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## THE CONCEPT OF IMPERMANENCE AND ITS CONTRIBUTION TO ESTABLISH SOCIAL HARMONY

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### ABSTRACT:

*Impermanence is the instability, the change, the arising, the becoming, the destruction, the constant rotation of remarkable things. The impermanent teaching is not to show pessimism in life but to speak the truth of life so that people may become enlightened, free from delusion, indulge in sensual pleasure, not create karma, not suffer. Therefore, the teaching of impermanent give every creative effort. We can affirm impermanence is the true characteristic of life*



**KEYWORDS:** *impermanent teaching , truth of life.*

### I. INTRODUCTION :

Impermanence is unsustainable, unstable, not permanent, changing, operating, relentlessly changing, like a flowing stream. People are always greedy, clinging to money, material things, fame, and fortune until they take their last breath. If things are not Impermanence, how can a democratic policy change a dictatorial policy? This person is straightforward to hate today, but thanks to Impermanence, we can transform him into a cute person. If things were not impermanent, humankind's evolutionary history would not have developed as civilized today as human

civilization existed during the Stone Age. And above all, we will have no hope of neutralizing the episodes of craving, ignorance, hidden deep within our hearts.

### II. CONTENTS:

#### 1. DEFINITION OF THE CONCEPT IMPERMANENCE:

There are three-part relate to the teaching of Buddha, it helps people to realize the nature of the world and removes desire, hatred, and ignorance. Those are Impermanence or change; Suffering or unsatisfactoriness; No-self or egolessness. This article focuses only on the concept of impermanence.

Impermanence means not regular, not forever staying in a particular state; always change shape of formation to disappearing and

falling apart. First of all, it refers to everything in this world, which is impermanent. Impermanence is a law that governs all things, from the body and mind to every situation. The impermanence of Buddhism is a method of showing the reverse of life, to eliminate the delusion. Knowing impermanence, people can remain calm in the face of sudden changes and maybe cold in front of the parting sex scene. Knowing impermanence, people dare to sacrifice their assets and lives to do their jobs. When we know impermanence, people are fed up with temporary, false, and lucid pleasures to find real pleasures.

The nature of man is the desiring for eternal happiness. But the things from which he hopes to derive such pleasure are

impermanent. When people perceive the nature of impermanence, their sufferings will also vanish. Similarly, our mental states are impermanence. Understanding impermanence is essential not only merely for our practice of the Dhamma but also in our daily life. To have a clearer idea of impermanence, we should immediately observe and examine our bodies, our minds, and the circumstances in which we live.

## 2. TYPES OF THE CONCEPT IMPERMANENCE

### 2.1. Body Impermanent:

My body is healthy, young, and beautiful, and my life is a poem. That is the superficial conception of some young men and women, too fond of their bodies forever young, or if they are old. There is still for a long time; unexpectedly, he was old, he died, every second of every minute.

In our body, the cells always change; that change makes the body overgrow, grow old quickly, and die. The body of the previous year was not the body this year. The body in the morning was not in the afternoon; every moment in our body had birth and death.

Of the four truths that the Buddha taught, the first truth is suffering (dukkha). He said that life, no matter how much it is fun, is just a fragile joy, ultimately unable to escape suffering. He taught: Beings carry many pain in people: birth, old age, sickness, death, and suffering. It is the ordinary suffering that everyone recognizes, the natural suffering that everyone suffers, or more or less, no one is inevitable. If a baby were born without misery, he wouldn't cry many times when he was born. If a sick person didn't suffer, they wouldn't groan. The elderly who were not miserable did not complain that their eyesight was deaf, and a person who was not suffering did not cry. The new world knows death suffering is an undeniable fact that the Buddha once declared.

Beings always nurture desire; for this life, they have never once known enough, feel like a deprived person, they find every way to embrace the whole world. But unfortunately, human life is so short, one hundred years is not enough time to satisfy their greed, so they suffer all their life because of so much desire and receiving so little, so-called unlucky, request suffering.

Impermanence meaning change, not fixed. All things, phenomena in the world are impermanent. In other words, elements never stand still or have constant homogeneity but always move and flow. The human body and mind are ever-changing, never fixed, and subject to the effects of impermanence. Not only in the physical world but also the world of consciousness, impermanence always exists.

Impermanence is happening in every moment of life. We can not longer cling to this real body, not immerse ourselves in this body and live more freely, compassionately, in harmony with everyone. Understanding impermanence will not resent life, always aware that life is temporarily unstable, so do not indulge in taking care of this body and, from that effort, diligently practice, enlightenment, and liberation.

### 2.2. Mind Impermanence:

The body is impermanent, but is the mind permanent? The mind also silently changes, and it is somewhat faster and more subtle; if we do not look deeply, it will be hard to see. Our thoughts are changing every moment, along with the external environment: we are sad and happy, hurt, and angry. One minute I remembered this; the next minute, I thought of something else. Yesterday, today we were lazy but today we progress diligently.

Our mind is composed of each concept of arising and falling away, but because we do not receive its swift transformation, we think that it is pure and immutable. The nature of life is impermanent is not to make us cynical, to pray for the sake of everlasting life, and to endure forever, but to reflect on the true nature and rely on the changing nature of the world.

Impermanence is a law of human beings. The flower has bloomed splendidly in the morning withered in the afternoon, the healthy young man today will become old and sick in the future; family with many children and grandchildren, happy and happy reunion in the present will separate, parting from one scene to another. However, it is also due to the law of impermanence that things grow and evolve. The seed becomes a tree, and the seedling becomes significant, the branches are luxuriant, the

buds blossom into flowers. In terms of human psychology too, the psychological is always changing at every moment. The human mind, with thousands of ideas, flows, flowing like a flood. All happiness, sadness, hatred, forgiveness or hatred, etc., is always present and operates in mind.

### **2.3. Situation Impermanent:**

We understand impermanence happening everywhere in the world. It is not only for the body and mind but also for situation impermanence. A lifetime of ours has witnessed so many ups and downs, honors. How many people, before the stately mansion, the stork fields flew straight to the wings, but after a fire, the career suddenly became like clouds of smoke. How many people of high authority, bossy and overbearing position, yet one minute of failure, suddenly was in prison.

Impermanence happening, yet so many people have not yet awakened, chasing clinging to the flashiest of the time. Buddhism is not pessimistic, and it is also not optimistic. Buddhism is only practical. In a house on fire, optimists think that the light will soften and then extinguish. Everything will be well arranged. Thinking so, he ate and drunk then rested, firmly assured that it would be bright again tomorrow, and where he would enter safely, there was nothing to worry.

An pessimistic person, when he saw the burning flames frightened in panic, then they are desperately thought that everything was about to become ashes. The life became dark and sad, moody, depressed, without doing anything positive to escape, until the fire indeed burned everything. In the same situation, the person realizes that there is a real danger and takes advantage of the ability to deal with the situation appropriately. That is the attitude of Buddhists people.

The lifetime of ours has witnessed too much triumph, humiliation, rich, poor, and humility continues to unfold before our eyes. That is the castle of vehicles, the riches of material wealth, but only need an earthquake, natural disaster, storm, flood, to become ashes, debris buried deep underground. The environment is impermanent, life, mind, body, are all covered and governed by the law of impermanence.

Impermanence is a law that governs everything from body, mind to the situation where nothing exists. Understanding impermanence, we can eliminate craving, delusion to progress to the peace of the soul. Knowing the impermanence, people can keep calm in the face of sudden changes, such as separation, suffering, loss, material possessions, and love are all temporary. By thinking so, we dare to sacrifice our assets, work our lives, and leave the momentary pleasures.

However, we need to thank impermanence. If there is no impermanence, there will be no life and development. If ordinary rice grain, it can never germinate to become rice plants produce white rice grains. If things were not impermanent, human evolutionary history would not develop. If the body is not impermanent, the human being can not be raise. And without the impact of impermanence, we will never have the hope of transmitting, to the end, the episodes of the craving that are hidden deep inside us. The impermanent teaching brings insight, the right understanding of the nature of dharma, and also brings confidence to all human transformation, creation, and development efforts.

## **3. APPLIED CONCEPT IMPERMANENCE TO ESTABLISH SOCIAL HARMONY:**

### **3.1. Political**

The political is a system of a government or a nation. The government is a system of people or an organized community. Government is a means of the management socio-economic and political of the country. The political situation is the issue that many people in the world care about most. A stable state requires politicians to be good at taking care of the people. An ingenious leader must listen to the voice of the people.

Leaders apply the impermanent doctrine into practice, and the people will have a prosperous life. So they have no greed and harm other countries. Everyone has greed, we want everything in our hands, we waste our energy thinking of how to benefit ourselves, not to mention harming others, we caught in the cycle of money and fame so that it will affect our health. Recognizing the value of impermanence, leaders will not go to occupy another country, and there will be no more war around the globe. Everybody can live in peace forever.

For example, politicians engrossed in planning to invade another country and neglect their own country, and one day another country will sweep in its territory. Leaders who do not have the heart to invade other areas will devote all their energy to the management and development of their countries. They need to promote fully and adequately the leading role, the management of the State, the people's mastery, timely, correct, appropriate and effective settlement of life issues set out, especially the painful problems in society today such as corruption, abusing their power to oppress others.

Persons with positions of authority that commit acts of abusing their positions and powers to enjoy tangible benefits in contravention of law, causing damage to the public, collective, or individual properties, infringing upon the proper operation of their agencies officials and organizations called corruption.

The impermanent doctrine may sound absurd to someone who does not yet understand it. Still, it is very reasonable because everything changes over time, and nothing is permanent forever. For example, everyone will grow up and become ill, grow old, and die; that's the law of nature. Anyone can't change it.

If impermanence is known and thoroughly applied by politicians, there will be no corruption. If the politician is not bureaucratic and corrupt, the solidarity between the army and the people will create a sustainable and unified power of the entire political system and the whole society. Corruption is dishonest, including embezzlement and bribery. It is an illegal act, taking advantage of the power to steal from the people and the public.

Each person should master the impermanence, look straight to the truth, overcome the old customs and frameworks to follow a new path, fearlessness, it will affect society, and the country will grow a better development trend.

When we have the wisdom to understand the theory of impermanence, we will be free of fear, no obstacles to separate all beings, no matter what difficulties. When we understood impermanence, we will calmly resolve wisely and honestly, overcome all challenges and impediments because, at that time, we do not think of us, no longer selfish, and we do whatever is beneficial to us and human beings. At that time, there were no more disputes over status and fame. Love will eliminate all hatred, make people understand each other, sympathize with each other, help each other, and get along.

### 3.2 Social-economic

Socio-economic is an essential factor contributing to the building of a stable and prosperous country. Buddhist teachings are not only to liberation but also to teach people to have a happy and fulfilling life. The Buddha's education can be applied thoroughly to all aspects of life, such as the political, economy, society, etc.

So we must set the right economic path and make a profit but do not harm others. The impermanent doctrine makes it easy for people to adapt to new requirements, new technologies and techniques, and new situations because everything that is continuously changing. Especially in business, we do not harm others because of our benefit, and we should not be too greedy to harm others.

A Buddhist-based economic organization will have many differences from other businesses such as they will be more responsible for their work, they will take care of their employees well, and they create quality products. Well suited to consumers, they will not be for-profit but make low-quality products. Currently, on the market, many fake goods cause illness to consumers that can lead to cancer.

In a society as well as in the family, we have to take care of our loved ones. The law of impermanence will make anyone's life, so let us cherish the present moment, and give love to all. We don't know what will happen tomorrow, so do well today, treat friendly people, and help those in difficult circumstances according to your abilities.

If the leaders know how to apply the theory of impermanence, the boss of the company will not crush workers, create all incentives for workers such as salary increase, reward those who excel, so there will be no case of a strike. Moreover, their workers will devote their utmost efforts to helping the company overgrow.

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Economists are adhering to professional rules and apply ethics to their business, convinced that their jobs would be more favorable and further developed, so the spirit and health are also better. Many people harm others and their conscience-stricken. One day they will be harmed by others, which is the law of cause and effect.

### III. CONCLUSION

Impermanence is an essential teaching in Buddhism, and it applies not only to monks but also to politics, society, and economics. The Buddha's teachings are a practical way of life that applies to everyday life, not vain. If we skillfully use this doctrine to daily life, it will benefit ourselves, our family, society, and human being.

The word impermanence, easy to know, but the problem when practicing is complicated because people always contain full-greed, hatred, and delusion. So let us always remind every minute and every second that everything is continually changing, just like the earth is always moving. So live a meaningful life, still loving, and helping. If the society is full of love without hatred, it will have happiness, no worries of theft, war. The whole of society will be peaceful, complete, and happy. Understanding the doctrine of impermanence, people will cherish the present moment and live together in a community that must love and help each other.

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