

ORIGINAL ARTICLE



**ROLE OF NGOS IN THE ERADICATION OF AIDS:**

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**ABSTRACT:**

Right from the ancient days India is continuously facing many problems.

In the present world, due to Industrialisation and urbanisation, people are facing the lack of basic facilities .the residents of the villages and cities have polluted the environment without the sense of cleanliness .Due to this reason the people are attacked by various diseases is a common thing. The reason for this may be poverty, lack of nutrition's food, weakness due to hereditary or else illiteracy which may be the main reason.

**INTRODUCTION**

Though the Government and Non-Government organizations are contributing a lot to solve the health problems, when it comes to the point of another important matter failure could be seen in finding the solution. That terrible problem is the deadly disease HIV/AIDS .As KALI' S period is moving man is becoming modern bidding 'Good bye' to simple and holy life adopting cruelly and going mad with inhumanity. This has resulted in the form of the disease AIDS.

In the history of mankind there is no other disease like AIDS which has spread rapidly in all the districts, states and countries .Throughout the world there is a notable increase in the infection of AIDS and deaths as well. Even the huge write up regarding AIDS, in the sense the medication seems to be very less. Even today 80% of the people in the world are unaware of proper information regarding the disease AIDS.? Man always hates the unfavourable and troublesome ones. But many of the people are dying due to the lack of knowledge about the functioning of the body after the virus enters the body.

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Human have a holy birth. One has to achieve something after being born as a man and death is certain for every being but it is useless in awaiting the death. Being dare to face the situation and make life meaningful should be the main aim of life. But the highly negative and evil thoughts about AIDS has blocked the arrangement of programmes to eradicate AIDS. Due to the fear of ill-treatment people are not willing for blood check up. This has led to the increase in spread of the disease unknowingly. To solve this problem many NGOs are working hard.

### **Support of self service organizations to eradicate AIDS:-**

Karnataka state AIDS Prevention Society is in the first stage of the National AIDS control project , while Karnataka Health Promotion Trust in the second stage the non-government objective interval programmes are being implemented by KHPT that is to rescue the population that might fix in danger. Though the Government is providing technical and financial assistance, it is being managed systematically by self service organizations through required programmes in between. The main objective of this programme is to provide correct and necessary information to the people who may get infected by AIDS due to their social financial and professional reasons. Also they provide them the necessary items.

### **Features of the Interval Programme:-**

- 1) Interaction and warm discussions educating the companions, street plays distributions pamphlets, interaction through flash cards exhibition etc, are the tasks carried out to bring out changes in the behaviour.
- 2) Medication for the infection due to sexual contact and maintenance.
- 3) Motivate for the usage of Condoms.
- 4) Creation of good atmosphere.

Though KHPT is alone able to initiate the programmes, it is reach the goal. As unity is very important, the many other organizations should give their helping hands to reach the expected level. After it was declared that though these organizations are not directly involved in the matter related to AIDS, they should provide education regrading the other health problems and the severing of the problems occurred due to HIV/AIDS, many self service organization co-ordinated with KHPT.

### **List of Self serviced organizations in the state:-**

- Mirad Gulbarga
- Jagruthi Bangalore
- Suraksha Bangalore
- Bhoraka charitable trust, Bangalore
- Asha foundation, Bangalore
- Grama swarajya samithi, Bangalore
- Bosco
- Karnataka Network for people living with HIV/AIDS Bangalore
- Society for peoples action of development, Bangalore
- Samooha surksha, Bangalore
- AIDS Jagruthi Mahila Sangha, Bijapur

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- Ujwala Rural development society Bijapur
  - Guard, Mysore
  - Social Welfare Institute of Mankind, Davanagere
  - The Hind Kushta Nivarana Sangha, Mangalore
  - [ The Hind Leprosy eradicating association, Mangalore.
  - Citixens alliance for rural development training society, Mangalore
  - Sharana thatva prasara and rural development service organization, Bidar
  - Basavakarya Samithi, Bidar
  - Shree shakthi association, Davanagere
  - People Education Society Movement, Hasana
  - Hope foundation, Bangalore
  - Samraksha, Koppla
  - Swathi Mahila Sangha, Bangalore

**List of organizations which take care help AIDS patients:-**

- Jeevanajyothi Bagalakote
- Samastha, Bangalore
- Freedom foundation, Bellary, Udapi, Bangalore
- Shena Sadan, Mangalore
- Snehadada, Bangalore
- Accept AIDS care, Bangalore
- Asha Jyothi Saraksha, Kushtagi
- Swami vivekananda Youth Movement, Mysore
- Shree Shakthi Association<sup>®</sup>, Kushtagi
- Mooli Samruddhi Arogyabhivruddhi Prathistaha<sup>®</sup>, Shimoga
- Indira Gandhi Institute of child health, Bangalore
- T.B. Santorium, Bijapur and Gadag

All these organizations have participated with KHPT to eradicate AIDS. Since 2004, KHPT is working hand in hand with KSAPS to eradicate AIDS in providing help and care to the AIDS patients. Since 2006 all the organizations have extended their functioning areas.

**Role of NGO: (Important activities autonomous originations)**

- Guide and suggest the elderly couple to be loyal to their mater.
- Educate the teenaged boys and girls about life skills and suggest the youth to involve in sexual contact only after Marriage.
- To provide about safety measures, guidelines to those who are in danger including sexual workers and also to render service to the patients.
- Moral support and care for those who are living with HIV/AIDS
- Healthy interaction and moral support to the widows and pregnant women.
- Moral support and care to the orphans.

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**Progress of net work contacts to receive Government services:-**

- To inform the patients about the service such as ICTC, PPTCT, and ROT provided by the government to the infections caused due to sexual contact.
- To improve the net work contacts so as to ensure the utilization of above services by the focussed group in time to the full extent.
- To observe and cooperate the people who are privileged by the basic service of the contact workers.
- To reduce the black spot and partial treatment among different groups.

**The complete control over positive infection and health care canters:-**

- To control the positive infection in the people who live with AIDS and establish the health care establishments where ever possible.
- These centres work as contact bridges between the facilities available and the focussed groups.
- These centres involve friendly discussions, guidance about nutrition's food, moral support, medication for the infection and such other facilities.

**The steps taken by the self service organizations to quit the black spot and ill treatment with rased to AIDS**

- 1) The primary purpose is to provide proper information to the people about HIV/AIDS i.e., its meaning the way it spreads, the way doesn't spread the difference between HIV/AIDS.
- 2) To make the people get rid of the fear that AIDS is a deadly disease to make everybody know about the fact that the HIV infected could live with a positive altitude for about 10 to 15 years.
- 3) The feeling that HIV is a problem related to one group must be changed. Any person with his dangerous behaviour may get infected with HIV/AIDS is the matter to be understood by every body.
- 4) No person will get the HIV/AIDS infection willingly. Due to the pressure of circumstances, knowingly or unknowingly he gets the infection. The society should be informed that such a person must be treated with humanity.
- 5) To live the life with respect is the right of every one including the HIV/AIDS infected people "It is the duty of everyone to honour the self respect of others ". Our main intension is to convey this message to everyone.
- 6) All the patients should be treated equally by the caretakers or the nursing staff. It is also the professional ethics. It is not that how the patient got attacked by the disease but it is our duty inferiority complex of the patient and provide him a peaceful atmosphere this reduces the black spot and partiality related the patients disease as well.
- 7) Separate arrangements should not be made for the HIV/AIDS infected ones in the hospitals, maternity rooms, Wards etc. Treating all the patients equally may reduce the black marks and inequality.

- 8) Any HIV/AIDS patient could enter the matrimonial life provided the life partner should be aware of the condition of patient and disease as well and after the acceptance it is possible to live a safe and normal life. This message should be conveyed to every one.
- 9) It is essential not to disclose the “information of the AIDS patients and maintain secret regarding the test reports of HIV/AIDS. It is necessary not to reveal the information of the patient without his/her permission. This helps to wipe out the black mark and inequality.
- 10) If the patients with HIV positive take part in the AIDS control programmes with an open minded they could be able to know the stage of the disease clarify several doubts and get an opportunity to mingle with other.
- 11) The HIV/AIDS positive should be allowed to take part in the fests, functions and communal activities and treated equally. This helps them to increase their mental strength make them to lead an useful life there by enable to be free from black mark and ill treatment. This should be realised by every body.

#### **Social Management:-**

Today in many countries every person has lost either his friend or relative because of AIDS. Now a days this disease is found in common the people in midst of us are infected by AIDS knowingly or unknowingly and they need sympathy from the society. But unfortunately they are receiving black marks and being scared of this patients are unwilling to go for blood check up and medication.

The organizations with volunteer service say that a cultured society instead of ill iterating a patient it should show sympathy forwards the patient and fill courage in him and help him in the best possible way. Every body should be facilitated to live a free life. When a patient has lost hopes in his life the society should allow him to participate in all the activities so as to make him gain interest to live with positive thinking. This may be a foundation for him to live happily till the end.

#### **Take oath to obstruct AIDS- A Programme:-**

In the world 14000 people are getting HIV infection daily. In India there are about 5 lakh infected more no of infected are found in 6 States ( Andhra Pradesh, Tamil Nadu, Maharashtra, Karnataka, Manipur and Nagaland) and as Karnataka is one among them approximately 5 lakh people may have the infection.

Just as in the world and other parts of Asia even in our state AIDS is spreading rapidly as per the study of NACO from 2006-2008, there are 5 lakh people with HIV infection, while AIDS patients are 34.000 in number. The main reasons for this severe increase are company of prostitutes, reckless and unrestricted sexual contact, the practice of Devadasi, Poly gamy, child marriage, poverty, lack of education, gender, discrimination, lack of medical facilities, intake of drugs, the unrestricted of illegal sexual contacts of the heave transport vehicles. Due to the above all reasons, AIDS has spread rapidly throughout Karnataka.

### **Red Ribbon Express- Arrive to watch A public awareness programme by NACO:-**

Karnataka is one among the 6 states of India which has a wide spread by HIV/AIDS and due to the lack of right information among the public these are many wrong assumptions about the infection. So in order to provide proper information about infection and the services available in the field, Rajiv Gandhi foundation had discovered the train by name " Red Ribbon Express" which started on 1<sup>st</sup> December 2007 travelled through different areas and reached Karnataka on 21<sup>st</sup> July then it travelled through out Karnataka for 27 days and successful in creating public awareness through displays. This campaign was held with co-ordination of the main associates of the project NACO, Nehru youth centre and UNICEF.

### **Cold war against AIDS:-**

Already there is a cold war being waged against HIV through self the world. In the early days as the doctors did not know the nature of the disease the way it spreads, they were helpless. But now there are changes in the circumstances expensive medicines to control the virus is found in the market. Now there is a plan to start the companies for the production of such medicines in India. It is declared that various programmes will be initiated through the Government and NGO s to train about the usage of medicines to the specialized doctors.

### **Coverage of NGO's:-**

The autonomous organizations have covered the whole Karnataka by conducting urban and rural caring programmes and supportive programmes in all the districts the adverse effects of the disease is conveyed through street plays, Folk songs, hospital camps, Pamphlets and above all the patients are made to inform about the effects of the disease to the public. It could be said that though all the programmes are being done by the organizations the control seems to be very less.

### **Conclusions (Suggestions):**

Compared to all the deadly disease such as plague, cholera, malasia seen by the world, AIDS is most dangerous. It is so deadly spread that a person is dying per hour. Many to control the disease which is seen since a decade. But the investment made is in vain. The so called developed countries such as America, Europe, Canada, have got a little control over the disease. In other countries the word AIDS sounds so harsh making the situation so terrible that the effective projects are not successful.

Through the government is spending crores together for the eradication of the disease the efforts are in vain. It is a mystry that all are getting attacked by the disease without knowing that it is the duty of the society too and not only Govt should bear the responsibility.

The struggle for the control of AIDS should be a public awareness Agitation. It is the responsibility of the Government to implement the accessory steps. Mainly the youth should undergo blood check up compulsorily. This should be included in the law strictly.

If an AIDS patient remains unmarried it saves the life of the two. Lakhs of people are spreading the disease without proper knowledge.

Along with street plays, pamphlets, education should be needed from the High school level to college level as that age group is dangerous.

The citizens should be made aware of the evil affects of AIDS and prostitutes as well.

This disease is the curse of nature to man for his sins. This could not be solved through praying, offering Poojas, Perform hands etc. this problem could be men solved by Man alone.