oa 0; fäxr
i fjo{k.k izkkyh fodfl r djuseaenn i klr dj l drk gA dk; ZkSy; kaeaml d st f od&'kjhfd l jpuk]
efLr" d dk; ZRedrk] l onh : i kRedrk] 'kjhfd vko'; drk] okrkoj.kh; oj; rk] l keftd i {k rFkk
0; kol kf; d vfhkofUk; ka t\$ s' kSyh vupfu/kr rRokadk l eko\$ k gkusdsckj .k l Vhd l puk, ; i klr gkl drh
gA bl i = eav/; ki d kadh dk; ZkSy; kads' k\$ {kd fufgrkFkZ dh pklZLo; av/; ki d , oam l ds' k\$ {kd l a Bu
dsfo' kSk l mHkZeadh x; h gA

Title: "v/; ki dka dh dk; ZkSyh % Lo; a v/; ki d , oa fo | ky; i zU/ku ds fy, fufgrkFkZ", Source: Review of Research [2249-894X] ejyh/kj feJk yr:2014 | vol:4 | iss:2

1-v/; ki d , oa dk; ZkSy; k;

Mu o i d k fux ds vu d kj vi uh dk; Z'kSyh ds fo' ySk.k l s dk; Z'rkZ dks vi uh fo' k"V (uni que) dk; Z'kSyh ds ckj sea i rk pyr k gA vi us ckj sea Kku gkus i j dk; Z'rk ruko eadeh , oa dk; Z'Ur d"V eal d k j vkr k gA v/; ki d dks vi us 'fä'kkyh ; k det kj i {kka ueuh; rkvka xkärkvka@Lohdk; Z'kvka vls vokpNukvka dk i rk pyr k gA buds vk/kkj ij fo' k"V i k; kfxd l ykj Lo; ads fodkl ds fy, dk; Z ; kst uk , oa0; fäxr i fjoh{k.k ; k fuxjkuh iz kkyh fodfl r djusea l gk; rk feyrh gA dk; ZkSy; ka dk fo' ySk.k eukfoKkufefr i jh{k.kka l s de 0; ; l k/; gkus ds l kFk gh vf/kd xgurk l s0; fä ds ckj sea l p uk , i mi yC/k djok l drk gSD; kfd dk; Z'kSyh fo' ySk.k l s0; fä dh t b 'kkj hfjd Lo: i , oaefLR" d dk; kRedrk l onh : i kRedrk Hkkrd vko' ; drkj okrkoj .kh; ojh; rk l kelftd i {k rFk 0; kol kf; d vfHkofuk t s s N% i æ{k vuçfU/kr 'kSyh rRoka ij v/; ki d dh ojh; rkvka dk i rk pyr k gA vi uh dk; ZkSy; kadsfo' k"V Kku dk mi ; kx fofo/k iz dkj l sdj l drsg; ; Fkk&

? dk; Z'kSyh ds fo' ySk.k l sv/; ki d dksefLR" d l Ecl/kh vi uh fo' k"Vrk (uniqueness) ds ckj sea i rk pyr k gA dk; k; eflR" d i Zkku v/; ki d okrkoj .k ds, d vāk ij n"V d k k d jrk gA bueay{; mled{krk vf/kd gkrh gA vkrfjd : i l svfHki fjr gkus i j og vf/kd vf/kxe djrk gA fo' ySk.kRed dk; ZkSyh okyk v/; ki d fdl h 0; oLFk@iz kkyh ds Hkkx kai j fopkj djrs g; g l e>usdk iz kl djrk gS fd ; sHkkx fd l iz dkj feydj dk; Zdjrs gq cMsi sekus i j i Hkko Mkysr gA fo' ySk.kRed fplru dh vko' ; drk v/; ki d dks fo|ky; ea , oafo|ky; ka ds ckj ml l e; gkrh gS tc og Hkkrd vFkok i kNfrd iz kkyh dh l eL; kvkadk l ek/kku djrk gA , d sl e; fo' ySk.kRed fplru djuk t : jh gkrk gS rFk dk; Zdh l Qyrk ; k vl Qyrk dk v/; ; u djrs l e; fo' ySk.kRed c) dk mi ; kx vi fkr gkrk gA fo' ySk.kRed dk; ZkSyh okysv/; ki d cMh rLohj ; k l exz fopkj eal svāk ; k vāk kai j xS djrs gA fo' ySk.kRed , oa rfd d fplru djrs gq foLrkj ds l kFk , dne Bhd dke djrs gA vi us i n'kū dk l ferk l sfo' ySk.k djrs gA dk; Zokrkoj .k l sl EcfU/kr vldk kkvkadksLi"V : i l si fjkkr"kr dj i krs gA l eg ea dk; Zvk/kfjr tk{k l e mBkus okys gkrh gA bl iz dkj os v/; ki d tks eflR" d fØ; k&dyki ds QyLo: i vf/kd rdZl x r pj .kc) l p uk vkadksjh; rk nrs gA l p uk xg .k vFkok i nku djrs oDr i jh i fØ; k d l spj .kc) < k l syrs gao vf/kd 0; ofLFkr gkrh gA mudh dk; ZkSyh dks fo' ySk.kRed dgk tkrk gA nū jh vS i wkkRed fplru okysv/; ki d dk nk; k; eflR" d i Zkku gkrk gA ; g okrkoj .k dks exz bdkbZ ds : i ean{krk gA l kelftd : i l smled{k gkus ds ckj .k v/; ki d vi uh l ekyk p uk l svf/kd i Hkkoh gkrk gA cā vfHki j .kk i klr gkus i j i Hkkoh < k l s dk; Zdjrk gA i wkkRed dk; ZkSyh okysv/; ki d l exz fopkj vFkok cMh rLohj ij xS djrs gA , oafoLrkj ds i fr vf/kd xEHkj ughagkrh gA i wkkRed ; k; rk dh vko' ; drk i k; % dyk l xhrj /ke l vlrKkū vS vU; xrfrof/k; ka dk vk; kst u djrs l e; gkrh gA i wkkRed 'kSyh okysv/; ki d l kelftd fLFkr; ka eal onu' khyrkj vlrKkū d qkyrk dh vko' ; drk okyh xrfrof/k; k&fØ; kdyki ka eamRn"V i n'kū djrs gA fd l h fLFkr ds ckj sea l keld; /kkj .kk fufeZr djus dh mudh ; k; rk tFvy i fjlFkr; k&l eL; kvkadk l e l oky kadsvk/kkj ij l ek/kku djus ds fy, eflR" d dks [kSy nrh gA dEl; Wj dh Hkk"kk ea i wkkRed dk; ZkSyh okysv/; ki d dks , d l ekuk rj i k d j Parallel Processor½ ds t s k ekuk tk l drk gA os dk; ZfLFkr; k; tgl; cMsi sekus i j , d l kFk fodfl r xrfrof/k; kadsvk/kkj ij , d l gh i frfØ; k nsh gk; ogk; i wkkRed dk; ZkSyh okyk v/; ki d cgrj fu"i knu djrk gA i wkkRed dk; ZkSyh okyk v/; ki d okrkoj .k dks, d l exz bdkbZ ds : i eal Ec) djrk gA dk; Zdh l Ei wkr i j vf/kd /; ku nrs gA l kelftd : i l smled{khdj .k gkus ds ckj .k cā i j dka l s vf/kd i Hkkfor gkrk gA bl l sLi"V gkrk gS fd vi uh dk; Z'kSyh dh tkudkj h gkus i j v/; ki d vi us #fp {k= l Ei k .k l eL; k l ek/kku , oal t ukRedrk eafu [kkj yk l drk gA

? v/; ki u dks , d ofUk Professional½ , oa v/; ki d dks , d ofUkd (Professional) ekuk x; k gA , d ofUkd ds : i ea v/; ki d ds l kFk ml dh 0; fDrxr] usrd] l kelftd , oa ofUkd i frc) rk , i vfuok; Zgkrh gS tks ml svf/kd mUkj nkf; Roi wZ gkus dh vi fkr j [krh gA dN v/; ki d mlgadks l k s x; s dke ds l kFk bl rjg l sl Ec) dj yrs gS fd dk; Zdh l Qyrk mudk vi uk y{; cu tkrk gA bl rjg y{; kled{k gkdj dk; ZekxZeavkus okyh ck/kvka , oa fLFkr; kai j xEHkjrk l sfopkj djrs gA rFk dk; Zds fy, vko' ; d l d k/kuka , oa {kerkvkadh i kflr dj Lo; adks0; ofLFkr djus dk iz Ru djrs gA dk; Zdh i frZ ds Øe eavrfjDr l e; , oaJe ndj dk; Zdjrs gA dk; Zdjrs l e; fu; e&mi fu; ekadks/; ku eaj [kuk

id n djrsghvls geskk ogh djrsgh tksfu; ekud kj l gh gA dk; Zdk mfpr jhfr , oabhd l e; l si wkZ djuk budk mis; gkrk gA , d ckj fdl h dk; ZdksLohdkj djusdsckn ; sml svi us i wkZ l keF; Z , oa iz kl l sdjrsghpkgsdkbz mudk i ; bsk.k djs; k u dja dk; Zl sl Ecfl/kr l eL; kvka; k l angkadk fuokj .k djusdsfy, l {ke v/; ki d ; k 0; fDr; ka dsfujlurj l Ei dz eacus jgrsgA ml jh vlg dN v/; ki d v/; ki u oflk eagksdsdkj .k mlgadke djuk gS dpy bl fy, fdl h dke dksLohdkj djrsgh fdl h Hkh dk; Zds l kfk Lo; adksLoBNk l sl Ec) ugha djuk pgrsgA vi us dl/ks ij ftEenkjh yus l scpus ; k VkyeVky dh i oflk dsdkj .k fdl h vls dsfunu ku ; k usRo eadke djuk budh i kFkfedrk gkrh gA dk; Z okrkoj .k eabul sD; k vi ssk; ; gA bl dk i Hko bu ij ; k rksi Mfk gh ughagsvls ; fn i Mfk Hkh gSrkscgr gh deA Qyr% ; sdk; Zokrkoj .k dsvuq i [kn dksenyuk ughapgrsgA dk; &LFky ij budk 0; ogkj i zkkur% vls pkfjd gkrk gA l okdkyhu i f' kfk.k , oaf'krk i kflr l sl Ecfl/kr xfrfof/k; ka ea budh mi fLFkr vls pkfjd vkns kkal sgh l Hko gkrh gA l e; fohkx pØ eamYyS[kr dsvfrfjDr dk; Zdjusds i fr #fp ughagkrh gA dk; Zeavk; h l eL; kvkadksnj djuk vf/kdkfj; kadh ftEenkjh ekursgA l eL; k ds ckjseai gy dj l ek/ku i kflr dk iz kl djusdsk; %i kFkfedrk ughanrsgA ; sdk; Zdk Bhd <a o l e; ij dk; Zfu"i knu dsfy, vko' ; d gksus j Hkh vfrfjDr l e; o Je fu; kftR ughad j i krsgh dk; Zdjrs l e; Lo; adsfu; eka o l fo/kk dksojh; rk nrsgA vi uh 0; fDrxr l fo/kk dsfy, ; sxS i kjEi fjd <a l s dk; Zkjk dsfoi jhr Hkh dk; Zdj l drsgA , d ckj dk; Zdjuk Lohdkj dj yusdsckn Hkh ; sdYkD; P; q gks l drsgA vr%budsyxkrkj i ; bsk.k dh vko' ; drk gkrh gA mi ; Dr eal svi uh o l kfk; kaeai k; h tkus okyh 'kshxr fo' k"Vrkvka@fofo/krvka l sl Ecfl/kr fl) kUrka dk mi ; kx djrsgh v/; ki d vf/kd i Hkoh i zll/ku , oaf'Ro dj l drsgvls vko' ; drku dj fdl h vl; l sfun ku , oal gk; rk i klr djusds l kfk gh l kfk l e; dk i zll/ku o ncko dh fLFkr; kaearuko de dj l drsgA

- ❖ l kku; r% v/; ki d dk dk; Z dk; ZLFkr dh l j puk l s i Hkfor gkrk gA vFkz~ dk; Z {ks= vFkok dk; ZLFkr dh tS h l j puk gkrh gS ml h i zlkj dk; Zfd; k tkrk gA dN v/; ki d , d Li "V ekxh' kZ] vldYi u vFkok <tpsdsvlrxr dk; Zdjusdksojh; rk ughanrsgA uohu l Ei R; ; ka dks l e>usds i fr mudh Lohkor%ft Kkl k gkrh gA ; svi uk ekxh' kZ Lo; adj l drsgA, oavko' ; drku dj fLFkr; ka dh l j puk dj l drsgA l Ei R; ; kadh i kflr , oamudsvlurj .k dsfy, i fjdYi uk i jh(k.k mi kxe dks vi ukrsgA fo | kfkzblgaf l) kUrka dksyxwldj usdsfy, i k l kgu nusokysv/; ki d ds: i eai R; {khN drsgA ^Hkh l EHkoku 'kS gS bl emy ea= dkseusdsdkj .k ; sik; %vi us; k vi uh l LFk dsdk; Z i n' kZ l sde gh l UrqV gks i krsgh rFk l k kRed i fri q'V , oadkj kRed eW; kadu dk mi ; kx vi us iz kl kaemRN"Vrk ykusdsfy, djrsgh vf/kxe graqv i s{kr okrkoj .k ds l aBu , oabl graqv l v/; ki dka dk ekxh' kZ djusdh {kerk bl dk l q'+i {k gkrk gA ; svi uh l ekykpk l scgr de i Hkfor gkrsgA Lo; a)kjk i fjHkkr y{ ; , oai qclyu dk mi ; kx djrsgh vi usfy, mi ; Dr l j puk dk vldYi u djusdsfy, mri fjr jgrsgA ml jh vlg dN v/; ki d , d Li "V ekxh' kZ] vldYi u vFkok <tpsdsvlrxr dk; Zdjusdks i kFkfedrk nrsgA mi yC/k l j puk dk i kyu djuk budsfy, l gt gkrk gA l keft d : i l smled khdj .k vf/kd gksusdsdkj .k l keft d fo'k; & l UnHk&dk i Hkoh mi ; kx dj i krsgh cká : i l si fjHkkr y{ ; , oai qclyu budsfy, t: jh gkrk gA dk; Zfu"i knu ds fy, n' kZ&n"Vdksk dk mi ; kx djrsgh , d h fLFkr; kadksojh; rk nrsgA ftueav/; ki dka ds l kfk vlur%Ø; k vls i fjppkZ l g/hk gka d {kk fLFkr; kaeai k; %fo | kfkz d l aar gkrsgA vi us; k vi uh l LFk dsdk; Z i n' kZ vls mi yC/k; ka l si k; %l UrqV gksusdsdkj .k cgr de i fri q'V; kadk mi ; kx djrsgh udkj kRed eW; kadu l s; Fk l Hko nj jgrsgA fo | kfkz blgaf rF; kadsv/; ki d* ds: i eaoxhN drsgA l h[kusdk okrkoj .k mi yC/k dj kuseabudh #fp gkrh gA 0; fDrxr vf/kxe rFk cká l anHk&ij vk/kfjr gksusdsdkj .k i k; %vi kl dx d o vuko' ; d foj .kka l sck/kr gkstrsgA mi ; Dr eal svi uh o l kfk; kaeai k; h tkusokyh 'kshxr fo' k"Vrkvka@fofo/krvka l sl Ecfl/kr fl) kUrka dk mi ; kx djrs gh v/; ki d dk; Z {ks= dksvi usfy, vf/kd l g; kxh cukusds l kfk gh 0; fDrxr l hekvka, oavi sskvka dh tkudkj h gksus l s dkskykacsfockl dsfy, l Qy i f' kfk.k i klr dj l drk gA
- ❖ dN v/; ki dka dsfy, yxkrkj [kMs jgdj ; k cBdj dk; Zdjuk efi dy gkrk gA xEHkj ; k dN nh?kzbf/k dk dk; Zdjrs l e; blga/; ku d l aar dj useavl gtrk egl i gkrh gS bl fy, chip&chip ea

i ; klr vlrjky yu; [kku&i hu; dkrphr djus, oaeukj at u djusdh vko' ; drk gkrh gA yEch vof/k rd pyusokys dk; Z ea blga fujlurj i fri q"V , oa i qcyu dh vko' ; drk gkrh gA ; fn mi fLFkr i qcyu i Hkloh u gsrks ; s dk; Z chp eagh NkM+l drsgA fnu ds l e; fo' ksk ij budh l fØ; rk l okz/kd gkrh gA bl i dklj y?kqvof/k rd pyusokysdk; Øekj xfrfof/k; k; dk; kaeacgrj <æ l s dk; Z djusdksojh; rk nusokysv/; ki dka dh dk; Zksh dksy?kq l krR; i zku dk; Zksh dgk tk l drk gA oghant jh vls dN v/; ki d nh?zvof/k rd pyusokysdk; Øekj xfrfof/k; k; dk; kaeavf/kd mRl kg ds l kfk dk; Zdj i krs gA , d ckj dk; ZvkjEhk dj nusdsi 'pkr-tc rd ml si jk ughadjrs gA rc rd fdl h vl; dk; Zds' k# djuk i l Un ughadjrs gA l kku; r%dk; Zdh volFkk o l Ekkfor i fj . kke blga dk; Z ea cuk; sj [kus ea l Qy gkrk gA bl fy, ik; % dk; Z ds chp&chp ea vfrfjDr vfhki j . k dh vko' ; drk blga ughagr h gA , s sv/; ki d fdl h dk; Zdh i firZdsfy, yEch cBd nsl drsgA rFkk blga chp&chp eavkgkj] i s i nkFz eukj at u vkfn dh vko' ; drk egl u ughagr h gA fnu ds l e; fo' ksk dk budh dk; Z(kerk ij mYys'kuh; i Hkko ugha i Mæ k gA , d v/; ki d vi uh (ks- dh vko' ; drk vka dh i firZdsfy, dcj dgk vls ds si fjorZu yrk gS bl dk l Ecll/k ml dh ueuh; rk l s gkrk gA ; g ueuh; rk v/; ki d dh vi uh , oa0; kol kf; d vko' ; drk vka dks i jk djusdsØe ea l e; %dc½LFkku %LFkku½ vls rjhds %ds % ds i fr nh x; h ojh; rkvka l si zV gkrh gA mi ; Ør ea l svi uh 'kshxr fof' k"Vrkvka@fofo/krkvka l s l Ecll/kr l pukvka dk mi ; kx djrs gq v/; ki d Lo; adh ueuh; rk vls l fg" . krk ea of) , oafujlurj iz Ru vls vl; kl l s dk; kZuply fof' k"Vrkvka ds fodkl dh psVk dj l drsgA cBclakd vf/kd mRi kndrk l smi ; kx dj l drsgA

- ❖ dN v/; ki d l e;] LFkku , oadk; Zdsrjhdsdsi fr n<+ughagrsgA budh l e;] LFkku , oadk; Zdjus dsrjhdsdsi fr fo' ksk i l Un ; k uki l an ughagr h gA dk; ZØ; ogkj eafØ; k vFkok i frfØ; k djus l si wZ cgr l k l kfkZd , oamRi knd fplru djrs gA ; sl kku; r%dk; ZvFkok l eL; k dsi jEi jkxr l ek/kkua l s l arlV ughagrsgA rFkk uohu] ekyd vls vf}rh; i frfØ; k djrs gq l ek/kku rd i gpus dk iz kl djrs gA ; s dk; Z ea fofo/krk] pufksh , oa i fjorZu fi z rk ds ckj . k i zkkukpk; Z , oa vf/kdkfj; ka dk vl/kkupj . k ughadjrs gA ; fn , d gh dk; Zblganckjk djuk i Mæ rskHh ; si wZ iz qæ fØ; kfof/k dksugha vi ukrs; k vi uk i krs gA ; fn blgam l h jhfr ; k mi kxe l s dk; Zdjuk i Mærc ; sl kku; r%vi usvki dks vl gt fLFkr ea i krs gq Qyr% vi uk mRi"V in'ku ugha ns i krs gA bl fy, ; s dk; Z vFkok l eL; k&l ek/kku dh uohu ; k Lo; a }kjk viz Ør fof/k dk vuqz kx djusdksojh; rk nrs gA budh uohu vuHko i kfr , oami ; kx ea #fp gkrh gA t: jr i Mæsi j ; sl {ke v/; ki d l s dk; Zj hfr; kads fo" k; eapkl djusdksegROI wZekurs gA n jh vls dN v/; ki d l e;] LFkku , oadk; Zdsrjhdsdsi fr n<+ghagrsgA budh l e;] LFkku , oadk; Zdjusdsrjhdsdsi fr fo' ksk i l Un ; k uki l an gkrh gA ; s i zkkukpk; Z , oa vl; vf/kNfr; ka }kjk i nUk funz kka ; k dk; Zkst uk (Work Plan) dk v{kj' k% i kyu djrs gA l kku; r% ; svi usofj "Bka }kjk i nUk fn'kk&funz kka l sfoyx ughagr k pkrsgA rFkk fu; fer vFkok i wZ fu/kkZjr dk; ZØe ds vlrzr vPNh rjg dk; Zdjrs gA dk; Z ea fujlurj rk , oa uohu dk; Z fLFkr; kaea i zkkukpk; Z ; k vf/kNfr; ka }kjk fufnZV mi kxe ; k vi us }kjk i wZ ea vi uk; h x; h jhfr ; k mi kxe l s dk; Zdjusdksojh; rk nrs gA dHh&dHh ; sbrusn<+Hh gkl drsgA fd i pfyr@ i kjei fjd ; Ør dsbrj dk; Zdjuk i l Un gh ughadjA T; knk tkj nusij ; s ; k rksc&eu l s dk; Zdjrs gA ; k ml s NkM+nrs gA mi ; Ør ea l svi uh o l kfk; kaea i k; h tkusokyh 'kshxr fof' k"Vrkvka@fofo/krkvka l s l Ecll/kr fl) kkrkdk mi ; kx djrs gq v/; ki d l e;] LFkku , oadk; Zdjusdsrjhdsdsi fr fo' ksk i l Un ; k uki l an tku l drsgA dc] fdl svls fdl l hek rd vl; dksfunz k nus gA ; g tkudj vf/kd i Hkloh i zll/ku , oaurRo dj l drsgA rFkk dc mlga fdl h vl; dsfunz ku eadk; Zdjuk gS ; g tkudj vko' ; drkuq kj fdl h vl; l sfunz ku , oa l gk; rk i ktr dj l drsgA l kfk gh l e; dk i zll/ku o ncko dh fLFkr; kae aruko de dj l drsgA
- ❖ vfhki j . kk v/; ki d dsfof' k"V y{; ds i fr 0; ogkj dksfn'kk i nku djrh gS rFkk ml svls vf/kd Å tkj 'kDr , oa iz kl ds l kfk dk; Zdjusdsfy, vfhki j jr djrh gA ; g 'kS{k d xfrfof/k; kaeav/; ki d dh l ghkfxrk c<ku; cuk; sj [ku; l kkuRed l d k/ku c<ku; fdl rjg dh fu" i flk; k; vfhki j d gS bl dk fu/kkz . k djus, oacgrj dk; Zfu" i knu dsfy, urRo i nku djrh gA v/; ki d geskk vkurfjd : i l s vfhki j jr ugha gkrsgA mlga dHh&dHh cká ; k fLFkrxr vfhki j . kk dh vko' ; drk i Mæ h gA ; g

vflki.j.kk mudh okrkoj.kh; fLFkfr; kaeafu | eku gsrh gsvks I keku; r%bl dk fodkl 'kfk(kd i zlu/ku , oai zkl u }kjk fd; k tkrk gA vkrfjd vflki.j.kk ; qv v/; ki d 'mlgaddn djuk gS bl dsfy, vflki.fjr gksrgA ftl sosegroi wZekursgA; k mlgayxrk gSfd ; g djuk I kfkZl gS mudh [kqkh ; k I rksk dk dkj.k curk gA nI jh vks cka vflki.j.kk dksI keku; r%ck/; dj* dkjd ekuk tkrk gA , d k v/; ki d dN cka dkj dka; Fkk&ijLdkj] i nkufr ; k vPNh txg fu; qDr vkfn dsfy, dk; Zfo'kSk dks djrk gS, oadk; Zfo'kSk eacuk jgrk gA mDr nksukagh fLFkfr; kaeavflki.fjr v/; ki d vi usdk; ke-dks cgrj <a I s djus ds rjhds ryk'krk gS rFkk xqkoUkk mledk , oa mri knD gsrk gA dN v/; ki d vkrfjd ; k cka ; k nksuka dkj dka I s vflki.fjr gksdj LoPNk I s dk; Zdjrs gA ; s dk; ZLFkfr; ka I s vf/dk/kd vol j tP/kusdsfy, Lor%MRI kfgR jgrsgA ; scgrj dk; Zfu"i fUk dsfy, vi uk I okkIke iz kl djrs gA dk; Zdh I Qyrk blgavks vf/kd i kRl kfgR gksdj vf/kd AtkZdsI kfk dk; Zdjusdks i.fjr djrh gA yfdu dk; Zdh vl Qyrk Hkh budk exZughajkd i krh gsvks I keku; fLFkfr; kae; s vl Qyrk I s Hkh I h[krsgA vl Qyrk dk Hk; ; | fi blga i Hkkfor dj I drk gS rFkfi vflki.j.kk ds cyorh gksus j ; svi usvki dksdk; j r j [k i kuseal Qy gks tkrsgA nI jh vks dN v/; ki dkaeu rks bruh vkrfjd vflki.j.kk gsrh gS tksmlgadk; ZvkjEHk djusdsfy, i.fjr dj I ds; k dk; Zeacuk; sj [k I dsvks ughabu ij fu; fer cka vflki.j.kk dk dkbZfo'kSk i Hkko gsrk gA nI js' kCnkaea, d sv/; ki dka eavflki.j.kk dh deh gsrh gA Qyr%; sde I s de dk; Zdjuk pkrsgA bueadk; ZLFkfr; ka I sykHk i kfr dsifr MRI kg ughajgrk gA mPp mi yfC/k , oai zka k buds in'ku dks i Hkkfor ughadj i krh gA ^dk; Zdjuk gSbl fy, dj jsgA budk I = cu tkrk gA blgadk; Zdsfy, ij.kk nusdsfy, fo'kSk i kRl kgd dh vko'; drk gsrh gsvks I keku; r%; g i kRl kgd dkbZcká dkjd gh curk gA v/; ki dka dks dk; Z I s i jh {kerk ds I kfk tksj [kus dsfy, v/; ki d&vflki.j.kk ed; dkjd gks I drh gA vflki.j.k I Ecu/kh dk; Zkshxr fof'k'Vrk dk mi; kx v/; ki d I kfkxr xrfrof/k; k@dk; DekaLo; a dks fo | kfkZ ka , oa I kfk v/; ki dka vflki.fjr djuS I ghkxh cukus , oa dk; Z dh i wZrk rd xrfrof/k; k@dk; DekaL stksj [kus dsfy, vko'; drkuq kj vflki.j.kk ; qDr; kacdk mi; kx I drsgA

❖ dfrj ; v/; ki d vks pkfjd okrkoj.k % d k'k] /ofu] rki eku] cBd 0; oLFkk] I kexh , oa I qo/kkvk dh mi yC/krk vkfn dsifr vf/kd I atink gksrgA dk; Zdjrs I e; ; k dfBu I eL; kvka ij fopkj djrs I e; fcydy 'kfr ; k [kksk kh dks i l Un djrs gA oknR i zdk'k , oa rki eku blga, dkxrk cukusea I gk; rk nrk gA dk; LFky ij mi yC/k fofHku I kexh , oa I qo/kkvk dh vuq yC/krk buds dk; Z dks udkj kRed <a I s i Hkkfor djrh gA bl fy, ; s I kexh , oa I qo/kkvk dh i kfr dsfy, I fO; gksrgA budh dk; LFky ds okrkoj.k ds I Ecu/k ea 0; fDrxr eku; rk gsrh gA dHkh&dHkh ; s okrkoj.kh; ojh; rkvk dsifr brusn<+gks I drsgfd , d Hkh okrkoj.kh; rRo ds vuphy u gksus j budk dk; Z fu"i knu i Hkkfor gks tkrk gA nI jh vks dN v/; ki d , d sgksrgA ftlgavi usdk; Zokrkoj.k eafdl h fo'kSk i zkj ds vks pkfjd okrkoj.k % ofu Lrj] i zdk'k] cBd 0; oLFkk] I kexh , oa I qo/kkvk dh mi yC/krk vkfn dh vko'; drk ugha gsrh gA vks pkfjd okrkoj.k dk gksuk ; k uk gksuk buds dk; Z fu"i knu ij fo'kSk i Hkko ughaj [krk gA ^tks t gk; tS k gSoksBhd gS budk eny ea= gks I drk gSbl fy, I kexh , oa I qo/kkvk dh mi yC/krk dh i kfr dsfy, budh I fO; rk de gsrh gA ; s dk; LFky ds okrkoj.k I svi Hkkfor ; k de i Hkkfor gksdj dk; Ztkjh j [k I drsgavks dk; Z{ks= dks vi usfy, vf/kd I g; kxh cuk I drsgA bl I s Li"V gsrk gSfd dk; LFky ds okrkoj.k dsifr v/; ki dka dh fof'k'V ojh; rk; gks I drh gA v/; ki d bueal svi uh ojh; rkvk dh i gpkv dj dk; LFky dks vi usfy, vuphy cuk I drk gA

❖ dN v/; ki d dk; Zdjrs I e; Lo dBlær gksrgA , d sv/; ki d I kefgd : i I si ktr y{; dh rgyuk ea 0; fDrxr : i I si ktr y{; dsifr vf/kd I fO; rk dk in'ku djrs gA vdsysdk; Zdjusdk vol j fn; s tkus ij vkufnR o , dkxfpUk gksdj dk; Zdjrs gA I kefgd dk; Zea vi uh Hkmedk dsifr I onu'khy gksrgA rFkk Hkmedk dk Li"V i fjHk'khdj.k pkrsgA 0; fDr mledk gksus ds dkj.k buds vuq kj I eny dh dfe; k@fofo/krk, j dk; Z dksudkj kRed : i I s i Hkkfor djrh gA blgavi uh {kerkvka ij vf/kd fo'okl gsrk gA dk; Zi wZgksus j 0; fDrxr in'ku I sj kkrdr djusdh vko'; drk ij cy nrsgA fuoB fDr d f'k{k.k fLFkfr; ka tS & 0; k[; ku dksojh; rk nrsgA f'k{k d dBlær vf/kxe okrkoj.k dsifr xEHkj gksrgA 0; fDrxr ifri q'V , oa i qcyu I s i Hkkfor gksrgA nI jh vks dN v/; ki d

vdysdk; Zdjusdh ryuk eany] ; Ye ; k l emg eadk; Zdjusdksojh; rk nrsgh budh ekU; rk gkrh gS fd l emg dh fo' kskrk; ; dk; Zi n' kU eal qkkj ykrh gSft l l sdk; Zl Ei knu eal gtrk vkrh gA 0; fDrxr : i l sikr y{; dh ryuk eal kefgd y{; dsifr vf/kd l fO; gkrsgA l emg eadk; Zfn; stkusij cgrj dk; Zifj .kke nsikrs gA l emg eaoS fDrD igpku dsifr xEhkj ugha gkrsgA l emg dflær xfrfof/k; k' f' k(k.k fof/k; k' dk; Zi) fr; kadsifr xEhkj gkrsgA rFkk l kefgd ifri f'V , oai qcyu l s ykkkflor gkrsgA mi ; Dr eal svi uh o l kFk; ka }kjk 0; fDr mled'krk , oal emg mled'krk dh i dfr dk mi ; kx djrsgq vi usfy, mi ; Dr vdsysfd; stkusokysdk; Zy{; ; k l emg dh fo' ksk volFkk eafd; s tkusokysdk; Zy{; dk p; u dj l drsgA

❖ n' ; kRed cuke Jo.kkRed dk; Z'ksh dk l EclU/k v/; ki d dh l onh : i kRedrkval sgA d'N v/; ki d dk; ZlFkfr; ka ea i <h tk l dusokyh l pukvka dks egRo nrsgh fyf[kr funa kka dk vuq kyu djuk budsfy, l gt gkrk gA rLohjka; k fp=ka; k efaer l kexh dks nq k dj ; k iz Dr djus l sLo; adks cgrj <ak l s0; Dr dj i krsgh n' ; l kexh budh dYi uk dks funa ku nrh gA d{kk ean' ; l kexh ds mi ; kx dks ojh; rk nrsgh veirZdh ryuk eaeirZfplru djrsl e; l gtrk dk vuqko djrsgA ogha d'N v/; ki d vPNs Jkrk gkrsgA rFkk l qh g'Z l pukvka dks; kn j [kuk , oal Ei f'kr djuk budsfy, l gt gkrk gA ekS [kd funa kka dks T; knk ojh; rk nrsgh v'kS uohu tkudkfj; kadsvknku&in ku dsfy, fopkj &foe' kZ dks ojh; rk nrsgh i k; %bueaveirZfplru dh {kerk ryukRed : i l svf/kd gkrh gA d{kk fLFkr; ka ea J0; l kexh mi ; kx dks ojh; rk nrsgh v/; ki d dsfy, ; g ykteh gSfd fo l kFkZ vf/kxe dks l Etko cukusdsfy, fo" k; olrqdh ekx ds vuq i n' ; J0; , oan' ; &J0; l kexh dk mi ; kx fd; k tk; A fdl h , d izlkj dh l kexh dsifr fo' ksk i l n dk gkuk v'kS f'k(k.k&vf/kxe i fO; k eadby ml h dk mi ; kx djuk mfpr ugha gskA bl dk; Z'ksh dh tkudkj h gkusi j v/; ki d vi us #fp {ks=} f'k(k.k&vf/kxe i fO; k ds vuq l Ei k.k ; fDr; k' l kefxz ka, oal d k/kuak dk cgrj p; u dj l drsgA

i R; d v/; ki d dh l h[ku] fplru djus, oadk; Zdjusdh vi uh fo' k'V 'ksh gkrh gA gkyk'ad cgr' gh de v/; ki d fcYdy ml <ak l sdk; ZvFkok vf/kxe djrsgA tkmsudsfy, JSBre gA dk; Z'ksh dk Kku v/; ki d dks vi uh fofo/krk dh 'kfa (power of diversity) dks igpkuusdk , d vol j nrk gS rkfd og vi uh dk; Z'ksh; ka ds vuq kj vi us dk; Z0; ogkj ea l qkkj ykrsg v/; ki u 0; ol k; ea vf/kdre l Qyrk i ktr dj l dA l kjr%dk; Z'ksh fo' ysk.k l sv/; ki d vi uh dk; Z'ksh fo' kskrkvka ds fo' k'V ; Ye dks l e>rsq cgrj dk; &fu"i fUk; ka dsfy, dk; Zokroj.k ea dS s0; ofLFkr g'k tk; s bl dh tkudkj i ktr dj l drk gA og vi uh {kerk dsmPpre Lrj rd dk; Zfu"i knu dsfy, vo/kku dk cgrj dhae.k dj l drk gsrFkk vi uh dk; Z'ksh ojh; rk vka ds fo" k; ea i j Ei jkxr 0; fDrRo i j h{k.k dh ryuk eade 0; ; eavf/kd xgu , oafolr l puk, i ktr dj l drk gA

2-'kS{k d l xBu v'kS dk; Z'ksh; k;

fdl h Hkh 'kS{k d l kFkk ; k l xBu dks pykusokysdsfy, , d v'kS ; g tkuuk ijeko' ; d gSfd v/; ki dka dsefLr" d eaD; k pyr k gS os dS k l kprsgA dks l h ckra; k D; k mlga l Qy vFkok vl Qy cukrs gA n' jh v'kS muea i wZ dk; Z {kerk mRi l u djus dsfy, fdl izlkj dk 0; ogkj vf/kNfr ; k 0; olFk ki dka }kjk fd; k tkuk p'fg, ; g Hkh tkusdk fo" k; gA bl ds l eku gh ; g Hkh eg'loi wZ gSfd vf/kNfr ; k i zll/kd vi us l kFk; ka l sfd l izlkj l Ei k.k ; k l pukvka dk vknku&in ku djrsgA v'kS depkj h , d n' jsds l kFk dS k 0; ogkj djrsgA rFkk dk; Zdjrs l e; , d n' jsdk fdruk l g; kx yrsgh vFkok ugha yrsgh vi us fo l ky; ds v/; ki dka dks cgrj <ak l sl e>usdsfy, l dk; Zi n' kU eal qkkj ykus v'kS i zll/kdka, oav/; ki dka dks fo' k'V l puk, ; n' us dsfy, dk; Z'ksh dh l e> cgr' mi ; kxh gks l drh gA fo l ky; ea i zll/kdka ds l ek dbz i z u cgr' eg'loi wZ gkrsgA; Fkk& mucs l gdeh' ncko dh fLFkr; ka ea dS sdk; Zdjrs gA dks l k v/; ki d 'kh?krk l sdk; Z dks l e> yrk gS v'kS fdl dh foj ksk ofUk mPp gS dks l k v/; ki d dk; Zvof/k eami ; Dr vFkok rR{k.k; fu.kz yuseal {ke gS vi us l emg ds l nL; ka dks v'kS i j r djusdh vi {kr j hr D; k gks h \ Mu , oai k'fux %1994% ds vuq kj dk; Z'ksh fo' ysk.k l si zll/kka dks dk; Zdrk'kadh 'ksh fo' kskrkvka ds v'f'of' k'V ; Ye dh tkudkj h i ktr gkrh gS cgrj i j .kkekadsfy,

dk; Zokrkoj .k dksdS si qd; bflFkr dj l drsgD 0; fä; kadksvo/kku dflær djusrFkk mRN"V Lrj rd
in'kz djusdsfy, dS sl gk; rk nh tk l drh gA bl fo"k; eaijEijkr 0; fDrRo ijh{k.k dh rgyuk ea
de 0; ; eafol uh; xgu , oafolr fo'ySk.k dksvk/kkj feyrk gA Mu , oaiskfux }kjk mYyS[kr
dk; ZkSy; kadh tkudkfj; kadsegRo dksn"Vxr j [krsqg i zlu/kd 'kkyk dk i zlu/ku djuseavxkdr ykHk
i klr dj l drsg&
? i k; % kS{k d l lFkk dsfof'k"V i fjhkkf"kr n"Vdksk] y{;} l k/; gksrsgf tudh i fRZdsdk; Zdrkzka
dk p; u djuk t: jh gkrk gA dk; ZkSy; ka l s0; fDr dh tSod&'kkjhjd l j puk] eLr"d dk; kRedrk]
l dshh : i kRedrk] 'kkjhjd vko'; drk] okrkoj .kh; ojh; rk] l keftd i {k rFkk 0; kol kf; d vfhkofUk; ka
dsckjseavi {kkdr vf/kd oLrqu"b tkudkj i klr gksl drh gA l lFkk dh vko'; drkvkads/; ku eaj [krs
gq dk; ZkSy; kadsKku dk mi; kx mi; qR 0; fDr dspuko graqd; k tk l drk gA
? vPNs i zlu/ku ds fy, ; g t: jh gSfd l gdfz ka dse/; cgrj l EiSk.k lFkfi r gksbl graq
i zlu/kd vS pkfjd dsl kFk&l kFk vukS pkfjd xrfof/k; k@d; Dekaadk vf/kd/fk/kd vk; kst u dj l drsgD
ft l l sv/; ki dka dks vi usl gdfz kadsl kFk l EiSk.k djusdk T; knk l sT; knk vol j feyA
? dk; ZkSy; ka dh tkudkj gks i j i zlu/kd v/; ki dka eLr"d dk; kRedrk] l dshh : i kRedrk]
0; kol kf; d vfhkofUk; kadk mi; kx djrsqg v/; ki dka dks fofo/k l eL; kvkads l ek/kku eal gHkfxrk yus
ds fy, vfhki fjr dj l drsgD rFkk v/; ki dka dh l tukRedrk ea rH{.krk ea l qk] ds l kFk mudh
l tukRedrk dk mi; kx dj l drsgA
? l lFkk ds l q pkyu ds fy, ; g vko'; d gSfd l lFkk ds dk; Zdrkzka dh fu; kst u ea l fD;
Hkxhnhkj gA xrfof/k; k@d; Deka dh ; kst uk cukus ds fy, dk; Zdrkzka cBd fu; fer : i l s gksuh
pkfg, A v/; ki dka dh l kefgd i k k dk mi; kx yus, oacBdka dks mRi kn d cukus dh n"V l sck; ZkSy; ka
dh tkudkj dk cgrj mi ; kxh gksl drh gA
? l e; Lo; a, d l d k/ku gA bl l d k/ku dk fdl i zlkj mi ; kx fd; k tkrk gSbl i j l lFkk dh
i Hkko'khyrk cgr gn rd fuhk] djrh gA v/; ki d dk dk; Z0; ogkj tSod&'kkjhjd l j puk] eLr"d
dk; kRedrk] l dshh : i kRedrk] 'kkjhjd vko'; drk] okrkoj .kh; ojh; rk] l keftd i {k rFkk 0; kol kf; d
vfhkofUk; ka tS s'kSyh vuqfU/kr rRoka; si Hkko'for gkrk gA bu 'kSyh vuqfU/kr rRokads/; ku eaj [krsqg
dk; Zfu; kst u] l aBu , oafD; kko; u djus i j v/; ki dka dh dk; Z{kervka ea l qk] vk; sck] i fD; kxr
vi 0; ; , oavojkku de gkxkA Qyr% l e; dk i zlu/ku cgrj fd; k tk l drk gA
? orëku 'kS{k d i j n'; pqrk; ka l si fj i wkgA pks; g pqrk; k dk; ZdstfVy gksu] l d k/kukads
l hfer gksu] vi {kk, j c<u} dk; Zin'kz dk nok c<eudsdk] .k gkav/; ki dka eancko rFkk ruko dk dk] .k
curh tk jgh gA v/; ki dka eancko rFkk ruko dk l h/kk vl j l lFkk dsdk; Zin'kz i j vkrk gA , d sea
v/; ki dka dh tSod&'kkjhjd l j puk] eLr"d dk; kRedrk] l dshh : i kRedrk] 'kkjhjd vko'; drk]
okrkoj .kh; ojh; rk] l keftd i {k rFkk 0; kol kf; d vfhkofUk; ka dh tkudkj dk mi; kx djrsqg
0; kogkfjd xrfof/k; k@d; Dekaadk fu; kst u] l aBu , oavk; kst u fd; k tk l drk gA bl l sv/; ki dka e
vkusokysfofo/k ncko , oaruko dksde djuseaenn fey l drh gA
? dk; ZkSyh dsfo'ySk.k l si rk pyr k gSfd v/; ki d dh dk; ZLFky dsokrkoj .k ds i fr fo'k"V
ojh; rk, j j [krs gA ; Fkk dfri ; v/; ki d vS pkfjd okrkoj .k % d k'k] /ofu] rki eku] cBd 0; oLFkk]
l kexh , oal qo/kkvkadh mi yC/krk vkfn ds i fr vf/kd l at hnk gksr gA dk; Zdjrs l e; ; k dfBu
l eL; kvkai j fopkj djrs l e; fcYdy 'kkfU; k [kks kh dks i l Un djrs gA okiNr i zlk'k , oarki eku
blga, dkxrk cukuseal gk; rk nrk gA dk; ZLFky i j mi yC/k foHkku l kexh , oal qo/kkvkadh vuq yC/krk
budsdk; Zdsudkj kRed < a l si Hkko'for djrh gA bl fy, ; sl kexh , oal qo/kkvkadh i kfr dsfy, l fD;
gksr gA budh dk; ZLFky dsokrkoj .k ds l Ecl/k ea 0; fDrxr eku; rk gksr gA dHk&dHk ; sokrkoj .kh;
ojh; rkvkads i fr brusn<+gks l drsgD fd , d Hk okrkoj .kh; rRo ds vuqch u gks i j budk dk; Z
fu"i knu i Hkko'for gks tkrk gA , d sv/; ki dka dh dk; ZkSyh dksokrkoj .k l ki {k dk; ZkSyh dgk tk l drk gA
ogham jh vkj d qv v/; ki d , d sgksr gA ft l gavi usdk; Zokrkoj .k eafdl h fo'kSk i zlkj ds vS pkfjd
okrkoj .k Wofu Lrj] i zlk'k] cBd 0; oLFkk] l kexh , oal qo/kkvkadh mi yC/krk vkfn dh vko'; drk ugha
gksr gA vS pkfjd okrkoj .k dk gksuk ; k uk gksuk budsdk; Zfu"i knu i j fo'kSk i Hkko ughaj [krk gA ^tk
tgk; tS k gSoksBhd gS budk ey ea gksl drk gSbl fy, l kexh , oal qo/kkvkadh mi yC/krk dh i kfr ds

fy, budh l f0; rk de gkrh gA ; sdk; LFky dsokrkoj .k l svi Hkkfor ; k de i Hkkfor gkdj dk; Ztkjh j [k l drsgA vr%v/; ki dka dsfy, vuphy dk; Z{k= dk fodkl djusdsfy, dk; Zksh dsfo' ySk .k dk mi ; kx fd; k tk l drk gA ? dN v/; ki d dk; Zdjrs l e; vR; f/kd vkrRedlæer gkrsgA , d sv/; ki d l keigd : i l si klr y{; dh rgyuk e0; fDrxr : i l si klr y{; dsifr vf/kd l f0; rk dk in'ku djrs gA vdsysdk; Zdjus dk vol j fn; stkusij vkuflnr o , dkxfoUk gkdj dk; Zdjrs gA l keigd dk; Zeavi uh Hkkiedk dsifr l onu' khy gkrsgRfkk Hkkiedk dk Li "V i fj Hkk'khdj .k pkgrsgA 0; fDr mledk gkusdsdkj .k buds vud kj l eug dh dfe; k@fofo/krk, j dk; Zdsudkj kRed : i l si Hkkfor djrh gA blgavi uh {kerkvkaj vf/kd fo'okl gkrk gA dk; Z i wkZ gkusij 0; fDrxr in'ku l sj kkrdr djusdh vko' ; drk ij cy nrs gA fuos fDr d f'k{k.k fLFkr; ka tS &0; k[; ku dksojh; rk nrs gA f'k{k dæær vf/kxe okrkoj .k dsifr xEHkj gkrsgA 0; fDrxr ifri fV , oai pcyu l si Hkkfor gkrsgA nu jh vj dN v/; ki d vdsysdk; Z djusdh rgyuk eany] ; ke ; k l eug eadk; Zdjusdksojh; rk nrs gA budh ekU; rk gkrh gsf d l eug dh fo'kkrk, j dk; Z in'ku eal qkkj ykrh gsf t l l s dk; Z l Eiknu eal gtrk vkrh gA 0; fDrxr : i l si klr y{; dh rgyuk eal keigd y{; dsifr vf/kd l f0; gkrsgA l eug eadk; Zfn; stkusij cgrj dk; Z i fj .k ke nsi krs gA l eug eaoS fDr d igpku dsifr xEHkj ughagkrsgA l eug dæær xfrfof/k; k f'k{k.k fof/k; k dk; Z i) fr; kadsifr xEHkj gkrsgRfkk l keigd ifri fV , oai pcyu l sykHkkflor gkrsgA vr% v/; ki dka dh bu fof'k"Vrkvka dks /; ku eaj [krs gq l fLFkr xfrfof/k; k@dk; Deka ds fy, i zll/kd vko' ; drkuq kj , dy dk; ZYk{; dk fu/kk .k ; k dqky@mRi kind l eug eadk xBu dj l drsgA ? fdl h Hkh l xBu eapksog 'k{k d gks ; k vl;] ml dsdk; ZrkZ/ka dks dN , d k pfg, tks mlga dk; Z l st kMaj [k l dA vf/kd k l xBu ka ea oru mlga l xBu eaj [kus dsfy, i ; klr gkrk gA 'k{k d l xBu ea oru gh v/; ki d dksdk; Zeacuk; sj [kus dsfy, i k fked ughagA v/; ki d dksfo | ky; hu dk; Z grqvfHki fjr gksuk pfg, A , d k u gkusij v/; ki d dsdk; Z dh xqkoUk vj l keU; r% i j s dk; Dæ dh xqkoUk i Hkkfor gkschA v/; ki dka dksdk; Z l si jh {kerk dsl kfk tkMaj [kus dsfy, v/; ki d&vfHki j .kk e[; dkjd gks l drh gA v/; ki d geskk vkrfjd : i l svfHki fjr ughagkrsgA mlga dHk&dHk cka ; k fLFkrxr vfHki j .kk dh vko' ; drk i M-rh gA vr%v/; ki dka dh vfHki j .kk l Ecl/kh bu fof'k"Vrkvka dks /; ku eaj [krs gq i zll/kd l fLFkr xfrfof/k; k@dk; Deka ea v/; ki dka dh l gHkxh cukus, oa dk; Z dh i wkZ rd xfrfof/k; k@dk; Deka l st kMaj [kus dsfy, vko' ; drkuq kj vfHki j .kk ; fDr; ka dk mi ; kx l drsgA ? , d v/; ki d vi uh {k= dh vko' ; drkvadh i firZdsfy, dc] dgk vj ds si fjoZu ykrk gS bl dk l Ecl/k ml dh ueuh; rk l s gkrk gA ; g ueuh; rk v/; ki d dh vi uh , oa 0; kol kf; d vko' ; drkvadks i jk djusdsæ eal e; %dc%LFkku %LFkku%vjs rjhdscs dsifr nh x; h ojh; rkvka l si zV gkrh gA dN v/; ki d l e;] LFkku , oadk; Zdsrjhdsdsifr n<+ughagkrsgA budh l e;] LFkku , oadk; Zdjusdsrjhdsdsifr fo'kSk i l Un ; k uki l an ughagkrh gA dk; Z0; ogkj eaf0; k vFkok i frf0; k djus l si wZcgr l k l k fZd , oamRi kind fplru djrs gA ; sl keU; r%dk; ZvFkok l eL; k ds i j E i j kxr l ek/kkual sl rV ughagkrsgRfkk uohu] eksyd vj vf}rh; i frf0; k djrs gq l ek/kku rd i gpusdk iz kl djrs gA ; sdk; Zeafofo/krk] paks h , oai fjoZu fiz rk dsdkj .k i zkkukpk; Z , oa vf/kdkfj ; ka dk vl/kkupj .k ugha djrs gA ; fn , d gh dk; Z blganpkjk djuk i M-rksHkh ; si wZ iz q f0; kfof/k dks ugha vi ukrs; k vi uk i krs gA ; fn blgam l h jhr ; k mi kxe l s dk; Z djuk i M-rC ; sl keU; r%vi usvki dks vl gt fLFkr ea i krs gS Qyr% vi uk mRN"V in'ku ugha ns i krs gA bl fy, ; s dk; Z vFkok l eL; k&l ek/kku dh uohu ; k Lo; a }kjk viz fR fof/k dk vuqz kx djusdksojh; rk nrs gA budh uohu vutko i kflr , oami ; kx ea #fp gkrh gA t: jr i M-rs i j ; sl {ke v/; ki d l s dk; Z jhr; kadsfo"k; ea ppkZdjusdksegROI wZekurs gA nu jh vj dN v/; ki d l e;] LFkku , oadk; Zdsrjhdsdsifr n<+gkrsgA budh l e;] LFkku , oadk; Zdjusdsrjhdsdsifr fo'kSk i l Un ; k uki l an gkrh gA ; si zkkukpk; Z , oa vl; vf/kNfr; ka }kjk i nUk funZ kka; k dk; Z kstuk (Work Plan) dk v{kj 'k% i kyu djrs gA l keU; r% ; s vi usofj "Bka }kjk i nUk fn'kk&funZ kka l sfoyx ughagksuk pkgrsgRfkk fu; fer vFkok i wZfu/kZj r dk; Dæ dsvlrxZr vPNh rjg dk; Z djrs gA dk; Zeafujlrjrk , oauohu dk; Z fLFkr; ka eai zkkukpk; Z ; k vf/kNfr; ka }kjk fufnZV mi kxe ; k vi us }kjk i wZ eavi uk; h x; h jhr ; k mi kxe l s dk; Z djusdksojh; rk nrs gA

dHkh&dHkh ; sbrusn<+Hkh gks l drsgdfd ipfyr@ ikjEifjd ; @Dr dsbrj dk; Zdjuk i l Un gh ugha
dja T; knk tkj nusij ; s; k rksc&eu l sck; Zdjrsgh; k ml sNkM+nrsgh vr%v/; ki dka dh ueuh; rk
, oavueuh; rk l Ecl/kh oj; rkvka dks/; ku eaj [krsgq l LFkkr xrfrof/k; ka@dk; Dkadsfy, i zlu/kd
vko'; drkuq kj Lo; a, oav/khuLFkkaeueuh; rkvk xtkarkvka@Lohdk; Zk , oaf fg". kpk dsxqk dks<kus
, oaf keatL; LFkku dsiz kl dj l drsga

? I keku; r%v/; ki d dk dk; Zdk; ZLFkr dh l jpu l si Hkfor gsrk ga vFkr-dk; Z{ks= vFkok
dk; ZLFkr dh ts h l jpu gsrh gs ml h idkj dk; Zfd; k tkrk ga dN v/; ki d , d Li"V ekxh'ku]
vkdYi u vFkok <kps ds vlr xz' dk; Zdjus dks oj; rk ugha nrsgh uohu l Ei R; ; ka dks l e>us ds i fr
mudh LoHkkr%ftKkl k gsrh ga ; svi uk ekxh'ku Lo; adj l drsga, oavko'; drkuq kj fLFkr; ka dh
l jpu dj l drsga l Ei R; ; ka dh i kfr , oamudsvlrj .k dsfy, ifjdYi uk ij h(k.k mi kxe dksvi ukr
ga fo | kFkz blgaf l) kurkadksykwidjusdsfy, i k l kgu nusokysv/; ki d ds: i eai R; {khN'r djrsgh
'vHkh l EHkhouk 'ksk gs bl ewy ea= dkskusdsdkj .k ; si k; %vi us; k vi uh l LFk dsdk; Zin'ku l sde
gh l UrqV gks i krs ga rFk l qkkrRed i fri q'V , oadkj kRed ew; ka du dk mi; kx vi us iz kl ka ea
mRN'Vrk ykusdsfy, djrsgh vf/kxe grqvi f{kr okroj .k dsl aBu , oabl grqvU; v/; ki dka dk
ekxh'ku djusdh {kerk bl dk l q'<i {k gsrk ga ; svi uh l ekykpu l scgr de i Hkfor gsrsga Lo; a
>kjk ifjHkr'kr y{; , oai qcyu dk mi; kx djrsgh vi usfy, mi ; @r l jpu dk vkdYi u djusds
fy, mRi fjr jgrsga nu jh vj dN v/; ki d , d Li"V ekxh'ku] vkdYi u vFkok <kps ds vlr xz' dk; Z
djus dks i kFkdrk nrsgh mi yC/k l jpu dk ikyu djuk budsfy, l gt gsrk ga l keftd : i l s
mlleq'kh d j .k vf/kd gks ds dkj .k l keftd fo"; &l UnHkka dk i Hkko mi; kx dj i krs ga cka : i l s
ifjHkr'kr y{; , oai qcyu budsfy, t: jh gsrk ga dk; Zfu"i knu dsfy, n'kzi&n"Vdksk dk mi; kx
djrsgh , d h fLFkr; ka dsoj; rk nrsgh tveav/; ki dka dsl kFk vlr%0; k vj i fjppz l gHk gka d{k
fLFkr; ka eai k; %fo | kFkz dslar gsrsga vi us; k vi uh l LFk dsdk; Zin'ku vj mi yfC/k; ka l si k; %
l UrqV gks ds dkj .k cgr de i fri q'V; ka dk mi; kx djrsgh udkj kRed ew; ka du l s; Fk l EHko nj
jgrsga fo | kFkz blgaf r; ka dsv/; ki d ds: i eaoxhN'r djrsgh l h[kusdk okroj .k mi yC/k dj kusea
budh #fp gsrh ga 0; fDrxr vf/kxe rFk cka l mHkka ij vk/kfjr gks ds dkj .k i k; %vi k l fxd o
vuko'; d foj .kka l sckf/kr gks tkrsga i zlu/kd v/; ki dka ds 'kfa' kkyh i {kka dk mi; kx dj ds fo'k'V]
i k; kfxd l ykg] ml ds fodkl dsfy, dk; Zkst uk , oaf; faxr i fjo'k.k iz kkyh fodfl r djusea enn
i ktr dj l drsga l ewy Kku dk mi; kx djrsgh mi; pa i f'k{k.k dk fu; kst u , oaf0; kko; u dj l drs
ga

? I Hkh v/; ki dka dsfparu djus, oadk; Zdjusdk rjhdk fcYdy , d l eku ugha gsrk ga dN
v/; ki d eflr"d f0; kdyki dsOyLo: i vf/kd rdZl ar pj .k) l pu kvka dsoj; rk nrsgh l pu k
xg .k vFkok inku djrsoDr i jh i f0; k dks pj .k) <a l syrsgho vf/kd 0; ofLFkr gsrsga nu jh vj
i wkkRed fplru okysv/; ki d l exz fopkj vFkok cMh rLohj ij xk djrsgh, oafolrkj ds i fr vf/kd
xEHkhj ugha gsrsga , d sv/; ki d okroj .k dks, d l exz bdkbzds: i eal Ec) djrsgh dk; Zdh l Ei wkr
ij vf/kd /; ku nrsgh l keftd : i l smlleq'kh d j .k gks ds dkj .k cka i j dka l svf/kd i Hkfor gsrsga
vr%i zlu/kd vko'; drkuq kj v/; ki dka dh bu fo'k'Vrkvka dks/; ku eaj [krsgq urRo inku dj l drs
ga

? dN v/; ki d Lo; adks l kax; sdke dsl kFk bl rjg l sl Ec) dj yrsghfd dk; Zdh l Qyrk
mudk vi uk y{; cu tkrh ga bl rjg y{; kled'k gkdj dk; ZekxZeavkusokyh ck/kvka, oafLFkr; ka i j
xEHkhjrk l s fopkj djrsgh rFk dk; Zdsfy, vko'; d l d k/kuka , oaf{kerk vka dh i kfr dj Lo; a dks
0; ofLFkr djusdk iz Ru djrsgh dk; Zdh i firZds0e eat: jh vfrfjDr l e; , oafJe nclj dk; Zdjrs
ga dk; Zdjrs l e; fu; eka o i frfu; eka dk /; ku j [kuk i l n djrsgh vj geskk ogh djrsgh tks
fu; ekuq kj l gh ga dk; Zdksmfpr jhfr , oafhd l e; l si wkZdjuk budk mfs; gsrk ga , d ckj dk; Z
dksLohdkj djusdsckn ; svi usi wkZ l kef; Z, oai z kl l sck; Zdjrsgh pksdskbz mudk i ; bsk .k djs; k u
dja dk; Zl sl Ecl/kr l eL; kvka; k l angka dk fuokj .k djusdsfy, l {ke 0; fDr ; k 0; fDr; ka dcsfujUrj
l EidZejgrsga nu jh vj dN v/; ki d LoPNk l sLo; adksfd l h Hkh dk; Zds l kFk l Ec) ugha djuk
pkgrsga Lo; adsdu/ksij ftenkjh yus l scpusdh i ofuk dsckj .k fd l h vU; dsfun'ku ; k urRo ea

dke djuk budh i kFkfedrk gkrh gA dk; Zokrkoj .k eabul sD; k vi s{k, i gA\ bl dk i Hkko ; k rksbu ij i Mfk gh ughagsvk; ; fn i Mfk Hkh gSrkscgr gh deA Qyr%; sdk; Zokrkoj .k dsvuq i [kq dksncyuk ughapgrsgA dk; ZLFky ij budk 0; ogkj i Zkkur% vks pkfjd gkrk gA l okdkyhu i f'k{k.k , oan{krk i kflr l sl Ecfu/kr xfrfof/k; kaebudh mi fLFkr vks pkfjd vknk kaal sgh l Hkko gkrh gA l e; foHkx pØ eamYyS[kr ds vfrfjDr dk; Zdjus ds i fr #fp ughagkrh gA dk; Z ea vk; h l eL; kvka dks nj djuk vf/kd f; ka dh ftEenkjh ekursgA l eL; k dsckj seaigy dj l ek/ku i kflr dk iz kl djus dks i k; % i kFkfedrk ughansrgA ; sdk; Zdk Bhid <a o l e; ij dk; Zfu"i knu dsfy, vko"; d gkus ij Hkh vfrfjDr l e; o Je fu; k ftr ughadj i krs gA dk; Zdjrs l e; Lo; adsfu; ekao l fo/kk dksojh; rk nrs gA x; i kjEi fjd <a l sdk; Zkkjk dsfoi jhr dk; Zdj l drsgA , d ckj dk; Zdjuk Lohdkj dj yausdckn Hkh ; sdrD; P; r gks l drsgA vr% buds yxkrkj i ; b{k.k dh vko' ; drk gkrh gA i zlu/kd fofo/krk ds fl) kWrka i j vk/kfjr i Hkko i zlu/ku , oaur Ro dj l drsgA

dk; Z' kSyh fo' ysk. k l sv/; ki d dh dk; Z' kSyh fo' kSkrvkadsfof' k"V ; We dks l e>rsqg cgrj dk; Zfu"i fuk; ka dsfy, dk; Zokrkoj .k fufeR fd; k tk l drk gA ml svi uh (kerk dsmPpre Lrj rd dk; Zfu"i knu dsfy, vo/ku dk cgrj dkae.k ea l gk; rk nh tk l drh gS rFk ml dh dk; Z' kSyh ojh; rkvkadsfo" k; ea i jEi jkx 0; fDrRo i jh{k. kaadh rnyuk eade 0; ; eavf/kd xgu , oafolrr l puk, i i ktr dh tk l drh gA dfri ; fooa fLFkr; ka dks NkMdej v/; ki dka dh dk; Z kSy; k; kS{k d vH; kl ka dks i Hkfor djrh gA , s h fLFkr ea' kS{k d l kFkuka }kj k fo | ky; ka eav/; ki dka dh dk; Z kSyh ds l UnHkZeavk; xgu vuq dku djus dh vko' ; drk gS ft l sv/; ki dka dh fofo/krkvka dks vf/kd l svf/kd oLrfu" B rjhds l sl e>k tk l dsvk; fofo/krkvka dh uohu l e> dsvuq i i Hkko dk; Z vko; gka dh jpuk dh tk l dA v/; ki dka dh dk; Z kSy; ka ds fodkl ea foHkku ekuf l d] 'kjh fjd] l keft d] okrkoj .kh;] 0; kol kf; d , oal onh vkfn rRokadh Hkfedk vge gA bu rRokal sl Ecfu/kr fofo/k 0; fDrxr , oal kFkxr dkj dka ; Fk& l aBu dh i Nfr] l kFkxr i fjo s k] Af' k{k.k Lrj] l keft d& vkfkd i "BHKfe] cfj]] mi yfC/k vfhk i j .kk] v/; ki u fo" k;] l dck;] fyaxr fHkurk] {k=xr fHkurk] v/; ki u vuHko] in fLFkr] i zkl fud vuHko vkfn ds l kFk v/; ki dka dh dk; Z kSyh ds l Ecu/kkack v/; ; u fd; k tkuk pkfg, A

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