



REVIEW OF RESEARCH

ISSN: 2249-894X

IMPACT FACTOR : 5.2331(UIF)

VOLUME - 7 | ISSUE - 4 | JANUARY - 2018

UGC APPROVED JOURNAL NO. 48514



ACTION RESEARCH ON “FACE BOOK ADDICTION AMONG THE SCHOOL STUDENTS (A CASE STUDY ON THE H.S STUDENTS OF DASPUR VIVEKANANDA HIGH SCHOOL)”

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ABSTRACT—

Today, more than ever before, people are finding ways to connect with friends, family members, co-workers, classmates, and those they have just met using social networking sites. One of the most commonly used sites with 800 million active users is a site most are familiar with, Face book . According to the Face book website, more than half of the



active users log on to their accounts daily. Over the past few years, as usage of Face book has expanded beyond individual use and into the hands of companies to promote products and services. It has been a main concern for many universities, schools and companies to monitor and Limit the use of the site for fear that some cant perform other tasks if they have access to this site.

KEY WORDS: family members, co-workers, classmates.

INTRODUCTION :

However, although Face book could be a great tool to use to connect with friends and maintain relationship, there is a line that could be crossed in which a person utilizes the Face book site too much. Where does one cross the line form simply using the site to devoting all of their time and energy to checking their news feeds and staying update on every aspect of their Face book page.

Relatively little research has been done to explain the phenomenon on Face book Addiction Disorder, or FAD. Literature research for this specific idea has been questioned around what some theories are that have been used to explain social! Media addiction and more particularly Face book addictions a whole.

1) FACEBOOK

With more than 70 languages on the site and nearly 75% of all users belonging to countries outside of the United States, Face book usages has truly become a global phenomenon. Face book is accessible from any computer, an iPad, and many mobile devices, keeping individuals who utilize the site “connected” at all times throughout the day.

According to a new survey, "48 percent of social media users check or update Face book and/or Twitter after they go to bed and 56 percent feel compelled to check Face book at least once a day"(Evangelista 1).Articles relating to the background on Face book benefit this research question of Face book Addiction because it provides a walkthrough of how the typical encounter with Face book might happen. A framework for normal Face book usage can help to compare and contrast a normal user compared to one who is considered "addicted". A study comparing social capital and college students use of social networking sites illustrates that there is a relationship between Face book and the maintenance of social capital. Psychologically it is important to understand how there is an association between ones desire to feel socially connected and their Face book usage. According to the article, "Face book enables its users to present themselves in an online profile, accumulate "friends" who can post comments on each other's pages, and view each other's profiles"(Ellison,1143).

1.2. Drawbacks to Face book Usage

At first glance,

Face book may seem like a positive gateway to connecting individuals and making it easier for people to stay in touch with those they haven't connected with in the physical world in quite some time. However, it was important to include literature that illustrates a means for concern about Face book.

Since addiction is a serious concern of psychologists as a whole, it is important of understand how one might be "concerned" with Face book other than the idea of possible addiction. A journal article produced by Kasey chalk and Team Jones discusses how facebook (aswell as other social networking sites) can act as a facilitator of online obsessive Relational Intrusion in the article entitled "Online obsessive Relational Intrusion: Further Concerns About Face book.

The author conclude that through parallels drawn between types of behaviors conducted online and those identified in the literature on relational intrusion, stalking that Facebook enables and facilitates these behaviors. Further, this article provides framework to enlighten the idea that one may be addicted to Face book to consider in stalking or obsessive relational intrusion behavior.

Since there is no clear explanation as to what Face book addiction is or how it can be measured, the best way to compare how one may be overusing the Internet for their own personal well being is through literature directed at Internet Addiction. Since Internet Addiction has been professionally discussed and tested, it could act as a means for producing a Face book Addiction Scale for the sake of this test.

2.Study Area:-

Daspur Vivekananda High School is one of the good institutes of West Bengal. It is situated in Daspur city of West Bengal. Its exact address is Daspur Vivekananda High School, Vill.+P.O.:- Daspur, Paschim Medinipur (Dist.) Daspur, West Bengal . This school was founded in the year 1964. This school have V to XII class and nearly 1500 students studied in this school. There has nearly 50 teachers. Both arts and science departments present in H.S. Section nearly 350 enrolled students present in those class. My study area is those students of H.S section whose average age is 16 to 18.

3.Objectives:-

- Identification of the students who use social networking site specially Face book inside or outside side school campus.
- Identification of the students who use Face book in school.
- Identifying those students spent more time by using Face book.
- How much time students spent by using students.
- Try to find out why students spent much more time by using Face book.
- Impact of face book use on education and other avenue of life.
- Problems related to the use of face book.
- Try to find out why students gradually addicted by face book.

- Age and sex wise distribution of school going face book users.
- Economical and other status of those face book users.
- Try to find out the way to overcome this problem.
- Motivational steps to overcome this problem.

4.Literature Review:-

Social networking service is an online platform facilitates social relations, Sharing of interests, activities and backgrounds. Most social network services are web-based (Gross, and Acquisti, 2005). These manage to promote philanthropy, teenage, Social Life, construction of a public/semi- public profile and articulation of list of other users. A profile is created from answers to questions, such as age, location, interests, etc. Some sites allow users to upload pictures, add multimedia content. Face book, allow modules, post blog entries, search for others are possible on other sites the user profiles are provided protection too (Boyd and Ellison 2007). Social networking sites are upholding the real- time web and location-based for which Twitter sets the trend and tempo (Nimetz, November 18, 2007). Social networking is permitting expansion of scientific knowledge base, share of ideas, without fear that the theories might become isolated and irrelevant (Liebeskind, Julia et al, July-August 1996). Researchers could explore that 47% of American adults use a social network. A national survey in 2009 found that 73% of online teenagers use SNS, which is an increase from 55% three years earlier. Recent studies have shown that social network services provide opportunities within professional education, curriculum education, and learning. However, there are constraints in this area (Lenhart, Amanda). Researchers could also reach the conclusion that network sites produce social capital which can use useful information, establish personal relationships, build the capacity to organize groups on the basis of common interests (Knobel, Michelle., Lankshear& Colin 2008). SNSs are proliferating and gaining popularity the world over. Friendster took roots in the pacific Islands, Orkut in Brazil and India, (Madhavan, 2007), Mixi in Japan, Lunar Storm in Sweden, Dutch cuddled Hyves, Grono captured Poland, Hi5 spreads in Latin America, South America, and Europe, and Bebo in the United Kingdom, New Zealand, and Australia have become extensively used web sites. Additionally, Chinese has allowed QQ instant messaging service (McLeod,2006), where as Cyworld speaks loud in the Korean market on the introduction of homepages and buddies (Ewers,2006). We don't have authenticated data that what number of people using; the only known fact is that the popularity of SNSs is growing worldwide (com Score, 2007). This popularity had made the individuals and organizations to invest time and money in creating, purchasing, promoting, and advertising SNSs. Cotrary to it blocking of employees from accessing the sites have also been seen. The prominent institutions refraining the use of web sites include U.S. military banned to access MySpace (Frosch, 2007) in addition to it Canadian government has banned their employees to use Face Book (Benzie, 2007). The highest of the matter is the U.S. Congress has moved the legislation to ban youth from accessing SNSs in schools and libraries (H.R.5319,2006;S.49,2007).

5.Methodology:-

This study depends on a descriptive perspective which tries to define rationally Face book addiction and Face book addiction stereotype of Face book users who are Daspur Vivekananda High School(H.S.) Students. Beside this, the study aims to state the differences between Face book addicts and normal users in terms of separating two groups for their usage habits.

5.1.Research Model:-

The survey is general scanning model and among the survey's dependent and independent variables comparative relational scanning is done. At the time of new communication technologies in which heavy Face book usage among teenagers who are university students are so popular, data were collected to define the Face book addiction level of school students who from young population part of society.

5.2.Procedure and Sampling:-

A survey was conducted within the context of in order to determine its students' Face book addiction Daspur Vivekananda High School (H.S.) level. That is why, the students of Daspur Vivekananda High School (H.S.)forms general sampling of the study.

The research work will be based upon primary and secondary data. Primary data will be obtained from the field study and survey with the help of questionnaires and other sources.

Primary data will be collected from field observations by random and stratified sampling techniques. Field survey will be conducted through interviews which will include various types of respondent groups. It will be generated through household, survey and questionnaire.

Secondary data will be collected from school office.

The entire research work will be undertaken in three phases- Pre-Field, Field and Post- Field.

PRE-FIELD:-

During the initial stage, collection of data from different journals, magazines and other books published by different organization should be made. The study requires intensive library and reference works to procure information about the various aspects of the study which serves as the basic materials for the proposed research work.

FIELD:-

Second stage involves the field method including the collection of primary and secondary data on varied issues pertaining to the study area and its problem. Data should be collected from two sources, primary and secondary.

POST-FIELD:-

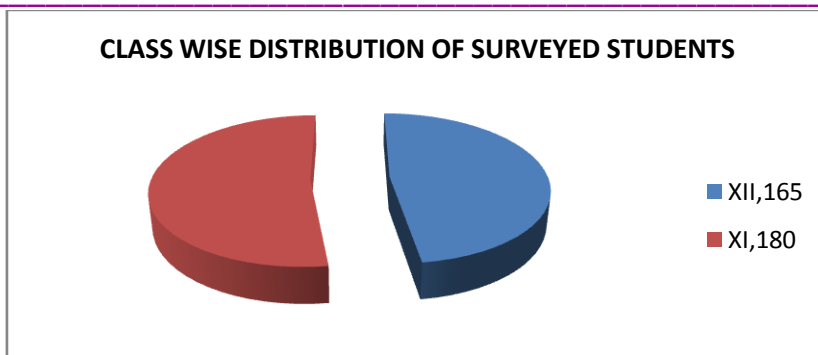
The third one is the post field method, which is the most crucial section of the study involving compilation, calculation and presentation of information and data derived from previous two stages through statistical and cartographic techniques. This will highlight the problems and help to suggest the remedial measures for sustainable development.

6. HYPOTHESIS:-

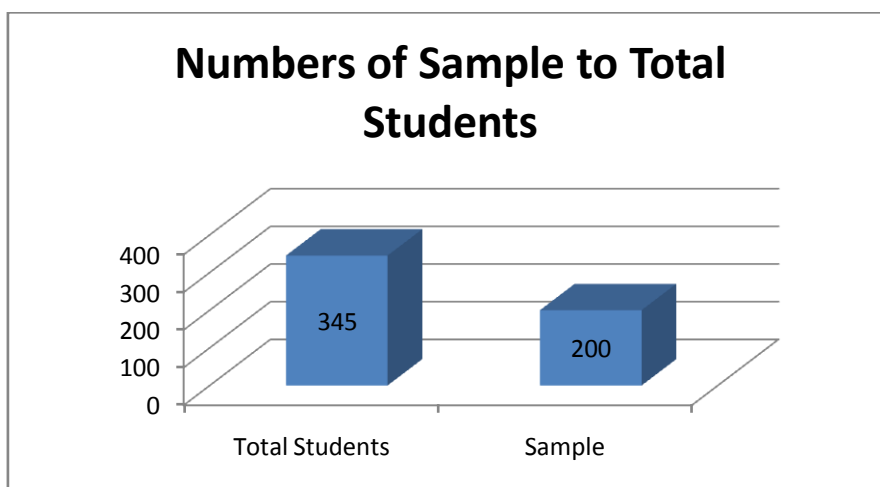
1. Students generally use face book in their mobile phone.
2. Students get mobile phone from their parents after Madhyamik examination.
3. Mobile phone availability to the students is the main cause of face book addiction.
4. Students very often use mobile phone school and use face book in urinal, cycle garage, canteen and some time in class room also.
5. Boys are more addicted in face book than girls.
6. Students coming from rich family are more addicted by Face book.

7. FINDINGS :-

In Daspur High School there has 180 students study in class XI and 164 students studied in class XII .Both arts and science departments run in this School.



For this research I have took 200 sample, 100 from every class, both boys and girls took under observation.



Among the surveyed students it has been seen that 68 percent students have their own mobile phone which was generally given by their parents after Madhyamik examination. 136 students out of 200 sample response that they have mobile phone but 64 students response that they don't have mobile phone.

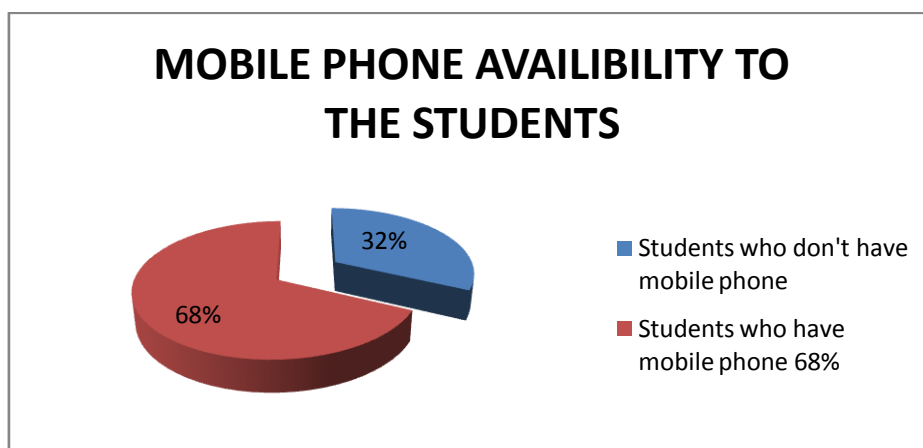
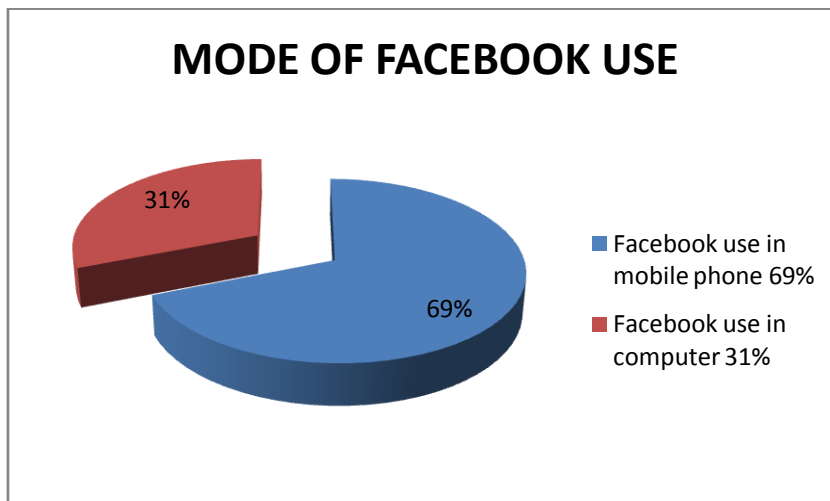


Table 1 below illustrates the fact that how many students use smart phone and how many use ordinary phone.

Table.1

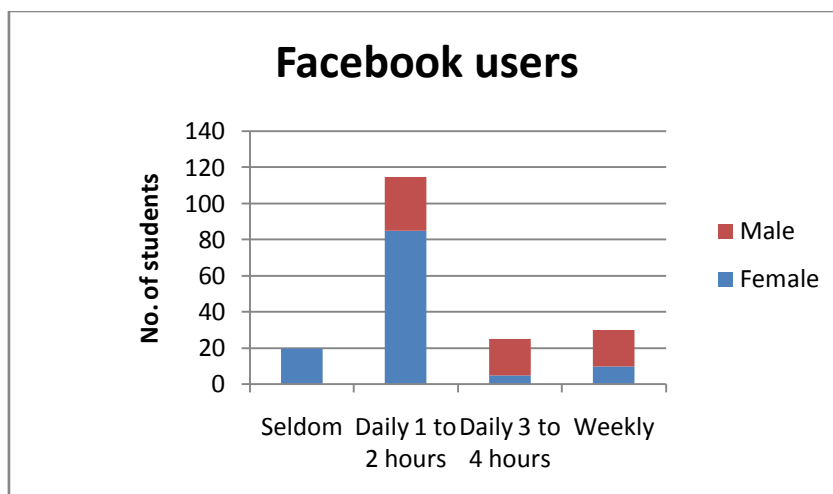
Students who have smart phone	112
Students who don't have smart phone	24

Students who have smart phone generally use face book in their own mobile phone. From survey it has been seen that most of the students spent 2 to 3 hours by using face book.



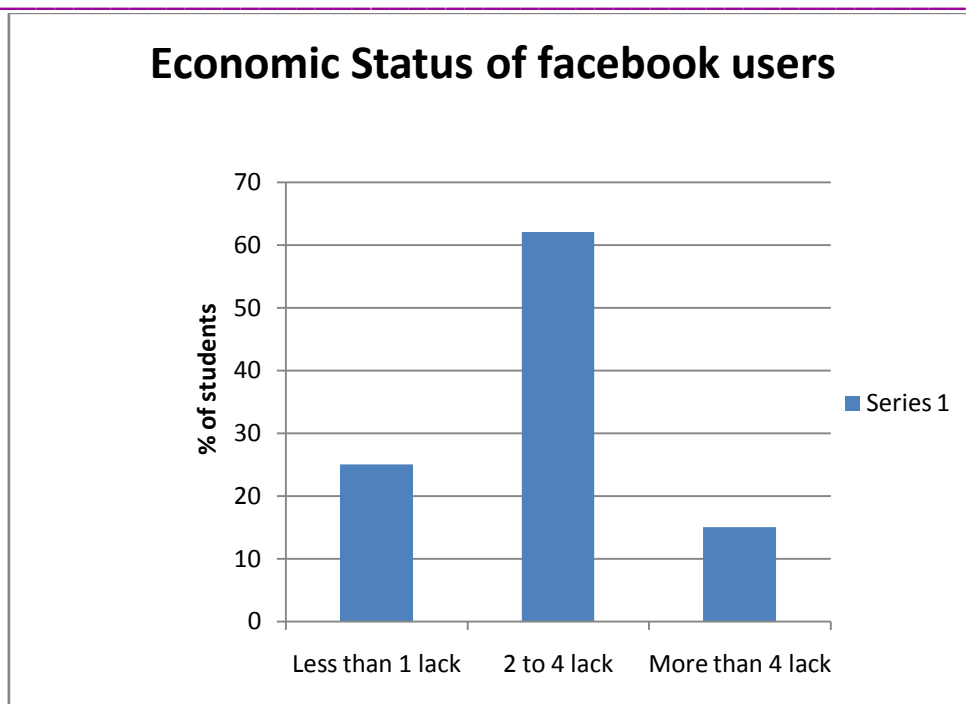
From survey it has been seen that boys use more face book compare to girl's students.

I took the response of 200 students their response regarding the use of face book and spent time by using face book is given below in the diagram.



Students who use face book frequently use it in School also. Generally they bunk the class and use face book in canteen, common room, urinal, cycle garage etc.

Some students are so much addicted by this face book that they have open more than one profile. From intensive observation and counseling a very serious fact come to light and that fact is some boys open fake ID in the name of girls to make friendship and others naughty things. When we consider the economic status then it has been seen that the students who are coming from rich family are more prone to addiction of face book.



8. CONCLUSION AND RECOMMENDATION :

From this observation I can make few conclusion and those are

1. Students of this age are very immature and due to their immaturity they are misguided.
2. Student of this age group took decision emotionally practical knowledge is very low.
3. Mental and generation gap between students and their parents is one of the most important causes of face book addiction.
4. Students hamper their study by using face book and other social networking site.
5. School authority has to take serious steps against those students who are using mobile phone in school.
6. Counseling is very essential to save these students from FAD.
7. Parents of these students have to become more conscious regarding their children.
8. Face book authority have to consider that minor age students must not use this site, they also consciously infiltrate fake ID and verified ID at regular interval.

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